



RBKO Den Haag

RBKO

Scheveningen 5,000 Km

Semifinal

29.11.2015 13:00

Race (50:00 and 1 Laps) started at 12:59:59

Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm	Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm
(1) Nathan Watson							(47) Bas Verhoeven						
1	13:04:41.177			1:23.205	1:57.424	1:01.502	1	13:04:28.295		1:13.705	1:54.215	1:04.969	
2	13:09:24.658	4:43.481	33.189	1:10.828	1:55.309	1:04.155	2	13:09:13.584	4:45.289	33.945	1:09.793	1:54.671	1:06.880
3	13:14:23.889	4:59.231	35.608	1:12.869	2:00.214	1:10.540	3	13:14:20.807	5:07.223	36.353	1:14.950	2:02.746	1:13.174
4	13:19:28.605	5:04.716	39.677			1:09.969	4	13:19:29.892	5:09.085	40.075			1:12.339
5	13:24:32.229	5:03.624	39.153			1:12.339	5	13:24:40.785	5:10.893	40.139			1:14.583
6	13:32:57.411	8:25.182	39.241			4:32.959	6	13:33:20.406	8:39.621	41.151			4:43.353
7	13:37:58.513	5:01.102	40.784			1:11.127	7	13:39:08.002	5:47.596	41.329			1:34.677
8	13:43:09.043	5:10.530	42.880			1:15.091	8	13:44:40.831	5:32.829	47.147			1:21.195
9	13:48:21.203	5:12.160	43.676			1:12.163	9	13:50:12.166	5:31.335	45.933			1:20.902
10	13:53:42.243	5:21.040	43.379			1:17.622	10	13:55:52.565	5:40.399	47.487			1:24.447
11	13:59:10.324	5:28.081	45.242			1:18.466	11	14:01:30.985	5:38.420	45.844			1:24.773
(10) Camille Chapeliere							(62) Daymond Martens						
1	13:04:23.364			1:06.320	2:03.607	1:02.092	1	13:04:18.185		1:11.079	1:51.995	1:02.326	
2	13:09:09.819	4:46.455	33.987	1:09.011	1:57.391	1:06.066	2	13:09:07.899	4:49.714	32.896	1:11.800	1:55.908	1:09.110
3	13:14:14.319	5:04.500	36.842	1:13.468	2:02.366	1:11.824	3	13:14:10.602	5:02.703	36.861	1:14.279	1:59.857	1:11.706
4	13:19:25.243	5:10.924	39.540			1:11.966	4	13:19:19.134	5:08.532	39.078			1:13.501
5	13:24:29.651	5:04.408	38.963			1:14.468	5	13:24:29.725	5:10.591	40.321			1:13.353
6	13:29:37.811	5:08.160	40.936			1:12.840	6	13:33:25.578	8:55.853	42.569			4:59.156
7	13:37:39.700	8:01.889	40.644			4:07.044	7	13:38:49.861	5:24.283	43.020			1:17.039
8	13:43:04.294	5:24.594	45.984			1:19.375	8	13:44:26.873	5:37.012	47.111			1:18.201
9	13:48:23.756	5:19.462	42.677			1:15.699	9	13:50:03.257	5:36.384	45.397			1:22.053
10	13:53:52.291	5:28.535	44.599			1:23.284	10	13:55:56.122	5:52.865	52.277			1:22.450
11	13:59:32.570	5:40.279	49.745			1:19.776	11	14:01:45.116	5:48.994	49.948			1:21.907
(99) Ben Watson							(44) Lars van Berkel						
1	13:04:20.698			1:05.299	1:59.508	1:04.199	1	13:04:36.021		1:13.559	2:05.510	1:04.941	
2	13:09:09.145	4:48.447	32.722	1:09.824	1:59.216	1:06.685	2	13:09:35.438	4:59.417	33.526	1:15.828	2:00.269	1:09.794
3	13:14:27.478	5:18.333	36.767	1:17.702	2:06.383	1:17.481	3	13:14:46.990	5:11.552	37.985	1:21.719	1:56.389	1:15.459
4	13:19:36.397	5:08.919	40.722			1:11.692	4	13:20:12.092	5:25.102	40.628			1:19.295
5	13:24:46.525	5:10.128	40.499			1:14.389	5	13:25:30.494	5:18.402	40.887			1:15.712
6	13:29:59.131	5:12.606	40.684			1:14.642	6	13:30:53.520	5:23.026	43.131			1:18.140
7	13:35:16.372	5:17.241	39.235			1:18.797	7	13:39:16.835	8:23.315	41.834			4:19.001
8	13:43:20.593	8:04.221	42.453			3:57.350	8	13:44:53.588	5:36.753	45.471			1:19.381
9	13:48:47.151	5:26.558	46.394			1:15.670	9	13:50:26.865	5:33.277	45.968			1:19.790
10	13:54:20.436	5:33.285	45.341			1:21.712	10	13:56:06.797	5:39.932	44.668			1:21.856
11	14:00:07.638	5:47.202	49.481			1:25.848	11	14:01:52.908	5:46.111	46.166			1:23.498
(42) Adrien van Beveren							(88) Freek van Vlist						
1	13:04:36.203			1:09.680	2:10.384	1:02.713	1	13:04:12.851		1:11.326	1:47.991	1:01.388	
2	13:09:28.263	4:52.060	34.762	1:11.677	1:58.967	1:06.654	2	13:08:57.837	4:44.986	33.138	1:12.414	1:49.871	1:09.563
3	13:14:35.797	5:07.534	38.235	1:13.142	2:03.126	1:13.031	3	13:14:13.827	5:15.990	37.152	1:17.345	2:00.895	1:20.598
4	13:19:49.713	5:13.916	41.480			1:14.395	4	13:19:27.403	5:13.576	40.753			1:16.817
5	13:24:57.910	5:08.197	41.289			1:12.359	5	13:24:50.102	5:22.699	40.588			1:18.581
6	13:30:17.374	5:19.464	44.169			1:14.809	6	13:33:28.622	8:38.520	42.866			4:31.884
7	13:38:09.113	7:51.739	42.457			3:50.923	7	13:39:03.167	5:34.545	42.496			1:22.962
8	13:43:32.347	5:23.234	45.433			1:18.305	8	13:44:52.492	5:49.325	47.214			1:30.589
9	13:49:02.823	5:30.476	47.153			1:19.405	9	13:50:45.140	5:52.648	48.813			1:28.570
10	13:54:39.843	5:37.020	46.381			1:21.638	10	13:56:49.250	6:04.110	49.231			1:28.218
11	14:00:26.871	5:47.028	48.716			1:21.708	11	14:02:50.790	6:01.540	49.718			1:29.957
(36) Matthew Moffat							(6) Steve Ramon						
1	13:04:21.605			1:08.121	1:57.040	1:03.733	1	13:05:01.223		1:13.153	2:24.041	1:06.705	
2	13:09:11.667	4:50.062	33.002	1:13.706	1:56.928	1:06.426	2	13:09:55.256	4:54.033	36.441	1:12.000	1:56.323	1:09.269
3	13:14:18.469	5:06.802	36.210	1:15.185	2:02.432	1:12.975	3	13:15:03.935	5:08.679	37.842	1:13.604	2:01.730	1:15.503
4	13:19:30.777	5:12.308	38.963			1:16.018	4	13:20:20.969	5:17.034	40.098			1:13.427
5	13:24:39.598	5:08.821	40.052			1:15.940	5	13:29:30.692	9:09.723	42.465			5:05.680
6	13:29:50.379	5:10.781	40.824			1:16.163	6	13:34:42.950	5:12.258	40.454			1:16.281
7	13:35:05.320	5:14.941	41.526			1:18.827	7	13:40:10.080	5:27.130	44.584			1:20.954
8	13:43:45.123	8:39.803	42.909			4:33.435	8	13:45:43.310	5:33.230	47.070			1:17.829
9	13:49:18.872	5:33.749	47.866			1:26.637	9	13:51:18.997	5:35.687	48.412			1:16.987
10	13:55:05.444	5:46.572	46.561			1:24.563	10	13:57:09.258	5:50.261	50.594			1:22.762
11	14:01:18.861	6:13.417	50.859			1:37.710	11	14:03:12.379	6:03.121	53.591			1:28.682
(39) Maik Voorwinden													



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Race (50:00 and 1 Laps) started at 12:59:59

Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm	Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm
1	13:04:23.678			1:13.642	1:51.521	1:03.498	2	13:09:03.328	4:49.722	32.514	1:08.110	2:03.584	1:05.514
2	13:09:19.944	4:56.266	34.848	1:13.752	1:58.163	1:09.503	3	13:14:07.125	5:03.797	36.915	1:13.567	1:56.082	1:17.233
3	13:14:37.077	5:17.133	39.218	1:17.461	2:04.253	1:16.201	4	13:19:22.809	5:15.684	39.843			1:18.603
4	13:19:55.239	5:18.162	41.549			1:16.494	5	13:24:49.019	5:26.210	41.287			1:21.887
5	13:25:24.379	5:29.140	42.607			1:20.666	6	13:35:02.052	10:13.033	41.974			6:00.182
6	13:31:00.198	5:35.819	47.411			1:21.328	7	13:40:41.933	5:39.881	43.735			1:23.226
7	13:36:32.304	5:32.106	43.908			1:20.544	8	13:46:33.898	5:51.965	47.155			1:23.421
8	13:45:41.450	9:09.146	44.843			4:50.853	9	13:52:33.311	5:59.413	43.819			1:27.968
9	13:51:40.182	5:58.732	50.818			1:31.258	10	13:58:49.758	6:16.447	53.742			1:37.111
10	13:57:38.438	5:58.256	47.884			1:31.255	11	14:05:19.442	6:29.684	51.696			1:37.170
11	14:03:50.183	6:11.745	51.528			1:31.701							
(8) Hans Vogels							(396) Dominique TijhuisTrutmans						
1	13:04:27.583			1:11.734	1:56.507	1:06.406	1	13:04:29.820			1:12.354	1:57.219	1:07.170
2	13:09:26.982	4:59.399	33.797	1:11.956	2:00.867	1:12.779	2	13:09:42.552	5:12.732	34.507	1:17.037	2:07.443	1:13.745
3	13:14:58.335	5:31.353	38.754	1:18.450	2:15.310	1:18.839	3	13:14:59.568	5:17.016	38.450	1:17.848	2:05.533	1:15.185
4	13:20:23.435	5:25.100	41.796			1:19.992	4	13:20:19.234	5:19.666	41.377			1:15.646
5	13:25:45.363	5:21.928	41.520			1:18.511	5	13:25:43.699	5:24.465	40.680			1:17.706
6	13:31:28.192	5:42.829	44.718			1:22.681	6	13:35:19.576	9:35.877	43.097			5:26.937
7	13:37:07.846	5:39.654	43.457			1:25.391	7	13:40:57.044	5:37.468	45.260			1:20.404
8	13:45:53.803	8:45.957	46.980			4:20.342	8	13:47:03.932	6:06.888	47.375			1:40.276
9	13:51:51.799	5:57.996	48.746			1:32.070	9	13:53:00.929	5:56.997	47.775			1:26.938
10	13:57:55.154	6:03.355	49.243			1:31.292	10	13:59:06.428	6:05.499	47.584			1:32.732
11	14:04:14.978	6:19.824	52.332			1:36.037	11	14:05:22.724	6:16.296	53.493			1:33.825
(705) Vince Riechers							(476) Corne Rosendaal						
1	13:04:51.796			1:18.643	2:06.410	1:08.943	1	13:04:34.768			1:13.763	2:00.067	1:07.792
2	13:10:03.029	5:11.233	34.279	1:16.242	2:10.249	1:10.463	2	13:09:38.674	5:03.906	35.975	1:15.934	1:59.287	1:12.710
3	13:15:26.052	5:23.023	39.193	1:16.175	2:08.334	1:19.321	3	13:15:03.652	5:24.978	39.092	1:15.671	2:05.125	1:25.090
4	13:20:50.350	5:24.298	40.601			1:18.893	4	13:20:30.351	5:26.699	41.961			1:17.018
5	13:26:17.606	5:27.256	42.198			1:20.393	5	13:29:08.552	8:38.201	40.851			4:20.494
6	13:31:41.490	5:23.884	41.721			1:18.132	6	13:34:45.775	5:37.223	44.701			1:23.280
7	13:40:32.194	8:50.704	44.224			4:40.769	7	13:40:28.204	5:42.429	43.213			1:23.857
8	13:46:11.648	5:39.454	45.785			1:21.875	8	13:46:15.378	5:47.174	46.602			1:23.634
9	13:52:02.437	5:50.789	50.050			1:26.416	9	13:52:00.990	5:45.612	46.633			1:26.460
10	13:58:03.282	6:00.845	50.741			1:27.731	10	13:58:51.945	6:50.955	58.344			1:33.170
11	14:04:26.781	6:23.499	51.910			1:39.208	11	14:05:30.047	6:38.102	52.034			1:34.588
(1351) Timothee Florin							(326) Tom Meijer						
1	13:05:17.559			1:33.828	2:01.668	1:12.660	1	13:04:33.088			1:13.960	2:00.713	1:05.009
2	13:10:33.203	5:15.644	38.713	1:19.535	2:04.540	1:12.856	2	13:09:30.798	4:57.710	34.246	1:12.596	2:02.773	1:08.095
3	13:15:56.435	5:23.232	40.256	1:18.384	2:06.851	1:17.741	3	13:14:54.812	5:24.014	37.489	1:16.810	2:18.262	1:11.453
4	13:21:26.566	5:30.131	41.026			1:18.861	4	13:20:13.063	5:18.251	42.020			1:13.247
5	13:26:53.079	5:26.513	43.302			1:17.386	5	13:25:29.868	5:16.805	40.382			1:13.408
6	13:32:25.537	5:32.458	43.538			1:18.558	6	13:35:28.153	9:58.285	42.603			5:51.650
7	13:37:57.858	5:32.321	43.591			1:18.116	7	13:41:16.845	5:48.692	44.764			1:19.567
8	13:46:18.103	8:20.245	49.035			3:59.911	8	13:46:57.583	5:40.738	47.420			1:21.149
9	13:52:13.850	5:55.747	49.801			1:24.860	9	13:52:48.924	5:51.341	49.236			1:23.261
10	13:58:35.839	6:21.989	51.149			1:49.442	10	13:59:28.243	6:39.319	50.125			2:06.646
11	14:04:49.095	6:13.256	49.404			1:28.441							
(41) Lucas Dolfing							(37) Bas Klein Haneveld						
1	13:04:31.277			1:11.489	2:02.751	1:05.250	1	13:04:42.153			1:16.041	2:03.802	1:09.979
2	13:09:34.100	5:02.823	34.350	1:15.717	2:03.491	1:09.265	2	13:09:58.386	5:16.233	35.983	1:16.147	2:09.655	1:14.448
3	13:14:58.961	5:24.861	37.944	1:19.662	2:08.143	1:19.112	3	13:15:24.645	5:26.259	38.950	1:17.370	2:09.076	1:20.863
4	13:23:42.116	8:43.155	45.452			4:20.199	4	13:20:56.112	5:31.467	39.991			1:23.458
5	13:29:11.157	5:29.041	44.283			1:17.319	5	13:26:37.461	5:41.349	43.402			1:21.701
6	13:34:48.577	5:37.420	43.925			1:22.173	6	13:32:15.217	5:37.756	44.309			1:24.407
7	13:40:30.351	5:41.774	45.360			1:25.498	7	13:41:26.458	9:11.241	44.681			4:47.302
8	13:46:20.316	5:49.965	48.137			1:22.801	8	13:47:22.550	5:56.092	49.069			1:28.439
9	13:52:18.511	5:58.195	50.234			1:28.264	9	13:53:31.009	6:08.459	48.334			1:33.982
10	13:58:27.288	6:08.777	53.146			1:32.771	10	13:59:41.637	6:10.628	53.575			1:28.428
11	14:04:54.507	6:27.219	53.125			1:41.979							
(49) William Saris							(15) Erwin Plekkenpol						
1	13:04:13.606			1:08.382	1:49.364	1:03.690	1	13:04:59.763			1:09.451	2:27.814	1:09.724
							2	13:10:07.546	5:07.783	35.587	1:11.226	2:06.825	1:14.145
							3	13:15:29.384	5:21.838	38.516	1:14.203	2:07.711	1:21.408
							4	13:21:00.968	5:31.584	40.603			1:19.980



RBKO Den Haag

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Scheveningen 5,000 Km

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Race (50:00 and 1 Laps) started at 12:59:59

Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm	Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm
5	13:26:40.534	5:39.566	42.711			1:23.992							
6	13:35:56.226	9:15.692	43.873			4:59.076	(48) Ton van Grinsven						
7	13:41:41.860	5:45.634	47.707			1:25.198	1	13:04:47.500			1:17.008	2:07.784	1:09.654
8	13:47:36.282	5:54.422	48.148			1:28.801	2	13:10:12.669	5:25.169	37.117	1:19.611	2:10.722	1:17.719
9	13:53:34.817	5:58.535	49.184			1:31.344	3	13:15:44.438	5:31.769	41.094	1:19.836	2:11.534	1:19.305
10	13:59:42.785	6:07.968	49.823			1:32.467	4	13:21:14.474	5:30.036	42.949			1:19.557
(843) Christian Dignum							5	13:26:55.162	5:40.688	44.880			1:25.764
1	13:05:25.396			1:23.917	2:26.026	1:18.947	6	13:36:28.955	9:33.793	45.028			5:07.420
2	13:11:12.730	5:47.334	42.913	1:25.389	2:15.283	1:23.749	7	13:42:25.093	5:56.138	49.527			1:27.491
3	13:19:22.717	8:09.987	43.927	1:24.140	2:01.360	4:00.560	8	13:48:34.683	6:09.590	49.760			1:32.708
4	13:24:48.676	5:25.959	42.280			1:18.945	9	13:54:52.443	6:17.760	56.163			1:33.563
5	13:30:21.208	5:32.532	42.990			1:19.878	10	14:01:10.576	6:18.133	53.186			1:33.255
6	13:35:53.320	5:32.112	41.745			1:25.308	(1281) Axel van de Sande						
7	13:41:50.382	5:57.062	45.877			1:28.456	1	13:05:33.599			1:31.963	2:16.644	1:15.815
8	13:47:56.060	6:05.678	47.413			1:32.363	2	13:11:11.989	5:38.390	39.152	1:30.777	2:14.299	1:14.162
9	13:53:58.010	6:01.950	45.065			1:29.122	3	13:16:30.743	5:18.754	38.196	1:19.668	2:00.642	1:20.248
10	14:00:10.716	6:12.706	50.829				4	13:23:40.399	7:09.656	42.036			1:23.306
(5) Johan Boonen							5	13:29:13.386	5:32.987	45.278			1:21.518
1	13:05:27.605			1:13.681	2:44.368	1:16.823	6	13:37:40.712	8:27.326	42.061			4:08.354
2	13:10:48.968	5:21.363	38.114	1:18.726	2:12.552	1:11.971	7	13:43:15.996	5:35.284	47.060			1:16.008
3	13:16:10.004	5:21.036	39.577	1:17.914	2:02.512	1:21.033	8	13:49:03.547	5:47.551	48.626			1:23.880
4	13:24:52.665	8:42.661	42.459			4:33.580	9	13:54:59.166	5:55.619	47.912			1:29.641
5	13:30:17.746	5:25.081	42.709			1:18.274	10	14:01:15.727	6:16.561	50.629			1:29.715
6	13:36:02.248	5:44.502	43.370			1:19.327	(40) Dennis van Wordragen						
7	13:41:51.078	5:48.830	46.490			1:20.834	1	13:05:23.286			1:26.578	2:23.312	1:17.761
8	13:47:38.901	5:47.823	47.910			1:24.079	2	13:10:39.709	5:16.423	36.972	1:23.048	2:01.339	1:15.064
9	13:53:47.971	6:09.070	50.378			1:31.230	3	13:16:05.583	5:25.874	38.765	1:23.996	2:03.103	1:20.010
10	14:00:23.049	6:35.078	52.072			1:42.749	4	13:21:49.053	5:43.470	41.542			1:22.626
(13) Max van Engelen							5	13:28:08.008	6:18.955	1:14.240			1:22.000
1	13:04:21.639			1:12.047	1:53.570	1:04.268	6	13:33:57.983	5:49.975	44.317			1:26.409
2	13:09:31.536	5:09.897	34.064	1:15.015	2:05.310	1:15.508	7	13:43:26.349	5:28.366	48.159			4:55.325
3	13:14:56.872	5:25.336	39.204	1:19.317	2:09.883	1:16.932	8	13:49:24.817	5:58.468	47.529			1:30.439
4	13:20:26.701	5:29.829	43.616			1:18.465	9	13:55:30.976	6:06.159	49.030			1:33.070
5	13:29:38.988	9:12.287	42.904			5:01.306	10	14:01:38.631	6:07.655	50.264			1:29.475
6	13:35:15.592	5:36.604	43.294			1:22.082	(447) Thorsten Lentink						
7	13:41:11.485	5:55.893	47.691			1:27.238	1	13:04:47.413			1:16.172	2:05.705	1:11.023
8	13:47:13.575	6:02.090	49.524			1:27.820	2	13:10:05.865	5:18.452	37.002	1:16.532	2:07.138	1:17.780
9	13:53:55.405	6:41.830	52.238			1:30.340	3	13:15:40.719	5:34.854	40.940	1:19.367	2:13.952	1:20.595
10	14:00:28.879	6:33.474	55.030			1:35.312	4	13:21:31.943	5:51.224	44.698			1:24.453
(1210) Stuwey Reijnders							5	13:30:39.936	9:07.993	45.173			4:43.672
1	13:05:04.918				1:56.468	1:11.690	6	13:36:32.626	5:52.690	44.863			1:27.031
2	13:10:07.362	5:02.444	36.277	1:17.384	1:59.558	1:09.225	7	13:42:43.482	6:10.856	46.818			1:29.968
3	13:15:11.196	5:03.834	36.789	1:18.489	1:53.811	1:14.745	8	13:48:56.889	6:13.407	48.350			1:33.254
4	13:24:08.223	8:57.027	39.396			4:28.255	9	13:55:30.621	6:33.732	51.509			1:36.035
5	13:29:28.723	5:20.500	40.897			1:14.751	10	14:02:13.015	6:42.394	54.297			1:41.109
6	13:34:53.571	5:24.848	42.734			1:16.535	(656) Rodolphe Bignot						
7	13:40:18.573	5:25.002	41.784			1:18.529	1	13:05:19.878			1:24.900	2:17.847	1:19.259
8	13:45:54.656	5:36.083	44.453			1:18.858	2	13:10:51.021	5:31.143	40.303	1:22.182	2:10.480	1:18.178
9	13:54:27.834	8:33.178	47.637			4:03.294	3	13:16:31.916	5:40.895	40.232	1:20.565	2:15.418	1:24.680
10	14:00:31.518	6:03.684	45.605			1:30.143	4	13:22:18.817	5:46.901	42.801			1:25.434
(46) Ronnie van Rooij							5	13:28:10.334	5:51.517	47.145			1:23.496
1	13:04:29.267			1:10.670	1:58.653	1:08.304	6	13:33:57.557	5:47.223	44.979			1:25.294
2	13:09:53.372	5:24.105	35.578	1:16.025	2:16.450	1:16.052	7	13:39:53.825	5:56.268	47.827			1:25.854
3	13:15:29.882	5:36.510	39.294	1:16.746	2:15.819	1:24.651	8	13:49:37.366	9:43.541	51.717			5:06.463
4	13:24:27.799	8:57.917	42.171			4:39.482	9	13:55:54.420	6:17.054	55.309			1:32.150
5	13:30:06.357	5:38.558	42.897			1:22.524	10	14:02:16.557	6:22.137	52.565			1:36.162
6	13:36:11.353	6:04.996	58.669			1:24.979	(842) Rob van Vijfeijken						
7	13:42:07.729	5:56.376	49.002			1:27.314	1	13:05:39.268			1:31.523	2:28.381	1:20.809
8	13:48:12.603	6:04.874	46.085			1:30.649	2	13:11:05.429	5:26.161	41.225	1:23.901	2:02.737	1:18.298
9	13:54:19.379	6:06.776	52.796			1:29.709	3	13:16:33.598	5:28.169	38.854	1:22.200	2:04.541	1:22.574
10	14:00:40.499	6:21.120	54.040			1:29.311	4	13:22:18.143	5:44.545	41.770			1:23.487



RBKO Den Haag

RBKO

Scheveningen 5,000 Km

Semifinal

29.11.2015 13:00

Race (50:00 and 1 Laps) started at 12:59:59

Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm	Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm
5	13:31:41.111	9:22.968	44.041			5:01.996							
6	13:37:32.798	5:51.687	46.545			1:28.418							
7	13:43:32.840	6:00.042	48.837			1:28.096							
8	13:49:38.057	6:05.217	50.253			1:32.529							
9	13:55:51.806	6:13.749	55.799			1:34.935							
10	14:02:18.011	6:26.205	53.268			1:37.946							
(835) Danny Gerards							(16) John Cuppen						
1	13:04:54.544			1:34.950	1:45.165	1:13.890	1	13:04:39.171			1:16.705	2:01.731	1:08.302
2	13:10:15.951	5:21.407	35.403	1:23.684	2:02.236	1:20.084	2	13:10:15.183	5:36.012	35.582	1:17.311	2:28.358	1:14.761
3	13:15:34.291	5:18.340	40.311	1:22.552	1:51.416	1:24.061	3	13:15:52.038	5:36.855	40.226	1:22.039	2:13.261	1:21.329
4	13:21:17.742	5:43.451	42.376			1:23.278	4	13:21:49.428	5:57.390	46.651			1:32.564
5	13:27:08.810	5:51.068	43.466			1:27.865	5	13:31:38.905	9:49.477	44.504			5:14.020
6	13:37:45.426	10:36.616	46.485			6:04.278	6	13:37:35.067	5:56.162	46.645			1:26.298
7	13:43:43.596	5:58.170	45.774			1:30.237	7	13:43:50.151	6:15.084	51.001			1:36.082
8	13:49:42.902	5:59.306	46.072			1:27.896	8	13:49:58.412	6:08.261	50.189			1:30.676
9	13:55:49.115	6:06.213	45.372			1:32.665	9	13:56:20.399	6:21.987	54.331			1:31.882
10	14:02:21.167	6:32.052	50.756			1:38.452	10	14:03:11.961	6:51.562	55.910			1:41.235
(22) Jarno Verhorevoort							(507) Mike Kock						
1	13:04:49.086			1:16.751	2:09.303	1:10.443	1	13:04:56.952			1:18.322	2:08.587	1:15.100
2	13:10:03.895	5:14.809	35.789	1:17.769	2:06.037	1:15.214	2	13:10:33.769	5:36.817	37.406	1:18.432	2:18.929	1:22.050
3	13:15:33.110	5:29.215	40.248	1:18.346	2:05.684	1:24.937	3	13:16:20.934	5:47.165	41.009	1:21.740	2:20.567	1:23.849
4	13:21:28.382	5:55.272	43.447			1:27.255	4	13:25:34.123	9:13.189	43.721			4:39.951
5	13:27:25.827	5:57.445	43.395			1:26.325	5	13:31:31.763	5:57.640	46.668			1:26.579
6	13:37:14.920	9:49.093	46.027			5:11.127	6	13:37:35.177	6:03.414	50.322			1:28.854
7	13:43:15.571	6:00.651	48.497			1:26.747	7	13:43:41.030	6:05.853	51.725			1:30.037
8	13:49:36.267	6:20.696	52.924			1:34.198	8	13:49:50.210	6:09.180	53.307			1:31.139
9	13:56:00.454	6:24.187	54.851			1:32.848	9	13:56:12.840	6:22.630	53.581			1:35.242
10	14:02:34.637	6:34.183	51.837			1:34.812	10	14:03:14.975	7:02.135	56.063			1:51.650
(823) Joshua van der Linden							(772) Jarno Derks						
1	13:05:23.717			1:31.553	2:13.126	1:17.972	1	13:06:15.886			1:31.929	2:13.677	1:25.104
2	13:10:38.247	5:14.530	40.047	1:22.694	1:55.569	1:16.220	2	13:11:49.958	5:34.072	43.750	1:20.563	2:14.375	1:15.384
3	13:15:52.489	5:14.242	38.604	1:21.963	1:57.006	1:16.669	3	13:17:09.385	5:19.427	38.207	1:19.718	2:04.200	1:17.302
4	13:25:16.926	9:24.437	41.905			4:58.934	4	13:22:49.453	5:40.068	43.900			1:21.970
5	13:31:02.279	5:45.353	45.405			1:22.821	5	13:28:33.752	5:44.299	43.817			1:22.639
6	13:36:49.154	5:46.875	44.657			1:26.741	6	13:35:20.301	6:46.549	40.557			1:26.456
7	13:42:56.762	6:07.608	47.296			1:28.554	7	13:45:00.679	9:40.378	46.484			5:02.856
8	13:49:21.041	6:24.279	48.945			1:35.601	8	13:50:58.659	5:57.980	49.880			1:29.032
9	13:56:03.080	6:42.039	53.585			1:38.782	9	13:57:04.082	6:05.423	46.110			1:32.046
10	14:02:54.638	6:51.558	55.079			1:42.283	10	14:03:20.496	6:16.414	53.475			1:32.055
(707) Mick van Heugten							(244) Michel Hoenson						
1	13:05:13.682			1:24.001	2:16.131	1:15.426	1	13:04:33.925			1:11.010	2:01.302	1:08.910
2	13:10:42.985	5:29.303	39.456	1:21.022	2:11.973	1:16.852	2	13:09:53.256	5:19.331	35.690	1:13.816	2:13.080	1:16.745
3	13:16:19.374	5:36.389	39.693	1:22.182	2:12.197	1:22.317	3	13:15:33.134	5:39.878	40.708	1:21.126	2:14.468	1:23.576
4	13:21:58.847	5:39.473	42.039			1:23.126	4	13:21:22.972	5:49.838	44.102			1:26.628
5	13:27:47.335	5:48.488	44.706			1:25.094	5	13:27:21.662	5:58.690	44.389			1:28.161
6	13:37:40.188	9:52.853	45.545			5:26.222	6	13:37:02.210	9:40.548	48.030			5:03.737
7	13:43:43.339	6:03.151	49.412			1:31.889	7	13:43:13.557	6:11.347	50.711			1:34.203
8	13:50:00.309	6:16.970	53.873			1:36.231	8	13:49:42.625	6:29.068	54.483			1:35.777
9	13:56:31.679	6:31.370	50.471			1:32.635	9	13:56:19.110	6:36.485	54.783			1:38.836
10	14:02:54.813	6:23.134	49.216			1:38.219	10	14:03:27.609	7:08.499	59.025			1:47.774
(834) Toon Verhoeven							(19) Robin Nijkamp						
1	13:04:45.276				1:56.154	1:09.242	1	13:04:42.332			1:18.604	2:02.675	1:07.169
2	13:10:03.598	5:18.322	38.035	1:16.751	2:06.908	1:16.628	2	13:09:57.794	5:15.462	35.967	1:19.862	2:05.650	1:13.983
3	13:15:28.552	5:24.954	41.903	1:18.369	2:02.036	1:22.646	3	13:15:47.366	5:49.572	40.447	1:26.704	2:16.263	1:26.158
4	13:21:20.445	5:51.893	43.131			1:28.592	4	13:21:37.327	5:49.961	42.501			1:25.767
5	13:31:34.574	10:14.129	43.677			5:49.828	5	13:27:29.112	5:51.785	43.014			1:27.963
6	13:37:27.280	5:52.706	45.320			1:28.175	6	13:37:51.798	10:22.686	45.294			5:51.703
7	13:43:40.254	6:12.974	51.626			1:36.242	7	13:44:02.861	6:11.063	50.174			1:35.852
8	13:50:07.042	6:26.788	51.394			1:31.423	8	13:50:25.001	6:22.140	51.871			1:31.264
9	13:56:27.669	6:20.627	53.436			1:33.641	9	13:56:59.906	6:34.905	51.668			1:38.282
10	14:03:06.105	6:38.436	53.628			1:37.719	10	14:03:34.000	6:34.094	55.162			1:36.890
(17) Ismo ten Velde							(17) Ismo ten Velde						
1	13:05:02.871						1	13:05:02.871			1:25.583	2:06.418	1:14.306
2	13:10:34.644	5:31.773	37.785				2	13:10:34.644	5:31.773	37.785	1:21.750	2:15.212	1:17.026
3	13:16:15.797	5:41.153	39.367				3	13:16:15.797	5:41.153	39.367	1:24.383	2:14.190	1:23.213
4	13:22:13.237	5:57.440	41.954				4	13:22:13.237	5:57.440	41.954			1:24.674



RBKO Den Haag

RBKO

Scheveningen 5,000 Km

Semifinal

29.11.2015 13:00

Race (50:00 and 1 Laps) started at 12:59:59

Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm	Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm
5	13:28:04.477	5:51.240	44.187			1:24.301							
6	13:37:57.389	9:52.912	45.826			5:11.712	(846) Mike Bouwmeester						
7	13:44:09.004	6:11.615	50.466			1:33.655	1	13:05:26.306			1:32.327	2:12.080	1:20.584
8	13:50:34.573	6:25.569	51.157			1:36.428	2	13:10:59.248	5:32.942	41.760	1:20.518	2:08.903	1:21.761
9	13:57:13.512	6:38.939	55.530			1:36.681	3	13:16:38.128	5:38.880	39.872	1:22.981	2:10.875	1:25.152
10	14:03:53.029	6:39.517	55.199			1:40.809	4	13:22:27.814	5:49.686	43.541			1:24.005
(1155) Dennis van Rooij							5	13:32:36.291	10:08.477	46.032			5:38.885
1	13:05:05.983			1:24.054	2:13.120	1:13.416	6	13:38:39.587	6:03.296	47.181			1:33.067
2	13:10:30.824	5:24.841	38.641	1:20.411	2:07.754	1:18.035	7	13:44:49.227	6:09.640	48.583			1:31.813
3	13:16:07.918	5:37.094	39.381	1:23.354	2:10.813	1:23.546	8	13:51:16.610	6:27.383	52.033			1:34.450
4	13:22:01.766	5:53.848	42.966			1:24.887	9	13:57:44.872	6:28.262	54.583			1:35.917
5	13:31:49.194	9:47.428	45.225			5:12.794	10	14:04:27.391	6:42.519	55.737			1:42.665
6	13:38:05.199	6:16.005	46.273			1:42.512	(1180) Sander van Hooff						
7	13:44:15.332	6:10.133	50.068			1:26.561	1	13:05:20.640				2:05.467	1:19.665
8	13:50:49.496	6:34.164	49.212			1:30.131	2	13:11:13.180	5:52.540	40.919	1:26.350	2:24.479	1:20.792
9	13:57:16.211	6:26.715	49.734			1:36.601	3	13:16:59.005	5:45.825	41.071	1:26.263	2:14.526	1:23.965
10	14:03:57.137	6:40.926	53.450			1:39.614	4	13:22:56.210	5:57.205	44.995			1:26.581
(655) Raf Belmans							5	13:32:42.436	9:46.226	45.036			5:15.006
1	13:05:19.551			1:21.441	2:20.290	1:17.970	6	13:38:46.978	6:04.542	48.172			1:29.198
2	13:10:56.877	5:37.326	38.311	1:21.780	2:19.573	1:17.662	7	13:45:01.908	6:14.930	51.154			1:32.327
3	13:16:37.306	5:40.429	42.142	1:23.593	2:11.117	1:23.577	8	13:51:34.554	6:32.646	52.553			1:29.618
4	13:25:46.735	9:09.429	43.369			4:48.246	9	13:57:59.749	6:25.195	51.105			1:31.581
5	13:31:46.874	6:00.139	46.400			1:32.460	10	14:04:36.030	6:36.281	55.972			1:35.766
6	13:37:52.110	6:05.236	47.672			1:29.458	(872) Jongewaard Stefan						
7	13:44:10.619	6:18.509	53.600			1:33.511	1	13:05:42.449			1:41.474	2:04.018	1:22.719
8	13:50:28.459	6:17.840	51.139			1:32.615	2	13:11:19.074	5:36.625	40.173	1:21.584	2:15.877	1:18.991
9	13:57:12.824	6:44.365	55.671			1:40.749	3	13:16:52.113	5:33.039	41.306	1:22.329	2:10.174	1:19.230
10	14:04:02.427	6:49.603	58.286			1:41.092	4	13:22:39.820	5:47.707	44.919			1:25.029
(826) Menno Aussems							5	13:28:38.545	5:58.725	46.665			1:28.569
1	13:05:03.458			1:27.629	2:09.067	1:11.716	6	13:39:11.082	10:32.537	45.504			6:00.876
2	13:10:32.381	5:28.923	37.254	1:21.698	2:10.652	1:19.319	7	13:45:15.757	6:04.675	47.302			1:29.125
3	13:19:18.563	8:46.182	39.956	1:27.192	2:20.948	4:18.086	8	13:51:40.055	6:24.298	51.080			1:37.687
4	13:25:06.838	5:48.275	46.627			1:25.666	9	13:58:09.855	6:29.800	53.430			1:36.061
5	13:31:19.216	6:12.378	48.218			1:29.870	10	14:04:37.205	6:27.350	52.273			1:35.538
6	13:37:28.623	6:09.407	45.135			1:32.986	(979) Maurice Scheijbeler						
7	13:44:03.648	6:35.025	1:06.970			1:38.991	1	13:05:36.727			1:34.050	2:18.674	1:19.397
8	13:50:32.717	6:29.069	50.509			1:35.682	2	13:11:23.352	5:46.625	39.300	1:34.093	2:14.797	1:18.435
9	13:57:23.285	6:50.568	55.598			1:45.314	3	13:16:56.764	5:33.412	41.604	1:25.582	2:08.330	1:17.896
10	14:04:06.149	6:42.864	58.374			1:35.853	4	13:22:38.791	5:42.027	41.530			1:21.485
(1275) Sander van Herpen							5	13:32:28.535	9:49.744	43.984			5:23.936
1	13:05:23.795			1:33.327	2:10.940	1:16.288	6	13:38:17.716	5:49.181	46.043			1:25.854
2	13:10:50.718	5:26.923	40.662	1:19.258	2:12.209	1:14.794	7	13:44:15.194	5:57.478	49.646			1:25.734
3	13:16:18.230	5:27.512	39.136	1:18.981	2:10.293	1:19.102	8	13:50:20.556	6:05.362	48.742			1:29.575
4	13:21:59.807	5:41.577	41.199			1:23.462	9	13:58:12.349	7:51.793	49.707			1:29.086
5	13:33:33.621	11:33.814	46.156			7:07.672	10	14:04:49.918	6:37.569	55.517			1:42.895
6	13:39:31.814	5:58.193	46.058			1:27.947	(23) Carsten Goedegebure						
7	13:45:31.175	5:59.361	49.549			1:28.811	1	13:05:07.758			1:22.518	2:14.649	1:17.148
8	13:51:46.681	6:15.506	51.577			1:32.200	2	13:10:44.498	5:36.740	37.561	1:24.684	2:16.034	1:18.461
9	13:58:02.588	6:15.907	51.949			1:32.651	3	13:16:24.312	5:39.814	39.881	1:25.805	2:13.267	1:20.861
10	14:04:09.137	6:06.549	50.890			1:30.822	4	13:22:10.085	5:45.773	43.258			1:22.142
(290) Menno vd Zee							5	13:28:17.294	6:07.209	59.223			1:22.694
1	13:04:53.010			1:17.142	2:06.801	1:12.860	6	13:38:43.182	10:25.888	45.382			5:53.050
2	13:10:40.994	5:47.984	37.627	1:15.972	2:33.737	1:20.648	7	13:44:55.467	6:12.285	49.535			1:29.635
3	13:16:14.359	5:33.365	41.199	1:16.579	2:10.808	1:24.779	8	13:51:18.661	6:23.194	50.698			1:32.070
4	13:21:58.113	5:43.754	42.521			1:28.689	9	13:58:01.150	6:42.489	53.799			1:36.921
5	13:27:56.985	5:58.872	48.376			1:31.293	10	14:04:56.708	6:55.558	57.185			1:41.388
6	13:38:39.357	10:42.372	48.419			6:10.618	(1157) Klaas Hofstede						
7	13:44:51.394	6:12.037	50.659			1:37.950	1	13:05:22.955			1:20.836	2:25.254	1:20.812
8	13:51:09.385	6:17.991	51.963			1:33.321	2	13:11:00.864	5:37.909	40.588	1:20.277	2:17.830	1:19.214
9	13:57:38.185	6:28.800	51.895			1:39.446	3	13:16:41.594	5:40.730	40.999	1:21.554	2:16.635	1:21.542
10	14:04:24.405	6:46.220	55.063			1:41.876	4	13:23:04.413	6:22.819	43.166			1:49.747



RBKO Den Haag

RBKO

Scheveningen 5,000 Km

Semifinal

29.11.2015 13:00

Race (50:00 and 1 Laps) started at 12:59:59

Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm	Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm
5	13:33:02.079	9:57.666	44.540			5:22.229							
6	13:39:05.154	6:03.075	47.968			1:33.659	(1184) Lars Griekspoor						
7	13:45:24.604	6:19.450	50.750			1:33.839	1	13:05:44.193			1:29.928	2:32.401	1:24.746
8	13:51:42.457	6:17.853	56.144			1:31.320	2	13:11:17.134	5:32.941	40.972	1:25.825	2:04.826	1:21.318
9	13:58:12.128	6:29.671	54.397			1:34.942	3	13:17:00.830	5:43.696	42.241	1:26.186	2:13.138	1:22.131
10	14:05:00.258	6:48.130	1:00.247			1:37.172	4	13:22:48.491	5:47.661	44.149			1:22.364
(1311) Dave Kaers							5	13:32:59.347	10:10.856	46.273			5:26.552
1	13:05:12.675			1:21.901	2:07.397	1:16.920	6	13:39:01.318	6:01.971	46.416			1:26.546
2	13:10:28.243	5:15.568	39.528	1:20.532	1:55.784	1:19.724	7	13:45:11.303	6:09.985	49.542			1:27.683
3	13:16:02.227	5:33.984	43.820	1:20.323	2:05.213	1:24.628	8	13:51:54.183	6:42.880	50.528			1:35.730
4	13:21:58.293	5:56.066	46.607			1:24.563	9	13:58:24.798	6:30.615	54.220			1:35.323
5	13:33:00.890	11:02.597	44.723			6:36.866	10	14:05:46.665	7:21.867	57.247			1:42.662
6	13:39:06.306	6:05.416	48.388			1:35.501	(29) Richard Nugteren						
7	13:45:13.629	6:07.323	52.582			1:30.897	1	13:05:36.330			1:38.918	2:13.707	1:27.139
8	13:51:32.514	6:18.885	54.109			1:33.441	2	13:11:28.666	5:52.336	45.826	1:22.682	2:17.946	1:25.882
9	13:58:43.785	7:11.271	54.516			2:05.497	3	13:17:25.627	5:56.961	45.463	1:28.490	2:18.818	1:24.190
10	14:05:19.029	6:35.244	58.839			1:30.064	4	13:27:07.370	9:41.743	45.657			4:59.745
(279) Bart Brouwer							5	13:33:04.687	5:57.317	44.467			1:33.611
1	13:05:37.034			1:31.301	2:24.367	1:23.860	6	13:39:18.977	6:14.290	48.812			1:30.902
2	13:11:11.069	5:34.035	41.125	1:23.147	2:07.690	1:22.073	7	13:45:39.902	6:20.925	51.894			1:35.602
3	13:16:48.696	5:37.627	41.119	1:27.142	2:06.047	1:23.319	8	13:52:11.725	6:31.823	52.432			1:39.354
4	13:22:41.511	5:52.815	44.082			1:26.960	9	13:58:52.668	6:40.943	59.943			1:43.499
5	13:32:52.700	10:11.189	47.646			5:36.139	10	14:05:53.666	7:00.998	59.725			1:46.204
6	13:38:50.146	5:57.446	46.735			1:28.789	(838) Hans van Eyken						
7	13:45:13.354	6:23.208	51.738			1:39.365	1	13:06:04.748			1:28.335	2:45.510	1:26.811
8	13:51:40.836	6:27.482	49.700			1:36.321	2	13:11:46.398	5:41.650	43.232	1:25.235	2:13.435	1:19.748
9	13:58:10.412	6:29.576	49.733			1:38.365	3	13:17:28.864	5:42.466	43.327	1:24.842	2:10.557	1:23.740
10	14:05:19.811	7:09.399	51.872			1:48.457	4	13:23:29.794	6:00.930	42.876			1:27.946
(400) Ivo Vink							5	13:33:12.404	9:42.610	46.731			5:10.415
1	13:04:56.075			1:12.809	2:12.489	1:16.011	6	13:39:15.069	6:02.665	47.498			1:32.007
2	13:10:11.775	5:15.700	38.234	1:14.380	2:05.501	1:17.585	7	13:45:29.628	6:14.559	49.291			1:34.058
3	13:16:05.622	5:53.847	39.790	1:16.235	2:11.074	1:46.748	8	13:52:10.348	6:40.720	56.404			1:38.119
4	13:22:14.869	6:09.247	42.297			1:26.180	9	13:58:59.418	6:49.070	59.609			1:45.010
5	13:34:22.888	12:08.019	44.375			7:47.513	10	14:06:13.893	7:14.475	58.673			1:48.272
6	13:40:08.145	5:45.257	45.278			1:26.324	(1041) Brad Bijties						
7	13:46:05.082	5:56.937	48.706			1:27.446	1	13:05:35.594			1:42.887	2:06.283	1:20.602
8	13:52:16.850	6:11.768	51.140			1:28.599	2	13:11:09.745	5:34.151	40.281	1:33.375	1:59.960	1:20.535
9	13:58:37.277	6:20.427	52.730			1:34.517	3	13:16:51.254	5:41.509	41.967	1:30.966	2:04.141	1:24.435
10	14:05:20.328	6:43.051	50.750			1:53.447	4	13:26:47.011	9:55.757	43.999			5:25.273
(38) Marcel Conijn							5	13:32:55.980	6:08.969	48.247			1:31.790
1	13:04:44.610			1:17.874	2:01.054	1:12.781	6	13:39:15.656	6:19.676	45.923			1:34.777
2	13:10:00.059	5:15.449	36.258	1:19.183	2:05.077	1:14.931	7	13:45:44.181	6:28.525	52.096			1:35.190
3	13:15:40.428	5:40.369	42.602	1:24.316	2:11.903	1:21.548	8	13:52:20.506	6:36.325	51.729			1:38.595
4	13:25:03.632	9:23.204	43.174			4:56.029	9	13:59:08.365	6:47.859	56.904			1:43.542
5	13:30:56.253	5:52.621	46.089			1:26.363	10	14:06:15.559	7:07.194	58.783			1:47.055
6	13:36:54.575	5:58.322	47.441			1:27.601	(482) Rene Satink						
7	13:42:56.335	6:01.760	47.226			1:27.754	1	13:05:00.699			1:17.557	2:14.394	1:14.602
8	13:52:16.169	9:19.834	47.996			4:21.768	2	13:10:35.407	5:34.708	37.779	1:18.429	2:16.579	1:21.921
9	13:58:48.817	6:32.648	54.043			1:44.937	3	13:16:17.504	5:42.097	42.195	1:22.616	2:11.072	1:26.214
10	14:05:31.074	6:42.257	56.350			1:39.169	4	13:22:09.298	5:51.794	42.074			1:28.432
(501) Kevin Dijk							5	13:33:12.977	11:03.679	47.170			6:27.385
1	13:04:46.949			1:13.362	2:05.189	1:13.848	6	13:39:29.307	6:16.330	49.397			1:32.206
2	13:10:22.939	5:35.990	38.263	1:18.333	2:17.417	1:21.977	7	13:45:53.463	6:24.156	51.754			1:34.682
3	13:16:01.123	5:38.184	40.637	1:18.249	2:14.217	1:25.081	8	13:52:21.640	6:28.177	53.880			1:37.640
4	13:21:53.918	5:52.795	44.061			1:27.675	9	13:59:10.988	6:49.348	54.830			1:45.563
5	13:32:06.134	10:12.216	45.080			5:41.400	(9) Milko Potisek						
6	13:38:10.123	6:03.989	45.521			1:32.581	1	13:04:13.336			1:06.636	1:53.289	1:02.065
7	13:44:39.904	6:29.781	51.307			1:41.831	2	13:08:55.363	4:42.027	32.692	1:11.850	1:52.288	1:05.197
8	13:51:11.063	6:31.159	51.861			1:39.940	3	13:14:05.831	5:10.468	37.909	1:16.575	2:01.683	1:14.301
9	13:58:42.560	7:31.497	53.062			2:34.459	4	13:19:17.956	5:12.125	41.525			1:11.124
10	14:05:42.433	6:59.873	58.087			1:47.068	5	13:27:19.014	8:01.058	40.090			4:08.099



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29.11.2015 13:00

Race (50:00 and 1 Laps) started at 12:59:59

Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm	Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm
6	13:32:33.173	5:14.159	42.412			1:12.995	6	13:40:05.454	10:19.927	46.335			5:19.929
7	13:37:54.042	5:20.869	44.899			1:18.662	7	13:46:46.990	6:41.536	50.005			1:49.675
8	13:57:04.816	19:10.774	46.078			14:01.145	8	13:53:20.467	6:33.477	51.002			1:34.792
9	13:59:18.793	2:13.977					9	13:59:53.631	6:33.164	56.416			1:33.417
(85) Nancy van de Ven							(1182) Johnny Bosmans						
1	13:04:58.497			1:23.450	2:08.105	1:14.415	1	13:05:51.641			1:36.216	2:20.344	1:26.238
2	13:10:45.809	5:47.312	37.537	1:27.647	2:23.790	1:18.338	2	13:11:39.573	5:47.932	42.407	1:26.372	2:17.977	1:21.176
3	13:16:41.855	5:56.046	41.057	1:30.124	2:18.020	1:26.845	3	13:17:27.520	5:47.947	43.242	1:24.912	2:16.071	1:23.722
4	13:22:49.922	6:08.067	45.539			1:25.190	4	13:23:27.688	6:00.168	44.538			1:27.916
5	13:29:05.639	6:15.717	46.613			1:28.477	5	13:29:29.611	6:01.923	46.894			1:29.743
6	13:38:54.587	9:48.948	47.625			4:53.449	6	13:35:39.158	6:09.547	47.317			1:33.177
7	13:45:33.302	6:38.715	53.461			1:36.198	7	13:46:37.512	10:58.354	52.070			6:16.699
8	13:52:17.968	6:44.666	55.161			1:38.405	8	13:53:16.553	6:39.041	54.220			1:39.936
9	13:59:23.730	7:05.762	57.777			1:45.199	9	13:59:58.148	6:41.595	57.068			1:41.148
(12) Amel Advokaat							(869) Kevin Schepers						
1	13:05:30.990			1:26.287	2:25.069	1:22.807	1	13:05:29.572			1:23.106	2:18.039	1:27.472
2	13:11:04.229	5:33.239	41.835	1:18.006	2:10.160	1:23.238	2	13:10:55.998	5:26.426	40.346	1:21.567	2:05.797	1:18.716
3	13:16:48.624	5:44.395	43.641	1:20.498	2:10.016	1:30.240	3	13:16:32.264	5:36.266	40.391	1:24.470	2:05.948	1:25.457
4	13:25:42.891	8:54.267	46.105			4:20.122	4	13:22:44.144	6:11.880	43.211			1:33.300
5	13:31:50.025	6:07.134	50.248			1:34.434	5	13:33:06.907	10:22.763	53.035			5:16.044
6	13:38:19.643	6:29.618	48.851			1:40.274	6	13:39:22.821	6:15.914	51.445			1:30.655
7	13:45:09.107	6:49.464	56.152			1:43.689	7	13:46:03.905	6:41.084	1:02.847			1:36.027
8	13:52:08.059	6:58.952	59.601			1:43.381	8	13:53:00.504	6:56.599	55.390			1:44.396
9	13:59:25.649	7:17.590	1:01.277			1:49.435	9	14:00:02.051	7:01.547	57.094			1:49.885
(751) Bobby Zundorf							(968) Nick van Rees						
1	13:05:30.590					1:17.609	1	13:05:21.936			1:41.203	1:47.098	1:21.959
2	13:10:51.979	5:21.389	38.835			1:18.440	2	13:11:05.924	5:43.988	42.571	1:23.118	2:17.062	1:21.237
3	13:16:24.238	5:32.259	40.191			1:21.049	3	13:16:51.984	5:46.060	42.484	1:24.867	2:14.997	1:23.712
4	13:22:16.114	5:51.876	41.963			1:24.856	4	13:22:42.896	5:50.912	44.220			1:26.573
5	13:32:31.264	10:15.150	47.135			5:39.557	5	13:33:29.142	10:46.246	44.951			6:16.289
6	13:38:43.339	6:12.075	47.144			1:43.524	6	13:39:44.136	6:14.994	50.174			1:33.734
7	13:45:05.013	6:21.674	52.575			1:31.131	7	13:46:00.396	6:16.260	49.357			1:34.881
8	13:52:06.045	7:01.032	55.386			1:54.660	8	13:52:28.648	6:28.252	54.209			1:39.629
9	13:59:46.883	7:40.838	1:07.760			1:54.084	9	14:00:02.371	7:33.723	55.232			1:42.320
(1194) Tom Engelen							(440) Youri Ende						
1	13:05:22.035			1:41.197	1:47.817	1:21.296	1	13:05:00.358			1:35.818	1:55.011	1:13.359
2	13:11:20.923	5:42.107	41.051	1:28.485	2:13.727	1:18.844	2	13:10:37.252	5:36.894	39.427	1:24.881	2:11.180	1:21.406
3	13:16:57.336	5:53.194	42.609	1:31.575	2:12.156	1:26.854	3	13:16:35.620	5:58.368	45.729	1:26.889	2:20.128	1:25.622
4	13:26:38.864	9:41.528	44.973			4:59.356	4	13:22:40.615	6:04.995	45.027			1:30.718
5	13:32:57.206	6:18.342	46.322			1:32.825	5	13:33:05.048	10:24.433	50.240			5:27.698
6	13:39:34.689	6:37.483	49.105			1:36.601	6	13:39:31.053	6:26.005	51.899			1:39.569
7	13:46:13.057	6:38.368	53.289			1:37.933	7	13:46:15.251	6:44.198	55.751			1:41.380
8	13:52:56.395	6:43.338	53.694			1:38.519	8	13:53:07.549	6:52.298	56.576			1:42.501
9	13:59:47.004	6:50.609	56.504			1:41.024	9	14:00:03.686	6:56.137	56.152			1:36.425
(625) Adriaan van Dijk							(364) Juan Carlos Benito						
1	13:05:29.295			1:37.302	2:11.458	1:21.276	1	13:05:09.690			1:27.383	2:12.270	1:15.579
2	13:11:20.923	5:51.628	43.735	1:23.081	2:17.484	1:27.328	2	13:10:37.047	5:27.357	38.006	1:29.310	2:00.357	1:19.684
3	13:17:08.111	5:47.188	42.600	1:24.865	2:12.717	1:27.006	3	13:16:19.007	5:41.960	40.988	1:32.102	2:01.676	1:27.194
4	13:23:14.176	6:06.065	47.291			1:31.375	4	13:22:22.640	6:03.633	42.579			1:28.437
5	13:33:29.631	10:15.455	48.908			5:34.862	5	13:32:21.478	9:58.838	45.671			5:19.010
6	13:39:45.471	6:15.840	48.427			1:32.433	6	13:39:06.949	6:45.471	48.162			1:38.117
7	13:46:19.691	6:34.220	52.401			1:37.226	7	13:45:58.078	6:51.129	53.418			1:37.677
8	13:53:01.697	6:42.006	55.874			1:41.510	8	13:53:00.447	7:02.369	54.828			1:44.277
9	13:59:47.772	6:46.075	57.148			1:42.327	9	14:00:05.354	7:04.907	55.567			1:37.179
(600) Jimmy Kaal							(808) Ralf Rutjes						
1	13:06:10.611				2:14.495	1:30.878	1	13:05:11.037			1:38.291	1:32.672	1:15.447
2	13:12:00.580	5:49.969	43.633	1:28.617	2:15.548	1:22.171	2	13:10:47.933	5:36.896	36.826	1:23.136	2:16.132	1:20.802
3	13:17:39.255	5:38.675	40.081	1:28.782	2:06.155	1:23.657	3	13:16:51.526	6:03.593	43.948	1:25.570	2:28.922	1:25.153
4	13:23:39.076	5:59.821	43.456			1:26.686	4	13:23:26.922	6:35.396	1:11.692			1:29.840
5	13:29:45.527	6:06.451	47.471			1:28.557	5	13:29:41.489	6:14.567	47.961			1:32.942



RBKO Den Haag

RBKO

Scheveningen 5,000 Km

Semifinal

29.11.2015 13:00

Race (50:00 and 1 Laps) started at 12:59:59

Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm	Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm
6	13:40:31.221	10:49.732	49.811			5:54.408	6	13:40:26.568	6:19.790	47.939			1:33.289
7	13:46:58.904	6:27.683	49.819			1:37.647	7	13:47:03.083	6:36.515	53.012			1:32.912
8	13:53:33.320	6:34.416	49.263			1:34.691	8	13:53:53.787	6:50.704	56.550			1:40.558
9	14:00:35.465	7:02.145	55.646			1:45.046	9	14:00:47.949	6:54.162	59.156			1:36.997
(506) Rob Verstegen							(490) Co Caron						
1	13:05:26.348			1:35.733	2:10.201	1:21.396	1	13:05:33.492			1:23.403	2:34.493	1:20.925
2	13:10:59.698	5:33.350	42.635	1:20.378	2:09.896	1:20.441	2	13:11:24.411	5:50.919	40.291	1:23.842	2:23.447	1:23.339
3	13:16:47.148	5:47.450	46.107	1:22.118	2:12.373	1:26.852	3	13:17:16.822	5:52.411	41.644	1:28.049	2:14.760	1:27.958
4	13:23:05.281	6:18.133	43.678			1:30.141	4	13:23:17.623	6:00.801	44.524			1:27.162
5	13:33:20.746	10:15.465	45.906			5:44.068	5	13:29:35.329	6:17.706	46.752			1:30.491
6	13:39:36.601	6:15.855	48.297			1:35.090	6	13:41:00.370	11:25.041	48.163			6:38.340
7	13:46:27.181	6:50.580	55.862			1:42.438	7	13:47:26.071	6:25.701	51.779			1:38.098
8	13:53:20.500	6:53.319	59.037			1:39.324	8	13:53:59.279	6:33.208	53.759			1:37.815
9	14:00:40.611	7:20.111	1:01.271			1:47.770	9	14:00:49.205	6:49.926	55.974			1:40.845
(515) Randy van Wilgenburg							(945) Renzo Meijer						
1	13:04:56.021			1:20.225	2:03.880	1:13.034	1	13:06:34.905			1:26.518	3:12.772	1:26.863
2	13:10:33.147	5:37.126	37.425	1:21.945	2:12.413	1:25.343	2	13:12:37.050	6:02.145	47.153	1:20.759	2:27.059	1:27.174
3	13:16:47.577	6:14.430	44.777	1:29.269	2:25.357	1:35.027	3	13:18:45.705	6:08.655	47.724	1:23.713	2:24.143	1:33.075
4	13:23:08.149	6:20.572	50.274			1:33.953	4	13:28:42.686	9:56.981	45.615			5:28.865
5	13:33:44.607	10:36.458	50.023			5:43.495	5	13:34:46.590	6:03.904	48.458			1:28.630
6	13:40:16.644	6:32.037	50.885			1:41.369	6	13:41:05.041	6:18.451	50.932			1:32.923
7	13:46:59.707	6:43.063	56.033			1:39.105	7	13:47:31.834	6:26.793	53.445			1:39.282
8	13:53:43.057	6:43.350	52.234			1:44.578	8	13:54:07.714	6:35.880	54.562			1:36.153
9	14:00:41.516	6:58.459	55.821			1:45.202	9	14:00:55.215	6:47.501	59.575			1:41.078
(1028) Stefan Schra							(957) Joey Schoonbergen						
1	13:05:22.234			1:25.333	2:19.271	1:19.215	1	13:05:49.724			1:50.668	1:55.960	1:28.762
2	13:11:13.854	5:51.620	40.823	1:20.234	2:24.942	1:25.621	2	13:11:19.163	5:29.439	44.638	1:30.530	1:51.394	1:22.877
3	13:16:57.940	5:44.086	41.025	1:21.719	2:12.552	1:28.790	3	13:17:06.910	5:47.747	40.522	1:29.966	2:10.417	1:26.842
4	13:22:54.471	5:56.531	44.908			1:26.987	4	13:23:19.931	6:13.021	45.059			1:26.213
5	13:29:09.338	6:14.867	45.248			1:33.715	5	13:34:17.293	10:57.362	48.708			6:08.257
6	13:40:06.625	10:57.287	52.268			5:52.761	6	13:40:42.662	6:25.369	48.531			1:33.421
7	13:46:33.493	6:26.868	49.914			1:37.299	7	13:47:22.360	6:39.698	54.451			1:36.318
8	13:53:20.823	6:47.330	55.216			1:43.959	8	13:54:07.098	6:44.738	54.269			1:38.278
9	14:00:44.867	7:24.044	55.856			1:46.954	9	14:00:56.522	6:49.424	58.748			1:35.734
(296) Niels de Klein							(881) Peter van Wijlen						
1	13:06:00.087			1:22.782	2:48.124	1:26.251	1	13:05:24.547					1:24.361
2	13:11:44.461	5:44.374	45.076	1:25.132	2:14.926	1:19.240	2	13:11:08.461	5:43.914	42.855	1:30.690	2:05.537	1:24.832
3	13:17:36.153	5:51.692	42.627	1:23.120	2:23.143	1:22.802	3	13:17:06.325	5:57.864	44.274	1:30.096	2:13.442	1:30.052
4	13:23:36.533	6:00.380	43.403			1:26.926	4	13:23:23.638	6:17.313	46.435			1:33.692
5	13:29:50.243	6:13.710	47.911			1:30.677	5	13:34:04.269	10:40.631	48.895			5:58.207
6	13:40:38.595	10:48.352	47.515			6:09.298	6	13:40:31.077	6:26.808	52.154			1:39.081
7	13:47:04.888	6:26.293	49.640			1:33.558	7	13:47:13.121	6:42.044	49.845			1:43.402
8	13:54:06.233	7:01.345	55.700			1:35.854	8	13:54:03.012	6:49.891	54.663			1:48.817
9	14:00:45.448	6:39.215	54.503			1:36.468	9	14:01:02.422	6:59.410	52.935			1:46.974
(665) Steven van Dun							(853) Jarno errens						
1	13:05:12.183			1:28.968	1:58.500	1:20.122	1	13:05:17.232			1:33.007	1:59.150	1:22.110
2	13:13:02.836	7:50.653	40.890	1:21.361	2:33.812	3:14.590	2	13:11:10.814	5:53.582	41.282	1:26.649	2:13.680	1:31.971
3	13:18:57.574	5:54.738	40.308	1:21.506	2:31.986	1:20.938	3	13:17:14.810	6:03.996	49.664	1:30.523	2:12.282	1:31.527
4	13:28:30.553	9:32.979	43.883			5:00.573	4	13:26:43.796	9:28.986	52.545			4:52.771
5	13:34:46.992	6:16.439	44.912			1:31.132	5	13:33:23.937	6:40.141	46.310			1:38.012
6	13:41:00.760	6:13.768	46.800			1:31.320	6	13:40:27.333	7:03.396	54.045			1:42.353
7	13:47:20.329	6:19.569	48.980			1:31.783	7	13:47:12.900	6:45.567	58.924			1:39.132
8	13:53:51.515	6:31.186	49.955			1:37.670	8	13:54:11.759	6:58.859	57.200			2:03.746
9	14:00:46.304	6:54.789	56.905			1:40.952	9	14:01:09.163	6:57.404	1:08.871			1:43.279
(205) Harmen Harmsen							(219) Benny Mandersloot						
1	13:05:16.303			1:35.789	2:01.311	1:17.261	1	13:05:08.535			1:15.935	2:17.324	1:18.820
2	13:11:12.761	5:56.458	40.041	1:25.012	2:26.648	1:24.757	2	13:10:51.737	5:43.202	39.598	1:19.862	2:21.085	1:22.657
3	13:17:12.281	5:59.520	45.240	1:25.298	2:23.063	1:25.919	3	13:17:04.782	6:13.045	42.842	1:19.929	2:17.958	1:52.316
4	13:23:25.205	6:12.924	46.508			1:31.158	4	13:27:13.832	10:09.050	46.289			5:27.958
5	13:34:06.778	10:41.573	46.722			5:59.397	5	13:33:22.460	6:08.628	48.901			1:35.641



RBKO Den Haag

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Scheveningen 5,000 Km

Semifinal

29.11.2015 13:00

Race (50:00 and 1 Laps) started at 12:59:59

Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm	Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm
6	13:39:44.658	6:22.198	52.469			1:38.660	6	13:40:34.216	6:09.916	46.605			1:33.855
7	13:46:42.999	6:58.341	1:15.346			1:41.509	7	13:47:18.126	6:43.910	52.492			1:37.752
8	13:53:32.557	6:49.558	55.595			1:49.257	8	13:54:11.205	6:53.079	53.946			1:46.669
9	14:01:13.478	7:40.921	1:02.305			1:47.880	9	14:01:35.377	7:24.172	56.950			1:46.112
(841) Sander Kost							(492) Emiel Nooter						
1	13:06:12.884			1:34.777	2:43.754	1:28.739	1	13:05:22.379			1:22.354	2:23.525	1:19.242
2	13:11:58.708	5:45.824	44.797	1:25.560	2:16.788	1:18.679	2	13:11:13.694	5:51.315	42.807	1:28.061	2:15.979	1:24.468
3	13:17:42.256	5:43.548	39.278	1:25.064	2:15.992	1:23.214	3	13:17:10.676	5:56.982	44.658	1:30.855	2:17.802	1:23.667
4	13:23:39.528	5:57.272	42.695			1:26.977	4	13:28:25.175	11:14.499	47.713			6:25.803
5	13:35:04.154	11:24.626	47.580			6:03.608	5	13:34:34.667	6:09.492	48.034			1:32.585
6	13:41:35.463	6:31.309	47.690			1:31.476	6	13:40:55.949	6:21.282	48.138			1:34.447
7	13:48:00.784	6:25.321	50.834			1:33.512	7	13:47:30.888	6:34.939	55.036			1:38.982
8	13:54:33.158	6:32.374	51.781			1:40.317	8	13:54:15.006	6:44.118	56.598			1:42.865
9	14:01:17.928	6:44.770	52.658			1:43.212	9	14:01:36.377	7:21.371	1:00.398			1:44.429
(253) Ronald van Amersfoort							(337) Ralph Sigmans						
1	13:05:20.748			1:33.915	2:04.646	1:24.841	1	13:05:43.679			1:35.707	2:22.720	1:27.806
2	13:11:36.714	6:15.966	45.851	1:26.590	2:33.248	1:30.277	2	13:11:37.450	5:53.771	40.197	1:24.886	2:20.408	1:28.280
3	13:17:55.185	6:18.471	48.186	1:28.813	2:28.374	1:33.098	3	13:17:38.071	6:00.621	42.276	1:26.570	2:20.493	1:31.282
4	13:24:13.098	6:17.913	48.900			1:34.691	4	13:23:46.495	6:08.424	44.769			1:30.977
5	13:30:29.465	6:16.367	49.926			1:35.074	5	13:29:57.542	6:11.047	48.160			1:30.560
6	13:40:27.064	9:57.599	53.724			5:00.622	6	13:36:15.534	6:17.992	48.564			1:36.396
7	13:47:11.631	6:44.567	56.739			1:36.345	7	13:47:31.488	11:15.954	51.773			6:17.425
8	13:54:06.805	6:55.174	58.353			1:42.338	8	13:54:24.130	6:52.642	56.537			1:43.127
9	14:01:24.234	7:17.429	54.397			1:51.870	9	14:01:42.153	7:18.023	58.969			1:46.890
(371) Kevin de Bruin							(1111) Marc Pepers						
1	13:05:41.067			1:26.455	2:23.995	1:31.102	1	13:06:06.689			1:44.025	2:27.005	1:29.628
2	13:11:37.413	5:56.346	40.361	1:24.248	2:21.579	1:30.158	2	13:11:53.449	5:46.760	42.544	1:23.866	2:18.406	1:21.944
3	13:17:43.706	6:06.293	43.366	1:23.839	2:29.279	1:29.809	3	13:17:50.398	5:56.949	42.298	1:26.527	2:21.596	1:26.528
4	13:23:57.499	6:13.793	45.033			1:37.791	4	13:24:04.949	6:14.551	44.513			1:31.386
5	13:30:11.951	6:14.452	46.991			1:35.736	5	13:30:36.245	6:31.296	49.132			1:37.645
6	13:40:25.194	10:13.243	49.728			5:29.488	6	13:41:12.082	10:35.837	50.981			5:39.716
7	13:47:10.538	6:45.344	53.147			1:45.660	7	13:47:50.240	6:38.158	54.731			1:39.992
8	13:54:14.081	7:03.543	59.259			1:48.652	8	13:54:39.052	6:48.812	56.825			1:39.902
9	14:01:24.900	7:10.819	57.321			1:51.382	9	14:01:50.643	7:11.591	59.371			1:46.042
(1187) Damien van Erkelens							(578) Alexis Bultez						
1	13:05:35.716			1:51.052	1:49.899	1:27.211	1	13:06:33.128			1:29.149	3:12.480	1:29.186
2	13:11:09.904	5:34.188	41.108	1:30.986	1:57.369	1:24.725	2	13:12:48.980	6:15.852	50.895	1:26.561	2:32.516	1:25.880
3	13:17:16.558	6:06.654	44.853	1:34.948	2:17.599	1:29.254	3	13:18:52.050	6:03.070	44.990	1:25.234	2:23.831	1:29.015
4	13:27:13.670	9:57.112	42.731			5:25.709	4	13:25:01.890	6:09.840	46.411			1:26.337
5	13:33:24.435	6:10.765	46.367			1:36.220	5	13:35:32.885	10:30.995	50.667			5:44.906
6	13:39:51.149	6:26.714	50.653			1:36.582	6	13:41:58.417	6:25.532	52.745			1:33.146
7	13:46:27.355	6:36.206	52.483			1:41.299	7	13:48:33.738	6:35.321	54.225			1:37.771
8	13:54:03.858	7:36.503	54.205			2:13.445	8	13:55:12.526	6:38.788	55.927			1:40.030
9	14:01:27.801	7:23.943	1:01.284			1:47.628	9	14:02:00.891	6:48.365	57.865			1:41.678
(888) Scott Smit							(469) Koen Lansink						
1	13:05:38.653			1:46.093	1:29.338	1:21.526	1	13:06:01.422			1:30.033	2:30.598	1:23.849
2	13:11:33.623	5:54.970	41.040	1:32.018	2:17.303	1:24.609	2	13:11:52.132	5:50.710	43.565	1:17.587	2:26.404	1:23.154
3	13:17:37.285	6:03.662	44.133	1:31.852	2:21.349	1:26.328	3	13:18:15.031	6:22.899	44.660	1:20.845	2:24.804	1:52.590
4	13:23:51.549	6:14.264	45.270			1:33.251	4	13:24:48.259	6:33.228	49.845			1:38.583
5	13:34:32.027	10:40.478	45.877			5:52.066	5	13:31:11.332	6:23.073	50.705			1:37.677
6	13:41:11.146	6:39.119	49.981			1:37.797	6	13:41:20.350	10:09.018	53.747			5:08.820
7	13:47:49.618	6:38.472	53.739			1:36.368	7	13:48:04.851	6:44.501	55.264			1:42.202
8	13:54:38.836	6:49.218	59.102			1:39.335	8	13:55:10.531	7:05.680	56.719			1:52.238
9	14:01:28.812	6:49.976	56.290			1:42.063	9	14:02:07.391	6:56.860	55.379			1:43.288
(676) Danny Langenberg							(928) Dylan Schra						
1	13:06:02.269			1:28.425	2:40.292	1:30.145	1	13:06:36.983			1:39.960	3:04.438	1:26.103
2	13:11:41.383	5:39.114	44.797	1:22.074	2:10.844	1:21.399	2	13:12:51.053	6:14.070	46.868	1:31.512	2:23.938	1:31.752
3	13:17:38.169	5:56.786	44.119	1:26.098	2:21.812	1:24.757	3	13:19:04.212	6:13.159	44.488	1:31.038	2:26.012	1:31.621
4	13:23:44.657	6:06.488	43.865			1:31.612	4	13:25:18.764	6:14.552	45.881			1:34.836
5	13:34:24.300	10:39.643	46.202			6:02.092	5	13:31:38.639	6:19.875	49.576			1:34.852



RBKO Den Haag

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Scheveningen 5,000 Km

Semifinal

29.11.2015 13:00

Race (50:00 and 1 Laps) started at 12:59:59

Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm	Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm
6	13:41:17.346	9:38.707	49.703			4:50.055	6	13:41:47.391	6:33.820	52.664			1:37.755
7	13:48:22.172	7:04.826	53.976			1:41.326	7	13:48:31.238	6:43.847	56.088			1:37.565
8	13:55:17.276	6:55.104	59.113			1:45.616	8	13:55:32.850	7:01.612	59.975			1:48.948
9	14:02:14.812	6:57.536	57.363			1:47.303	9	14:02:32.052	6:59.202	1:00.623			1:43.062
(649) Robin Termeer							(1006) Maik Hooghiem						
1	13:05:16.927			1:33.777	1:55.312	1:24.709	1	13:06:41.561			2:00.957	2:44.336	1:24.714
2	13:11:20.560	6:03.633	43.860	1:25.723	2:25.817	1:28.233	2	13:12:56.355	6:14.794	49.048	1:33.204	2:29.306	1:23.236
3	13:17:47.675	6:27.115	44.882	1:30.981	2:38.650	1:32.602	3	13:18:55.720	5:59.365	45.185	1:34.278	2:13.322	1:26.580
4	13:24:14.405	6:26.730	46.656			1:35.929	4	13:24:58.549	6:02.829	43.615			1:29.147
5	13:34:54.857	10:40.452	47.507			5:43.935	5	13:36:20.621	11:22.072	49.719			6:31.542
6	13:41:27.927	6:33.070	51.688			1:43.114	6	13:42:39.589	6:18.968	48.666			1:29.029
7	13:48:13.332	6:45.405	57.672			1:41.146	7	13:49:03.583	6:23.994	50.162			1:33.468
8	13:55:05.203	6:51.871	55.788			1:44.320	8	13:55:39.982	6:36.399	52.148			1:33.563
9	14:02:16.232	7:11.029	1:00.276			1:47.893	9	14:02:33.393	6:53.411	53.085			1:38.877
(1192) Vincent Rikhof							(787) Ben Bosgraaf						
1	13:06:14.710			1:41.803	2:38.334	1:26.382	1	13:05:15.149			1:22.374	2:10.390	1:17.679
2	13:12:25.450	6:10.740	46.068	1:28.510	2:28.651	1:27.511	2	13:11:08.958	5:53.809	40.194	1:21.662	2:28.265	1:23.688
3	13:18:30.939	6:05.489	45.556	1:29.875	2:23.992	1:26.066	3	13:17:07.394	5:58.436	40.904	1:26.274	2:25.038	1:26.220
4	13:24:39.698	6:08.759	44.724			1:29.662	4	13:23:26.035	6:18.641	45.887			1:32.100
5	13:35:33.871	10:54.173	51.016			5:53.858	5	13:34:57.699	11:31.664	1:16.084			6:13.800
6	13:42:03.395	6:29.524	51.319			1:33.606	6	13:41:33.063	6:35.364	51.557			1:40.931
7	13:48:41.881	6:38.486	52.551			1:37.539	7	13:48:27.709	6:54.646	56.577			1:43.564
8	13:55:25.538	6:43.657	55.908			1:36.092	8	13:55:28.744	7:01.035	59.063			1:45.733
9	14:02:17.425	6:51.887	55.540			1:36.922	9	14:02:39.617	7:10.873	1:03.184			1:48.656
(1388) Bart Vanhove							(1037) Ingmar Jeurissen						
1	13:05:37.108			1:40.714	1:57.586	1:26.444	1	13:06:31.519			1:41.027	2:46.339	1:28.753
2	13:11:33.617	5:56.509	43.578	1:26.079	2:20.843	1:26.009	2	13:12:45.001	6:13.482	48.067	1:30.128	2:26.145	1:29.142
3	13:22:11.683	10:38.066	44.931	1:28.540	2:37.324	5:47.271	3	13:18:46.872	6:01.871	46.047	1:25.866	2:23.014	1:26.944
4	13:28:22.254	6:10.571	49.678			1:29.829	4	13:24:57.747	6:10.875	47.119			1:38.600
5	13:34:36.312	6:14.058	47.874			1:32.183	5	13:31:13.004	6:15.257	51.726			1:33.663
6	13:41:06.326	6:30.014	49.906			1:37.299	6	13:41:12.535	9:59.531	52.462			5:14.633
7	13:47:56.550	6:50.224	56.823			1:40.476	7	13:47:56.463	6:43.928	56.303			1:47.881
8	13:55:01.147	7:04.597	56.681			1:47.490	8	13:55:19.524	7:23.061	1:02.514			1:52.233
9	14:02:19.543	7:18.396	1:02.369			1:49.658	9	14:02:41.705	7:22.181	1:00.026			1:55.826
(184) Jessy Neeleman							(664) Nick Janssens						
1	13:05:50.641			1:10.972	3:03.215	1:22.984	1	13:06:47.165			1:24.038	3:34.606	1:27.200
2	13:11:28.220	5:37.579	41.715	1:20.345	2:15.780	1:19.739	2	13:13:06.080	6:18.915	48.712	1:26.124	2:40.302	1:23.777
3	13:17:40.053	6:11.833	42.115	1:22.202	2:14.552	1:52.964	3	13:19:18.167	6:12.087	44.498	1:25.766	2:35.720	1:26.103
4	13:23:41.256	6:01.203	45.333			1:27.977	4	13:28:53.493	9:35.326	47.243			4:52.427
5	13:34:37.271	10:56.015	48.830			6:22.161	5	13:35:07.720	6:14.227	47.057			1:35.592
6	13:40:50.255	6:12.984	49.245			1:33.244	6	13:41:35.862	6:28.142	49.752			1:35.678
7	13:47:14.069	6:23.814	51.189			1:33.646	7	13:48:09.481	6:33.619	52.936			1:39.649
8	13:54:15.998	7:01.929	56.470			1:44.957	8	13:54:53.188	6:43.707	54.765			1:41.834
9	14:02:20.498	8:04.500	58.471			2:00.230	9	14:02:47.471	7:54.283	1:22.274			1:49.875
(60) Busty Wolter							(1335) Jan Schepers						
1	13:06:15.996			1:27.490	3:01.978	1:28.686	1	13:05:39.155			1:27.094	2:18.086	1:27.200
2	13:12:20.455	6:04.459	45.704	1:30.115	2:22.029	1:26.611	2	13:15:40.542	10:01.387	44.111	1:24.995	2:31.314	5:20.967
3	13:18:09.957	5:49.502	40.753	1:26.462	2:14.611	1:27.676	3	13:22:13.308	6:32.766	45.708			1:32.843
4	13:24:35.322	6:25.365	44.593			1:54.114	4	13:28:43.408	6:30.100	50.570			1:36.653
5	13:35:47.586	11:12.264	49.783			6:11.725	5	13:35:13.155	6:29.747	48.813			1:39.976
6	13:42:19.689	6:32.103	53.294			1:37.003	6	13:41:49.039	6:35.884	51.438			1:38.911
7	13:48:51.611	6:31.922	51.374			1:38.260	7	13:48:38.404	6:49.365	54.172			1:44.341
8	13:55:32.828	6:41.217	55.949			1:45.082	8	13:55:36.553	6:58.149	56.350			1:43.168
9	14:02:26.452	6:53.624	54.251			1:47.135	9	14:02:50.516	7:13.963	57.207			1:48.278
(1353) Ramon van Hamond							(1020) Randy van Mierlo						
1	13:05:11.076				2:08.574	1:17.815	1	13:05:46.584			1:22.268	2:33.234	1:27.959
2	13:10:41.296	5:30.220	41.176	1:21.799	2:04.847	1:22.398	2	13:11:53.537	6:06.953	43.455	1:24.116	2:29.866	1:29.516
3	13:16:45.831	6:04.535	45.284	1:26.012	2:24.646	1:28.593	3	13:18:08.362	6:14.825	45.249	1:27.014	2:30.117	1:32.445
4	13:23:11.397	6:25.566	51.374			1:35.273	4	13:24:35.655	6:27.293	46.993			1:33.309
5	13:35:13.571	12:02.174	50.598			7:11.196	5	13:35:06.396	10:30.741	51.540			5:23.600



RBKO Den Haag

RBKO

Scheveningen 5,000 Km

Semifinal

29.11.2015 13:00

Race (50:00 and 1 Laps) started at 12:59:59

Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm	Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm
6	13:41:51.400	6:45.004	51.915			1:37.873	6	13:42:25.920	6:37.335	53.970			1:37.813
7	13:48:47.478	6:56.078	54.285			1:44.849	7	13:49:10.924	6:45.004	52.272			1:43.404
8	13:55:46.442	6:58.964	56.155			1:46.877	8	13:56:13.039	7:02.115	55.507			1:47.638
9	14:03:00.440	7:13.998	59.609			1:49.352	9	14:03:28.269	7:15.230	58.758			1:47.537
(810) Randy van Dooren							(1227) Dennis Wiemann						
1	13:05:48.934			1:38.883	2:15.199	1:27.716	1	13:06:21.706			2:05.730	2:13.415	1:26.912
2	13:11:35.822	5:46.888	45.177	1:24.209	2:07.705	1:29.797	2	13:12:07.964	5:46.258	48.723			1:16.659
3	13:17:50.603	6:14.781	44.054	1:28.282	2:28.299	1:34.146	3	13:17:41.841	5:33.877	40.810	1:30.793	2:04.298	1:17.976
4	13:24:17.700	6:27.097	48.752			1:36.863	4	13:23:32.717	5:50.876	41.196			1:24.104
5	13:31:01.931	6:44.231	50.670			1:45.923	5	13:38:35.909	15:03.192	43.379			10:40.382
6	13:42:14.030	11:12.099	52.719			6:12.596	6	13:44:43.123	6:07.214	48.385			1:27.284
7	13:49:06.472	6:52.442	54.048			1:43.914	7	13:50:56.589	6:13.466	49.708			1:33.380
8	13:55:53.777	6:47.305	55.671			1:45.584	8	13:57:16.559	6:19.970	49.914			1:33.222
9	14:03:10.621	7:16.844	1:01.420			1:51.160	9	14:03:31.607	6:15.048	48.340			1:33.866
(1262) Gerwin Cuijpers							(330) Jan van Deursen						
1	13:05:50.146			1:26.820	2:25.431	1:27.645	1	13:06:14.901			1:28.439	2:45.882	1:39.647
2	13:11:43.744	5:53.598	44.538	1:20.405	2:25.082	1:23.573	2	13:12:26.177	6:01.276	47.931	1:25.651	2:19.173	1:28.521
3	13:17:32.809	5:49.065	42.897	1:23.684	2:19.012	1:23.472	3	13:18:20.624	6:04.447	44.657	1:26.231	2:22.161	1:31.398
4	13:28:29.740	10:56.931	45.962			6:03.740	4	13:24:33.857	6:13.233	47.203			1:35.706
5	13:35:06.114	6:36.374	55.933			1:34.652	5	13:31:06.880	6:33.023	49.673			1:36.850
6	13:41:28.621	6:22.507	47.596			1:35.108	6	13:41:38.559	10:31.679	52.046			5:39.034
7	13:48:58.684	7:30.063	55.963			2:03.742	7	13:48:45.448	7:06.889	56.360			1:44.115
8	13:56:03.678	7:04.994	58.890			1:49.104	8	13:56:19.737	7:34.289	57.362			1:49.412
9	14:03:14.249	7:10.571	1:00.798			1:49.262	9	14:03:40.667	7:20.930	59.945			1:47.253
(413) Rolf Coolen							(484) Sander Bouwmeester						
1	13:05:49.063			1:35.089	2:12.393	1:29.020	1	13:06:08.029			1:37.360	2:35.536	1:32.957
2	13:12:07.842	6:18.779			2:30.393	1:29.508	2	13:12:26.129	6:18.100	48.538	1:32.399	2:28.747	1:28.416
3	13:18:34.192	6:26.350	46.652	1:28.443	2:35.348	1:35.907	3	13:18:36.642	6:10.513	47.285	1:32.442	2:20.196	1:30.590
4	13:25:13.300	6:39.108	47.789			1:38.185	4	13:24:54.413	6:17.771	45.397			1:31.078
5	13:35:45.622	10:32.322				5:24.553	5	13:36:41.605	11:47.192	49.243			6:46.768
6	13:42:37.063	6:51.441				1:44.937	6	13:43:12.390	6:30.785	49.797			1:34.523
7	13:49:31.550	6:54.487				1:39.901	7	13:49:47.678	6:35.288	52.077			1:41.475
8	13:56:28.981	6:57.431				1:39.730	8	13:56:41.780	6:54.102	54.987			1:44.466
9	14:03:23.402	6:54.421				1:38.910	9	14:03:45.650	7:03.870	56.260			1:47.753
(203) Wiljan van Wikselaar							(537) Nigel Widmann						
1	13:05:25.468				2:04.408	1:22.017	1	13:04:45.669			1:15.782	2:04.664	1:11.465
2	13:11:22.333	5:56.865	41.175	1:30.839	2:12.596	1:32.255	2	13:09:57.481	5:11.812	36.469	1:14.006	2:05.233	1:16.104
3	13:17:54.552	6:32.219	44.237	1:37.306	2:37.129	1:33.547	3	13:15:25.617	5:28.136	38.165	1:18.725	2:08.003	1:23.243
4	13:24:33.330	6:38.778	46.223			1:37.906	4	13:20:59.358	5:33.741	40.623			1:24.686
5	13:31:16.796	6:43.466	47.141			1:39.411	5	13:29:59.993	9:00.635	44.722			4:45.827
6	13:38:14.625	6:57.829	51.136			1:42.672	6	13:35:30.368	5:30.375	43.154			1:23.661
7	13:48:46.745	10:32.120	54.957			5:05.482	7	13:41:23.515	5:53.147	47.152			1:26.436
8	13:55:57.193	7:10.448	56.014			1:49.344	8	13:47:23.333	5:59.818	51.715			1:26.949
9	14:03:26.694	7:29.501	1:00.437			1:45.327	9	14:03:47.061	16:23.728	49.738			11:47.168
(367) Nicky van Rheenen							(1225) Erwin Manders						
1	13:05:01.725			1:24.820	2:04.886	1:16.463	1	13:07:03.805			1:46.323	3:12.227	1:31.632
2	13:10:52.794	5:51.069	38.756	1:26.417	2:18.542	1:27.354	2	13:13:21.544	6:17.739	49.007	1:33.716	2:27.331	1:27.685
3	13:16:50.273	5:57.479	42.297	1:31.195	2:10.738	1:33.249	3	13:19:28.439	6:06.895	44.950			1:29.711
4	13:23:16.865	6:26.592	49.145			1:34.140	4	13:25:40.996	6:12.557	48.549			1:32.544
5	13:34:51.580	11:34.715	47.578			6:36.931	5	13:37:01.655	11:20.659	50.135			6:32.396
6	13:41:26.744	6:35.164	49.416			1:38.969	6	13:43:28.050	6:26.395	50.760			1:36.782
7	13:48:26.011	6:59.267	55.187			1:45.016	7	13:50:01.262	6:33.212	54.583			1:36.423
8	13:55:46.958	7:20.947	56.016			1:51.166	8	13:56:51.094	6:49.832	57.264			1:38.379
9	14:03:26.910	7:39.952	1:00.242			1:52.550	9	14:03:51.969	7:00.875	58.002			1:48.281
(692) Kevin Kieft							(1185) Willem Coppes						
1	13:05:50.974			1:30.477	2:34.657	1:24.694	1	13:06:21.070			1:41.091	2:37.532	1:23.919
2	13:11:51.173	6:00.199	44.134	1:28.573	2:23.530	1:23.962	2	13:12:14.807	5:53.737	47.224	1:26.190	2:17.170	1:23.153
3	13:17:53.168	6:01.995	41.852	1:30.939	2:24.997	1:24.207	3	13:18:30.018	6:15.211	42.507	1:52.983	2:17.268	1:22.453
4	13:24:11.797	6:18.629	43.615			1:31.959	4	13:24:50.154	6:20.136	44.599			1:26.912
5	13:35:48.585	11:36.788	47.585			6:32.570	5	13:36:36.582	11:46.428	45.704			7:01.382



RBKO Den Haag

RBKO

Scheveningen 5,000 Km

Semifinal

29.11.2015 13:00

Race (50:00 and 1 Laps) started at 12:59:59

Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm	Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm
6	13:43:07.017	6:30.435	49.295			1:36.581	6	13:42:35.817	6:50.135	56.099			1:45.454
7	13:49:41.132	6:34.115	52.264			1:38.024	7	13:50:07.564	7:31.747	1:01.481			2:11.571
8	13:56:45.783	7:04.651	56.480			1:41.296	8	13:57:22.260	7:14.696	57.690			1:54.531
9	14:03:55.726	7:09.943	58.352			1:45.401	9	14:04:34.488	7:12.228	1:01.970			1:48.286
(175) Kevin Buijtenhuis							(886) Jos Setz						
1	13:05:30.271					1:25.954	1	13:05:31.566			1:31.923	2:14.136	1:22.809
2	13:11:14.556	5:44.285	44.195	1:38.046	1:49.680	1:32.364	2	13:11:21.738	5:50.172	42.517	1:26.462	2:13.843	1:27.350
3	13:17:26.005	6:11.449	42.902	1:39.541	2:15.926	1:33.080	3	13:17:31.619	6:09.881	46.239	1:31.465	2:20.942	1:31.235
4	13:24:00.576	6:34.571	47.746			1:41.467	4	13:24:06.592	6:34.973	45.973			1:50.025
5	13:34:50.293	10:49.717	47.901			5:49.345	5	13:30:40.716	6:34.124	50.903			1:35.908
6	13:41:35.553	6:45.260	52.202			1:43.928	6	13:41:48.456	11:07.740	50.995			6:15.178
7	13:48:48.421	7:12.868	56.219			1:49.256	7	13:49:00.526	7:12.070	57.494			1:48.817
8	13:56:16.325	7:27.904	58.743			1:53.311	8	13:56:30.724	7:30.198	1:00.657			1:50.591
9	14:03:56.839	7:40.514	1:00.219			1:57.016	9	14:04:38.150	8:07.426	1:04.447			2:02.202
(378) Bjorn de Cort							(526) Corne Roffel						
1	13:05:23.870			1:26.267	2:21.336	1:19.894	1	13:05:37.595			1:31.404	2:24.318	1:26.571
2	13:12:19.537	6:55.667	43.497	1:26.183	3:14.539	1:31.448	2	13:11:55.141	6:17.546	43.668	1:34.326	2:29.952	1:29.600
3	13:18:44.149	6:24.612	46.796	1:32.041	2:31.193	1:34.582	3	13:18:21.719	6:26.578	44.901	1:37.097	2:31.226	1:33.354
4	13:25:32.477	6:48.328	49.337			1:39.131	4	13:28:57.739	10:36.020	47.112			5:42.561
5	13:36:56.250	11:23.773	59.119			5:53.014	5	13:35:39.712	6:41.973	50.689			1:40.758
6	13:43:41.334	6:45.084	49.981			1:44.160	6	13:42:42.574	7:02.862	54.988			1:42.692
7	13:50:52.756	7:11.422	1:00.800			1:40.477	7	13:49:51.742	7:09.168	56.653			1:47.850
8	13:57:21.695	6:28.939	48.687			1:34.953	8	13:57:17.697	7:25.955	1:01.086			1:51.270
9	14:03:58.868	6:37.173	51.009			1:34.241	9	14:04:40.529	7:22.832	56.880			1:50.404
(28) Robert van Pelt							(582) Nicklas Brakke						
1	13:06:36.726			1:16.963	3:36.411	1:30.166	1	13:05:18.958			1:20.172	2:16.462	1:24.046
2	13:13:34.719	6:57.993	52.371	1:27.521	3:05.541	1:32.560	2	13:11:27.288	6:08.330	42.861	1:26.386	2:27.389	1:31.694
3	13:19:59.964	6:25.245	49.872			1:46.812	3	13:18:01.231	6:33.943	47.685	1:22.992	2:47.006	1:36.260
4	13:27:02.855	7:02.891	1:10.783			1:37.031	4	13:24:47.718	6:46.487	49.836			1:43.614
5	13:33:21.644	6:18.789	48.055			1:39.519	5	13:31:35.297	6:47.579	54.670			1:42.064
6	13:39:58.133	6:36.489	52.049			1:41.893	6	13:38:36.355	7:01.058	1:01.385			1:45.949
7	13:49:58.909	10:00.776	57.908			4:55.676	7	13:48:39.646	10:03.291	56.806			4:43.440
8	13:57:08.729	7:09.820	54.373			1:57.626	8	13:56:13.364	7:33.718	58.661			2:00.653
9	14:04:26.970	7:18.241	1:02.968			1:51.901	9	14:04:41.927	8:28.563	1:15.038			2:08.681
(232) Kris ter Steege							(815) Twan Segers						
1	13:05:28.847			1:20.350	2:28.716	1:22.281	1	13:06:35.649			1:47.530	2:41.680	1:38.092
2	13:13:12.641	6:14.838	44.240	1:22.167	2:38.409	1:30.022	2	13:13:36.208	7:00.559	55.274	1:28.146	2:53.187	1:43.952
3	13:18:17.562	6:33.877	48.295	1:24.707	2:45.959	1:34.916	3	13:20:02.085	6:25.877	51.242			1:35.810
4	13:24:50.666	6:33.104	47.769			1:38.754	4	13:26:42.481	6:40.396	52.324			1:41.602
5	13:31:32.477	6:41.811	54.715			1:41.780	5	13:33:25.303	6:42.822	53.839			1:42.455
6	13:42:40.418	11:07.941	54.894			5:59.516	6	13:40:18.399	6:53.096	54.661			1:42.580
7	13:49:38.591	6:58.173	58.022			1:46.685	7	13:49:38.851	9:20.452	55.959			4:07.845
8	13:56:50.966	7:12.375	1:01.164			1:51.760	8	13:57:14.936	7:36.085	1:23.712			1:46.117
9	14:04:28.756	7:37.790	1:02.925			1:59.832	9	14:04:43.737	7:28.801	1:01.585			1:54.051
(1197) Arjan van der Vleuten							(1165) Jan van Gerven						
1	13:06:35.751			1:48.995	2:42.563	1:30.747	1	13:06:16.568			1:35.569	2:29.403	1:43.550
2	13:13:12.641	6:36.890	52.850	1:35.809	2:39.253	1:28.978	2	13:12:41.257	6:24.689	50.992	1:26.126	2:32.757	1:34.814
3	13:19:26.384	6:13.743	46.801			1:30.329	3	13:19:13.904	6:32.647	49.517	1:30.581	2:34.767	1:37.782
4	13:25:50.328	6:23.944	50.530			1:35.392	4	13:25:54.382	6:40.478	52.587			1:40.951
5	13:37:08.519	11:18.191	51.196			6:19.044	5	13:32:39.785	6:45.403	53.256			1:41.401
6	13:43:43.195	6:34.676	51.228			1:39.791	6	13:43:10.425	10:30.640	56.059			5:19.731
7	13:50:42.500	6:59.305	1:16.445			1:33.530	7	13:50:11.534	7:01.109	58.508			1:45.229
8	13:57:35.155	6:52.655	55.161			1:37.387	8	13:57:24.098	7:12.564	59.145			1:44.317
9	14:04:29.351	6:54.196	58.071			1:42.646	9	14:04:52.521	7:28.423	1:01.080			1:52.726
(463) Alwin Muus							(964) Danny Lohr						
1	13:05:00.262			1:23.701	2:00.435	1:16.709	1	13:05:46.855			1:53.202	1:46.018	1:28.197
2	13:10:38.178	5:37.916	37.843	1:23.663	2:11.382	1:25.028	2	13:11:44.357	5:57.502	46.158	1:25.109	2:22.506	1:23.729
3	13:16:40.760	6:02.582	45.296	1:27.413	2:18.226	1:31.647	3	13:17:55.247	6:10.890	47.563	1:27.626	2:28.402	1:27.299
4	13:28:22.626	11:41.866	46.093			6:49.510	4	13:23:58.867	6:03.620	46.338			1:25.615
5	13:35:45.682	7:23.056	49.498			1:47.594	5	13:37:00.983	13:02.116	47.830			7:45.534



RBKO Den Haag

RBKO

Scheveningen 5,000 Km

Semifinal

29.11.2015 13:00

Race (50:00 and 1 Laps) started at 12:59:59

Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm	Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm
6	13:43:46.293	6:45.310	54.928			1:41.990	6	13:45:02.243	6:22.030	49.716			1:36.112
7	13:50:28.645	6:42.352	55.935			1:38.369	7	13:51:40.388	6:38.145	53.305			1:40.110
8	13:57:27.085	6:58.440	58.534			1:41.424	8	13:58:23.102	6:42.714	53.470			1:39.948
9	14:04:53.733	7:26.648	1:03.113			1:43.115	9	14:05:14.731	6:51.629	56.356			1:42.785
(576) Peter Fokkinga							(1159) Maurice vd Broek						
1	13:05:31.165			1:23.018	2:20.799	1:26.378	1	13:05:51.394			1:36.095	2:24.860	1:23.705
2	13:11:42.045	6:10.880	43.693	1:23.870	2:32.366	1:30.951	2	13:12:30.935	6:39.541	40.628	1:54.534	2:22.036	1:42.343
3	13:17:56.879	6:14.834	47.019	1:24.921	2:32.547	1:30.347	3	13:18:45.922	6:14.987	44.052	1:25.389	2:16.920	1:48.626
4	13:24:31.008	6:34.129	48.893			1:36.820	4	13:25:20.945	6:35.023	48.598			1:36.437
5	13:31:20.756	6:49.748	51.869			1:43.925	5	13:36:45.246	11:24.301	1:14.237			5:50.439
6	13:42:40.215	11:19.459	54.103			5:55.596	6	13:43:26.997	6:41.751	50.136			1:37.857
7	13:49:51.999	7:11.784	58.900			1:50.135	7	13:50:33.027	7:06.030	54.991			1:44.294
8	13:57:24.776	7:32.777	1:00.525			1:53.675	8	13:57:48.612	7:15.585	58.984			1:46.544
9	14:04:53.917	7:29.141	1:01.582			1:46.885	9	14:05:15.824	7:27.212	59.519			1:48.389
(1174) Rick ter Mors							(239) Kimberley Braam						
1	13:05:23.963			1:35.606	2:10.524	1:22.144	1	13:05:27.186			1:37.231	2:04.320	1:30.436
2	13:12:51.768	7:27.805	41.385	1:34.714	3:45.989	1:25.717	2	13:11:14.942	5:47.756	44.924	1:38.872	1:53.033	1:30.927
3	13:19:09.930	6:18.162	44.326	1:34.829	2:30.779	1:28.228	3	13:17:52.391	6:37.449	46.500	1:44.144	2:32.488	1:34.317
4	13:25:48.119	6:38.189	46.254			1:31.009	4	13:24:27.838	6:35.447	47.711			1:36.436
5	13:37:07.536	11:19.417	1:04.117			5:54.404	5	13:31:18.992	6:51.154	49.033			1:40.571
6	13:43:54.052	6:46.516	55.346			1:36.287	6	13:38:04.590	6:45.598	51.660			1:40.009
7	13:50:41.596	6:47.544	54.291			1:38.975	7	13:49:27.814	11:23.224	54.750			6:04.074
8	13:57:51.554	7:09.958	1:00.394			1:43.804	8	13:57:08.091	7:40.277	1:01.396			1:51.432
9	14:05:10.334	7:18.780	1:00.099			1:50.146	9	14:05:16.181	8:08.090	1:02.889			1:57.369
(1024) Hans Pol							(499) Jos van Dal						
1	13:05:36.207			1:37.487	2:04.418	1:24.689	1	13:05:22.465			1:29.086	2:11.380	1:23.109
2	13:11:27.424	5:51.217	41.915	1:25.557	2:16.670	1:27.075	2	13:11:23.035	6:00.570	43.294	1:31.270	2:17.511	1:28.495
3	13:17:37.820	6:10.396	45.597	1:29.053	2:21.259	1:34.487	3	13:22:17.037	10:54.002	45.927	1:32.406	2:32.066	6:03.603
4	13:24:08.802	6:30.982	48.959			1:37.872	4	13:28:50.300	6:33.263	50.090			1:35.743
5	13:35:53.744	11:44.942	51.492			6:38.726	5	13:35:28.820	6:38.520	48.354			1:41.995
6	13:42:47.338	6:53.594	52.036			1:45.524	6	13:42:41.039	7:12.219	54.214			1:48.712
7	13:50:02.993	7:15.655	58.297			1:53.100	7	13:49:59.938	7:18.899	58.014			1:49.187
8	13:57:35.849	7:32.856	1:01.269			1:52.289	8	13:57:31.101	7:31.163	1:03.886			1:56.361
9	14:05:12.064	7:36.215	1:03.242			1:55.316	9	14:05:17.857	7:46.756	1:02.713			2:00.444
(1011) Mika Eikens							(577) Nicky van Wordragen						
1	13:05:35.044			1:35.364	2:09.741	1:21.695	1	13:05:25.069			1:33.095	2:08.786	1:27.219
2	13:11:39.735	6:04.691	40.716	1:28.784	2:34.577	1:20.614	2	13:11:34.409	6:09.340	42.435	1:35.595	2:20.735	1:30.575
3	13:17:40.860	6:01.125	43.175	1:36.324	2:12.281	1:29.345	3	13:17:50.618	6:16.209	43.317	1:36.766	2:24.781	1:31.345
4	13:23:52.685	6:11.825	43.881			1:31.613	4	13:24:20.249	6:29.631	45.015			1:40.340
5	13:30:18.629	6:25.944	46.887			1:33.163	5	13:35:27.895	11:07.646	48.579			6:02.006
6	13:43:39.390	13:20.761	50.474			7:39.023	6	13:42:27.708	6:59.813	54.540			1:44.269
7	13:50:30.023	6:50.633	57.032			1:40.548	7	13:49:35.564	7:07.856	56.693			1:44.779
8	13:57:45.307	7:15.284	1:00.219			1:46.421	8	13:56:59.954	7:24.390	1:01.326			1:50.875
9	14:05:12.566	7:27.259	1:00.309			1:51.548	9	14:05:19.106	8:19.152	1:25.294			1:54.612
(265) Jeremy Dalhuisen							(1050) Jeffrey Ganseman						
1	13:05:56.251			1:19.906	2:43.089	1:33.972	1	13:06:21.201			1:47.319	2:32.260	1:29.384
2	13:11:58.266	6:02.015	43.237	1:22.343	2:26.962	1:29.473	2	13:12:34.207	6:13.006	51.816	1:29.399	2:22.310	1:29.481
3	13:19:18.447	7:20.181	43.708	2:24.424	2:32.074	1:39.975	3	13:19:08.307	6:34.100	44.991	1:32.637	2:35.719	1:40.753
4	13:30:15.823	10:57.376	49.416			6:04.895	4	13:30:55.143	11:46.836	1:06.707			6:31.178
5	13:36:49.900	6:34.077	52.637			1:41.096	5	13:37:30.365	6:35.222	49.684			1:38.966
6	13:43:52.315	7:02.415	53.850			1:52.097	6	13:44:12.329	6:41.964	55.137			1:41.588
7	13:50:50.296	6:57.981	58.665			1:47.935	7	13:50:55.754	6:43.425	53.473			1:43.453
8	13:57:51.873	7:01.577	1:00.007			1:46.518	8	13:57:55.559	6:59.805	55.001			1:43.796
9	14:05:13.905	7:22.032	56.078			1:50.057	9	14:05:22.387	7:26.828	54.362			1:55.402
(969) Ivan Schepers							(1285) Leon van der Straaten						
1	13:05:55.083			1:36.553	2:30.304	1:24.215	1	13:06:19.544			1:51.181	2:23.490	1:25.063
2	13:11:19.632	5:24.549	43.519	1:27.286	1:48.141	1:25.603	2	13:13:08.472	6:48.928	49.560	1:29.516	3:12.040	1:17.812
3	13:17:19.057	5:59.425	44.395	1:29.803	2:16.323	1:28.904	3	13:19:05.332	5:56.860	45.534			1:27.588
4	13:23:31.908	6:12.851	46.195			1:31.067	4	13:30:56.503	11:51.171	46.647			7:14.208
5	13:38:40.213	15:08.305	47.667			10:27.077	5	13:37:11.851	6:15.348	49.980			1:37.139



RBKO Den Haag

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29.11.2015 13:00

Race (50:00 and 1 Laps) started at 12:59:59

Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm	Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm
6	13:43:31.240	6:19.389	51.242			1:35.224	6	13:44:07.254	7:07.970	54.429			1:44.233
7	13:50:10.174	6:38.934	57.866			1:43.668	7	13:50:58.351	6:51.097	53.222			1:36.201
8	13:57:47.656	7:37.482	1:02.687			2:16.276	8	13:58:12.398	7:14.047	53.368			1:48.452
9	14:05:22.953	7:35.297	1:05.576			1:56.784	9	14:05:37.317	7:24.919	56.861			1:49.016
(459) Jordy Kouvelt							(207) Alwin Takman						
1	13:05:23.570			1:36.101	2:02.253	1:19.103	1	13:06:24.219			1:24.160	3:04.101	1:40.788
2	13:11:26.404	6:02.834	40.393	1:28.683	2:26.964	1:26.794	2	13:12:56.945	6:32.726	48.358	1:30.785	2:39.434	1:34.149
3	13:17:24.185	5:57.781	45.247	1:28.455	2:17.958	1:26.121	3	13:19:14.583	6:17.638	46.118	1:29.344	2:31.832	1:30.344
4	13:29:40.575	12:16.390	46.719			6:39.203	4	13:25:30.262	6:15.679	45.449			1:32.110
5	13:36:33.202	6:52.627	51.696			1:44.084	5	13:36:34.329	11:04.067	49.796			6:03.851
6	13:43:33.419	7:00.217	54.298			1:43.879	6	13:43:43.650	7:09.321	53.686			1:42.061
7	13:50:37.610	7:04.191	57.385			1:46.931	7	13:50:40.681	6:57.031	1:00.052			1:41.105
8	13:57:47.801	7:10.191	57.666			1:47.340	8	13:57:53.636	7:12.955	1:00.130			1:47.845
9	14:05:24.100	7:36.299	1:03.000			1:49.157	9	14:05:38.159	7:44.523	1:00.758			1:48.369
(663) Jef Janssens							(748) Joey van der Beek						
1	13:05:56.401			1:37.021	2:23.722	1:32.417	1	13:05:43.885			1:50.638	1:36.902	1:27.683
2	13:12:31.530	6:35.129	48.922	1:36.359	2:39.239	1:30.609	2	13:11:37.938	5:54.053	42.489	1:31.330	2:08.658	1:31.576
3	13:18:54.604	6:23.074	48.036	1:31.578	2:31.898	1:31.562	3	13:18:05.881	6:27.943	43.888	1:35.520	2:36.221	1:32.314
4	13:25:24.942	6:30.338	47.070			1:33.272	4	13:29:54.643	11:48.762	48.889			6:46.909
5	13:35:46.964	10:22.022	52.082			5:05.705	5	13:36:31.677	6:37.034	51.122			1:35.778
6	13:43:13.289	7:26.325	51.745			1:40.738	6	13:43:31.463	6:59.786	53.519			1:44.930
7	13:50:14.214	7:00.925	57.976			1:43.552	7	13:50:45.227	7:13.764	55.999			1:44.255
8	13:57:36.892	7:22.678	1:00.013			1:49.513	8	13:58:11.903	7:26.676	54.977			1:46.545
9	14:05:26.409	7:49.517	1:03.380			1:54.515	9	14:05:42.288	7:30.385	57.708			1:45.895
(427) Melvin Meppelink							(597) Ruurd van Roozendaal						
1	13:06:26.379			1:47.260	2:36.582	1:34.052	1	13:05:12.338			1:23.691	2:11.191	1:19.535
2	13:12:43.457	6:17.078	49.361	1:32.226	2:28.634	1:26.857	2	13:11:06.220	5:53.882	39.597	1:24.678	2:14.741	1:34.866
3	13:18:54.126	6:10.669	46.566	1:28.838	2:22.859	1:32.406	3	13:17:23.090	6:16.870	46.413	1:23.833	2:32.980	1:33.644
4	13:25:26.125	6:31.999	46.592			1:34.005	4	13:23:36.349	6:13.259	47.867			1:33.657
5	13:36:49.058	11:22.933	52.083			6:14.400	5	13:37:00.244	13:23.895	51.377			8:31.730
6	13:43:37.505	6:48.447	52.394			1:38.285	6	13:44:12.605	7:12.361	59.170			1:43.636
7	13:50:40.326	7:02.821	56.030			1:46.867	7	13:51:10.917	6:58.312	56.205			1:42.659
8	13:58:01.622	7:21.296	59.344			1:48.564	8	13:58:25.715	7:14.798	57.427			1:48.011
9	14:05:32.887	7:31.265	1:00.562			1:53.526	9	14:05:43.701	7:17.986	54.298			1:51.578
(55) Hans-Jos Liefhebber							(310) Erik Vosman						
1	13:05:58.203			1:19.272	2:51.024	1:33.644	1	13:06:11.481			1:49.096	2:10.617	1:30.324
2	13:12:24.982	6:26.779	49.526	1:29.603	2:35.826	1:31.824	2	13:12:29.929	6:18.448	44.281	1:35.013	2:33.896	1:25.258
3	13:18:53.454	6:28.472	50.973	1:28.586	2:32.025	1:36.888	3	13:18:34.532	6:04.603	43.916	1:37.654	2:16.936	1:26.097
4	13:29:53.474	11:00.020	49.543			5:58.314	4	13:24:45.946	6:11.414	44.573			1:30.491
5	13:36:35.144	6:41.670	51.181			1:41.835	5	13:37:28.000	12:42.054	47.430			7:54.499
6	13:43:41.238	7:06.094	56.727			1:44.667	6	13:44:05.985	6:37.985	51.788			1:40.175
7	13:50:59.603	7:18.365	1:01.155			1:49.652	7	13:51:10.694	7:04.709	56.305			1:43.666
8	13:58:19.408	7:19.805	1:02.058			1:50.728	8	13:58:22.640	7:11.946	55.203			1:41.419
9	14:05:33.539	7:14.131	58.828			1:48.695	9	14:05:44.503	7:21.863	56.642			1:44.485
(21) Kay Hulshof							(923) Thijs Bulten						
1	13:05:33.100			1:29.917	2:22.286	1:22.787	1	13:06:27.578			1:30.471	3:03.303	1:30.210
2	13:12:22.982	6:49.882	42.398	1:26.456	3:07.596	1:33.432	2	13:12:38.352	6:10.774	46.444	1:31.139	2:21.198	1:31.993
3	13:18:38.377	6:15.395	49.150	1:29.169	2:23.802	1:33.274	3	13:18:47.015	6:08.663	45.098	1:24.907	2:27.502	1:31.156
4	13:29:37.920	10:59.543	47.795			6:00.576	4	13:25:18.462	6:31.447	49.016			1:38.799
5	13:35:50.108	6:12.188	48.227			1:34.305	5	13:36:31.036	11:12.574	56.506			5:51.330
6	13:42:37.390	6:47.282	53.510			1:41.060	6	13:43:13.704	6:42.668	51.692			1:40.590
7	13:49:48.532	7:11.142	55.944			1:43.199	7	13:50:20.298	7:06.594	57.999			1:47.621
8	13:57:27.454	7:38.922	1:02.931			1:48.522	8	13:58:07.618	7:47.320	1:22.181			1:49.256
9	14:05:36.810	8:09.356	1:03.607			1:53.599	9	14:05:48.380	7:40.762	56.902			2:00.114
(467) Hendri Klein Kromhof							(1279) Chris van Hoorst						
1	13:05:27.846			1:34.505	2:09.304	1:20.419	1	13:05:24.860			1:44.405	1:43.217	1:26.388
2	13:11:11.768	5:43.922	41.398	1:31.669	2:04.545	1:26.310	2	13:11:05.404	5:40.544	42.922	1:34.278	1:54.181	1:29.163
3	13:23:25.099	12:13.331	43.573	2:31.747	2:53.569	6:04.442	3	13:17:19.341	6:13.937	46.908	1:35.269	2:17.241	1:34.519
4	13:30:04.156	6:39.057	47.792			1:37.267	4	13:24:26.793	7:07.452	49.201			1:33.528
5	13:36:59.284	6:55.128	48.872			1:41.887	5	13:34:55.998	10:29.205	52.762			5:17.324



RBKO Den Haag

RBKO

Scheveningen 5,000 Km

Semifinal

29.11.2015 13:00

Race (50:00 and 1 Laps) started at 12:59:59

Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm	Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm
6	13:42:10.991	7:14.993	53.565			1:41.620	6	13:44:06.725	11:07.123	59.768			5:39.452
7	13:49:58.457	7:47.466	1:04.031			1:44.384	7	13:51:15.792	7:09.067	57.584			1:49.775
8	13:57:45.300	7:46.843	1:02.749			1:51.888	8	13:58:52.574	7:36.782	1:01.968			1:54.302
9	14:05:55.291	8:09.991	1:05.385			2:06.785	9	14:06:28.148	7:35.574	58.444			1:57.735
(606) William Thijssen							(226) Kevin van der Ven						
1	13:06:28.709			1:50.977	2:44.739	1:29.444	1	13:05:20.108			1:20.527	2:22.340	1:23.452
2	13:13:01.628	6:32.919	1:13.023	1:28.670	2:23.438	1:27.788	2	13:11:34.798	6:14.690	43.630	1:23.313	2:37.622	1:30.125
3	13:19:38.774	6:37.146	45.441			1:33.715	3	13:18:03.290	6:28.492	49.263	1:28.294	2:34.779	1:36.156
4	13:31:02.323	11:23.549	47.474			6:36.107	4	13:24:53.065	6:49.775	49.456			1:43.517
5	13:37:33.099	6:30.776	49.798			1:37.882	5	13:36:59.309	12:06.244	50.431			7:01.361
6	13:44:14.901	6:41.802	51.935			1:40.991	6	13:43:55.401	6:56.092	50.109			1:44.184
7	13:51:05.366	6:50.465	57.557			1:42.504	7	13:51:02.156	7:06.755	57.625			1:45.129
8	13:58:02.895	6:57.529	57.567			1:45.977	8	13:58:50.634	7:48.478	55.952			1:52.866
9	14:05:55.527	7:52.632	1:05.417			1:53.507	9	14:06:32.937	7:42.303	58.567			1:50.761
(446) Henk Pater							(406) Ivar van den Broek						
1	13:05:36.975					1:33.700	1	13:05:57.736			1:40.152	2:23.318	1:32.192
2	13:11:49.724	6:12.749	44.432	1:44.317	2:10.886	1:33.114	2	13:12:26.374	6:28.638	50.694	1:31.997	2:31.398	1:34.549
3	13:18:16.343	6:26.619	45.662	1:47.138	2:19.471	1:34.348	3	13:18:58.212	6:31.838	50.082	1:37.721	2:28.897	1:35.138
4	13:24:45.196	6:28.853	45.544			1:35.551	4	13:25:40.219	6:42.007	48.989			1:47.063
5	13:36:29.494	11:44.298	51.188			6:34.215	5	13:32:33.189	6:52.970	51.902			1:44.756
6	13:43:30.446	7:00.952	52.888			1:43.985	6	13:43:54.576	11:21.387	54.477			6:09.878
7	13:50:48.954	7:18.508	55.891			1:50.417	7	13:51:08.683	7:14.107	1:02.022			1:52.083
8	13:58:31.674	7:42.720	59.227			1:54.319	8	13:58:51.756	7:43.073	1:04.177			1:58.737
9	14:05:59.005	7:27.331	54.980			1:49.756	9	14:06:39.157	7:47.401	1:04.024			2:04.461
(278) Frank Roeles							(611) Ruben Ellens						
1	13:05:19.137			1:17.442	2:22.888	1:24.720	1	13:05:52.130			1:41.315	2:12.543	1:32.856
2	13:11:41.925	6:22.788	44.651	1:25.855	2:39.329	1:32.953	2	13:12:16.921	6:24.791	46.086	1:34.475	2:29.030	1:35.200
3	13:18:24.704	6:42.779	52.365	1:30.589	2:38.228	1:41.597	3	13:18:41.542	6:24.621	46.711	1:34.370	2:26.776	1:36.764
4	13:25:10.571	6:45.867	52.788			1:44.830	4	13:25:17.762	6:36.220	50.164			1:41.875
5	13:35:54.656	10:44.085	55.636			5:29.741	5	13:36:40.189	11:22.427	56.353			6:07.528
6	13:43:12.095	7:17.439	59.124			1:55.373	6	13:43:49.375	7:09.186	56.115			1:48.695
7	13:50:36.811	7:24.716	1:02.862			1:50.225	7	13:51:17.558	7:28.183	1:01.155			1:52.548
8	13:58:07.531	7:30.720	1:03.388			1:58.385	8	13:58:55.568	7:38.010	1:04.553			1:54.716
9	14:06:13.596	8:06.065	1:07.733			2:14.687	9	14:06:39.524	7:43.956	1:02.276			1:58.798
(920) Jaap van de Rijt							(433) Ton Adriaans						
1	13:05:30.417			1:44.108	1:50.868	1:25.151	1	13:07:07.699			1:23.785	3:58.591	1:31.205
2	13:11:16.230	5:45.813	44.552	1:29.843	1:56.547	1:34.871	2	13:13:22.136	6:14.437	48.729	1:27.903	2:29.925	1:27.880
3	13:18:06.679	6:50.449	47.730	1:31.893	2:53.921	1:36.905	3	13:19:39.835	6:17.699	44.355			1:32.988
4	13:28:27.613	10:20.934	49.441			5:22.386	4	13:26:19.911	6:40.076	47.247			1:45.754
5	13:35:27.596	6:59.983	1:03.028			1:46.114	5	13:32:58.144	6:38.233	51.535			1:41.515
6	13:42:38.308	7:10.712	56.942			1:50.899	6	13:44:06.384	11:08.240	53.158			6:04.716
7	13:50:24.472	7:46.164	1:03.861			1:57.042	7	13:50:57.640	6:51.256	57.832			1:47.356
8	13:58:16.642	7:52.170	1:04.472			2:01.849	8	13:58:37.062	7:39.422	1:01.473			1:56.792
9	14:06:22.035	8:05.393	1:06.403			2:02.613	9	14:06:39.614	8:02.552	1:05.810			2:04.361
(750) Jacco Jongkind							(342) Bryan Mink						
1	13:05:41.628			1:36.454	2:13.839	1:24.460	1	13:05:54.127			1:43.663	2:15.772	1:30.274
2	13:11:47.552	6:05.924	42.695	1:29.333	2:25.864	1:28.032	2	13:12:22.455	6:28.328	45.466	1:30.983	2:35.700	1:36.179
3	13:17:58.103	6:10.551	44.469	1:32.247	2:22.927	1:30.908	3	13:18:55.977	6:33.522	46.563	1:31.404	2:37.179	1:38.376
4	13:24:30.103	6:32.000	46.113			1:38.005	4	13:25:43.118	6:47.141	51.245			1:40.287
5	13:37:00.928	12:30.825	50.915			7:28.234	5	13:37:00.351	11:17.233	53.803			6:09.326
6	13:43:44.710	6:43.782	55.508			1:39.527	6	13:44:12.802	7:12.451	58.092			1:48.691
7	13:50:44.044	6:59.334	54.448			1:44.711	7	13:51:30.945	7:18.143	58.861			1:42.781
8	13:58:20.701	7:36.657	59.489			1:46.248	8	13:59:08.078	7:37.133	1:01.557			1:57.044
9	14:06:22.442	8:01.741	1:00.724			2:26.273	9	14:06:43.795	7:35.717	1:03.929			1:52.244
(393) Jakko Mastenbroek							(160) Tom de Vlieger						
1	13:06:09.112			1:41.128	2:29.066	1:35.167	1	13:05:26.696			1:30.881	2:15.676	1:23.919
2	13:12:27.466	6:18.354	46.284	1:32.689	2:28.050	1:31.331	2	13:11:37.386	6:10.690	42.992	1:35.938	2:18.969	1:32.791
3	13:19:16.383	6:48.917	47.665	1:52.675	2:30.512	1:38.065	3	13:17:59.728	6:22.342	44.036	1:36.524	2:25.263	1:36.519
4	13:25:58.754	6:42.371	53.342			1:41.385	4	13:24:38.721	6:38.993	48.375			1:41.997
5	13:32:59.602	7:00.848	51.754			1:44.601	5	13:36:17.871	11:39.150	54.380			6:19.642

Official Timing mwraceconsulting.com

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RBKO Den Haag

RBKO

Scheveningen 5,000 Km

Semifinal

29.11.2015 13:00

Race (50:00 and 1 Laps) started at 12:59:59

Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm	Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm
6	13:43:21.381	7:03.510	53.978			1:49.636	8	13:59:14.467	10:18.110	57.216			5:09.559
7	13:50:42.628	7:21.247	1:00.331			1:55.069							
8	13:58:53.687	8:11.059	1:04.280			2:25.327	(575) Lars Rietman						
9	14:06:54.554	8:00.867	1:04.233			1:59.016	1	13:05:27.756			1:21.641	2:31.833	1:19.510
(1497) Johnny van den Elzen							2	13:10:34.323	5:06.567	40.560	1:24.916	1:31.501	1:29.590
1	13:06:12.114			1:51.792	2:05.933	1:32.386	3	13:21:51.167	11:16.844	45.563	1:27.633	2:24.325	6:39.323
2	13:12:33.950	6:21.836	45.728	1:31.416	2:34.755	1:29.937	4	13:28:14.480	6:23.313	47.022			1:36.875
3	13:19:00.109	6:26.159	47.720	1:30.593	2:35.999	1:31.847	5	13:34:12.591	5:58.111	49.455			1:43.204
4	13:30:29.435	11:29.326	48.428			6:27.570	6	13:41:37.582	7:24.991	53.991			2:12.574
5	13:37:07.406	6:37.971	51.796			1:39.219	7	13:49:09.869	7:32.287	1:00.406			1:55.864
6	13:44:01.299	6:53.893	53.927			1:46.244	8	13:59:16.148	10:06.279	59.821			4:37.215
7	13:51:00.842	6:59.543	57.122			1:43.320	(797) Matthieu Verheijen						
8	13:58:23.972	7:23.130	55.533			1:53.072	1	13:06:27.927			1:43.264	2:38.044	1:35.526
9	14:06:59.093	8:35.121	1:00.651			2:29.366	2	13:13:04.357	6:36.430	50.237	1:38.831	2:34.241	1:33.121
(168) Roy Leenheer							3	13:19:37.198	6:32.841	50.627			1:34.607
1	13:06:11.182			1:35.451	2:14.559	1:59.466	4	13:26:25.114	6:47.916	51.756			1:38.831
2	13:12:45.464	6:34.282	46.889	1:33.182	2:37.334	1:36.877	5	13:37:05.153	10:40.039	53.908			5:29.671
3	13:19:15.617	6:30.153	47.656	1:34.971	2:31.518	1:36.008	6	13:44:04.007	6:58.854	53.247			1:47.037
4	13:26:00.477	6:44.860	51.043			1:39.547	7	13:51:21.739	7:17.732	59.690			1:48.761
5	13:33:02.753	7:02.276	53.091			1:40.837	8	13:59:17.012	7:55.273	1:02.076			1:55.992
6	13:44:14.205	11:11.452	55.575			5:45.042	(402) Robby van Hoom						
7	13:51:29.346	7:15.141	59.355			1:47.177	1	13:06:54.860			1:52.470	2:57.472	1:28.829
8	13:59:09.617	7:40.271	1:02.631			1:53.782	2	13:13:31.753	6:36.893	51.702	1:35.642	2:35.446	1:34.103
9	14:07:07.660	7:58.043	1:03.171			2:00.381	3	13:19:51.671	6:19.918	47.396			1:31.924
(924) Thimo Vogelsangs							4	13:31:27.692	11:36.021	51.464			6:41.811
1	13:05:54.643			1:32.895	2:19.115	1:34.127	5	13:38:07.013	6:39.321	50.274			1:37.664
2	13:12:39.909	6:45.266	48.534	1:31.272	2:47.311	1:38.149	6	13:44:55.256	6:48.243	53.539			1:38.127
3	13:22:48.067	10:08.158	52.318	1:33.748	2:46.245	4:55.847	7	13:51:58.836	7:03.580	57.568			1:43.473
4	13:29:31.094	6:43.027	51.994			1:42.268	8	13:59:17.976	7:19.140	1:01.188			1:46.283
5	13:36:22.794	6:51.700	54.699			1:45.625	(1232) Nollie kluijtmans						
6	13:43:28.711	7:05.917	56.156			1:47.068	1	13:06:08.524			1:52.165	2:03.063	1:36.149
7	13:50:41.048	7:12.337	58.553			1:52.205	2	13:12:54.727	6:46.203	45.372	1:48.824	2:35.768	1:36.239
8	13:58:45.568	8:04.520	1:06.594			1:58.254	3	13:24:03.128	11:08.401	50.364			5:38.786
9	14:07:21.349	8:35.781	1:13.045			2:08.600	4	13:30:39.403	6:36.275	49.156			1:35.688
(1064) Ruud van den Bergh							5	13:37:29.141	6:49.738	52.094			1:41.445
1	13:06:28.672			1:40.832	2:42.126	1:29.851	6	13:44:40.829	7:11.688	56.044			1:41.759
2	13:12:54.165	6:25.493	48.972	1:29.486	2:35.210	1:31.825	7	13:52:00.590	7:19.761	58.304			1:48.890
3	13:19:26.964	6:32.799	47.234	1:36.197	2:33.815	1:35.553	8	13:59:35.822	7:35.232	1:02.660			1:50.281
4	13:26:03.825	6:36.861	47.755			1:39.088	(657) Kris Diaz						
5	13:37:46.521	11:42.696	50.631			6:40.094	1	13:06:47.717				3:14.421	1:31.237
6	13:44:37.175	6:50.654	54.726			1:47.211	2	13:13:16.286	6:28.569	50.412	1:34.346	2:36.155	1:27.656
7	13:51:48.819	7:11.644	59.663			1:49.144	3	13:19:45.844	6:29.558	46.491			1:35.578
8	13:59:10.796	7:21.977	1:00.250			1:48.711	4	13:26:14.288	6:28.444	48.419			1:33.866
(1115) Rob Pas							5	13:37:34.644	11:20.356	50.820			6:11.794
1	13:06:42.921			1:37.765	2:52.081	1:41.527	6	13:44:31.267	6:56.623	57.005			1:43.254
2	13:13:18.621	6:35.700	48.345	1:33.696	2:40.186	1:33.473	7	13:52:03.409	7:32.142	57.584			2:06.378
3	13:19:45.555	6:26.934	44.534			1:36.962	8	13:59:37.864	7:34.455	1:03.015			1:57.888
4	13:26:11.354	6:25.799	47.578			1:37.173	(1055) Nick van Dompzelaar						
5	13:38:27.359	12:16.005	51.923			7:15.827	1	13:06:30.587			1:46.984	2:38.167	1:30.019
6	13:45:00.661	6:33.302	51.762			1:39.890	2	13:13:26.710	6:56.123	49.964	1:34.360	2:41.664	1:50.135
7	13:51:54.504	6:53.843	55.767			1:45.856	3	13:24:55.481	11:28.771	1:00.436			5:30.810
8	13:59:14.036	7:19.532	55.853			1:54.425	4	13:31:36.806	6:41.325	51.439			1:38.095
(355) Rory Bouman							5	13:38:29.483	6:52.677	53.491			1:41.609
1	13:05:12.175			1:19.673	2:15.135	1:21.981	6	13:45:23.256	6:53.773	51.936			1:41.443
2	13:12:22.811	7:10.636	36.541	1:17.795	3:34.543	1:41.757	7	13:52:30.852	7:07.596	58.401			1:43.343
3	13:23:04.240	10:41.429	44.526	1:22.991	2:31.988	6:01.924	8	13:59:47.234	7:16.382	59.296			1:46.964
4	13:29:12.374	6:08.134	48.037			1:30.406	(426) Marco de Blaey						
5	13:35:30.681	6:18.307	51.579			1:35.910	1	13:10:28.746			1:44.091	3:22.853	4:51.816
6	13:42:06.544	6:35.863	52.632			1:37.631	2	13:16:32.028	6:03.282	44.490	1:23.468	2:25.498	1:29.826
7	13:48:56.357	6:49.813	52.957			1:43.509	3	13:22:43.475	6:11.447	46.331			1:35.958



RBKO Den Haag

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Scheveningen 5,000 Km

Semifinal

29.11.2015 13:00

Race (50:00 and 1 Laps) started at 12:59:59

Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm	Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm
4	13:28:57.158	6:13.683	49.594			1:33.370	(598) Axel Makkink						
5	13:39:08.334	10:11.176	47.674			5:29.832	1	13:06:00.486			1:40.821	2:24.413	1:31.167
6	13:45:36.575	6:28.241	51.492			1:35.219	2	13:12:40.134	6:39.648	43.831	1:32.236	2:45.785	1:37.796
7	13:52:18.539	6:41.964	53.585			1:43.909	3	13:19:15.596	6:35.462	49.024	1:32.815	2:33.907	1:39.716
8	13:59:55.739	7:37.200	59.939			1:43.695	4	13:26:09.102	6:53.506	51.548			1:43.668
(1067) Christian Broersma							5	13:37:25.207	11:16.105	52.743			6:05.651
1	13:05:51.747			1:36.134	2:13.590	1:36.018	6	13:44:28.641	7:03.434	55.612			1:48.160
2	13:12:23.523	6:31.776	49.125	1:35.879	2:26.475	1:40.297	7	13:51:58.276	7:29.635	59.352			1:54.217
3	13:19:06.050	6:42.527	53.103	1:37.732	2:27.693	1:43.999	8	14:00:18.063	8:19.787	1:15.575			2:01.677
4	13:26:16.955	7:10.905	51.813			1:48.982	(971) Bart Pijpers						
5	13:37:05.212	10:48.257	52.527			5:27.730	1	13:06:17.218			1:38.007	2:44.470	1:26.569
6	13:44:32.701	7:27.489	59.323			1:51.408	2	13:12:29.995	6:12.777	48.012	1:29.210	2:28.396	1:27.159
7	13:52:06.837	7:34.136	1:03.525			1:50.173	3	13:18:57.359	6:27.364	46.993	1:35.960	2:30.353	1:34.058
8	13:59:57.502	7:50.665	1:03.631			1:58.177	4	13:25:41.718	6:44.359	48.765			1:37.426
(1321) Peter Vermeulen							5	13:39:33.368	13:51.650	53.549			8:39.820
1	13:06:52.759			1:59.333	2:51.743	1:34.477	6	13:46:28.385	6:55.017	52.339			1:36.759
2	13:13:44.945	6:52.186	48.274	1:58.522	2:34.260	1:31.130	7	13:53:15.342	6:46.957	55.543			1:42.077
3	13:20:08.742	6:23.797	48.858			1:30.852	8	14:00:19.436	7:04.094	56.872			1:49.093
4	13:31:40.832	11:32.090	49.132			6:35.718	(345) Sjeng Verbeek						
5	13:38:26.287	6:45.455	52.437			1:39.084	1	13:06:18.496			1:30.356	2:46.446	1:46.820
6	13:45:24.915	6:58.628	54.423			1:42.149	2	13:12:43.497	6:25.001	46.801	1:41.484	2:21.250	1:35.466
7	13:52:46.904	7:21.989	1:00.527			1:46.526	3	13:19:19.422	6:35.925	46.671	1:36.250	2:33.596	1:39.408
8	13:59:58.660	7:11.756	58.812			1:47.981	4	13:26:02.826	6:43.404	50.505			1:41.248
(220) Bart van Dulmen							5	13:37:18.536	11:15.710	52.150			5:57.406
1	13:05:59.122			1:23.804	2:43.812	1:35.698	6	13:44:35.563	7:17.027	55.113			1:50.945
2	13:12:35.294	6:36.172	49.897	1:30.854	2:42.212	1:33.209	7	13:52:28.348	7:52.785	1:01.374			1:55.946
3	13:19:14.504	6:39.210	48.988	1:33.874	2:39.496	1:36.852	8	14:00:21.606	7:53.258	1:05.738			1:58.981
4	13:26:08.504	6:54.000	53.407			1:41.588	(488) Bastiaan Klee						
5	13:37:42.410	11:33.906	56.073			6:11.801	1	13:05:14.854			1:46.365	1:43.139	1:19.505
6	13:44:49.143	7:06.733	58.053			1:45.471	2	13:11:31.976	6:17.122	40.146	1:24.847	2:46.832	1:25.297
7	13:52:13.114	7:23.971	59.897			1:49.354	3	13:17:41.498	6:09.522	43.615	1:30.347	2:28.724	1:26.836
8	13:59:59.454	7:46.340	1:04.024			1:54.636	4	13:23:44.772	6:03.274	44.326			1:26.621
(1108) Barry Smal							5	13:39:31.850	15:47.078	48.408			9:54.962
1	13:05:53.579			1:49.476	1:58.762	1:36.021	6	13:46:19.628	6:47.778	51.613			1:39.775
2	13:12:41.046	6:47.467	48.389	1:46.596	2:31.901	1:40.581	7	13:53:14.311	6:54.683	53.451			1:41.740
3	13:19:33.281	6:52.235	50.046	1:46.662	2:31.526	1:44.001	8	14:00:27.414	7:13.103	54.862			1:44.436
4	13:30:22.779	10:49.498	49.419			5:38.868	(475) Ian Olthof						
5	13:37:27.725	7:04.946	58.178			1:46.904	1	13:08:02.344			1:25.624	4:49.731	1:28.347
6	13:44:45.338	7:17.613	56.926			1:48.589	2	13:14:25.714	6:23.370	48.847	1:24.144	2:35.742	1:34.637
7	13:52:22.167	7:36.829	58.453			1:46.338	3	13:20:40.423	6:14.709	47.311			1:31.068
8	14:00:03.547	7:41.380	59.569			1:50.482	4	13:31:58.575	11:18.152	47.564			6:06.615
(1204) Jeffrey van Vliet							5	13:38:34.893	6:36.318	51.563			1:44.390
1	13:06:46.543			1:48.188	2:39.276	1:32.183	6	13:45:41.791	7:06.898	54.541			1:43.386
2	13:14:24.083	7:37.540	52.538	1:37.989	3:01.335	2:05.678	7	13:52:52.218	7:10.427	57.586			1:47.614
3	13:21:02.453	6:38.370	51.517			1:36.816	8	14:00:29.800	7:37.582	59.755			2:00.273
4	13:27:54.635	6:52.182	49.400			1:37.157	(874) Sjoerd Eskes						
5	13:34:39.651	6:45.016	51.258			1:40.224	1	13:05:55.918			1:35.618	2:29.345	1:31.614
6	13:45:18.687	10:39.036	52.091			5:26.053	2	13:12:25.290	6:29.372	47.200	1:39.004	2:29.174	1:33.994
7	13:52:46.907	7:28.220	57.309			1:46.210	3	13:19:06.948	6:41.658	46.554	1:38.523	2:36.963	1:39.618
8	14:00:07.339	7:20.432	55.921			1:45.412	4	13:25:45.154	6:38.206	45.886			1:40.408
(1178) Floris Beekmans							5	13:38:09.653	12:24.499	52.307			7:13.502
1	13:07:15.030			1:52.330	3:08.182	1:33.326	6	13:45:15.647	7:05.994	53.642			1:47.956
2	13:13:51.216	6:36.186	47.600	1:41.740	2:32.433	1:34.413	7	13:52:55.844	7:40.197	1:14.878			1:46.651
3	13:20:23.260	6:32.044	49.527			1:35.870	8	14:00:31.648	7:35.804	1:00.130			1:52.260
4	13:27:03.905	6:40.645	49.086			1:39.898	(1379) Pascal Maas						
5	13:38:44.579	11:40.674	53.379			6:20.163	1	13:05:59.366			1:48.509	2:05.274	1:29.124
6	13:45:45.282	7:00.703	54.964			1:45.105	2	13:12:23.682	6:24.316	45.074	1:35.181	2:28.649	1:35.412
7	13:52:59.722	7:14.440	57.873			1:51.786	3	13:18:44.929	6:21.247	46.176	1:34.549	2:25.279	1:35.243
8	14:00:14.107	7:14.385	59.780			1:48.318	4	13:30:54.192	12:09.263	48.115			7:13.006
							5	13:37:49.438	6:55.246	52.143			1:47.234



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Race (50:00 and 1 Laps) started at 12:59:59

Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm	Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm
6	13:44:57.535	7:08.097	59.251			1:50.186	2	13:13:15.240	6:48.009	50.185	1:41.976	2:38.829	1:37.019
7	13:52:32.580	7:35.045	59.074			1:54.716	3	13:19:59.046	6:43.806	46.792			1:39.972
8	14:00:32.862	8:00.282	1:06.874			1:59.739	4	13:27:20.069	7:21.023	49.095			1:40.523
(985) Joost Ruiterkamp							5	13:38:18.474	10:58.405	51.410			5:45.022
1	13:05:55.795			1:28.899	2:28.363	1:33.831	6	13:45:27.545	7:09.071	55.918			1:46.958
2	13:13:01.649	7:05.854	46.588	1:28.309	3:15.026	1:35.931	7	13:52:40.694	7:13.149	56.026			1:49.716
3	13:19:43.433	6:41.784	54.879			1:38.072	8	14:00:48.260	8:07.566	59.128			2:00.519
4	13:31:22.682	11:39.249	49.479			6:33.981	(270) Jan-hans Dolfing						
5	13:38:14.921	6:52.239	52.796			1:46.934	1	13:05:48.837			1:31.331	2:31.494	1:31.078
6	13:45:23.749	7:08.828	58.349			1:47.443	2	13:12:24.601	6:35.764	46.987	1:40.357	2:34.208	1:34.212
7	13:52:42.387	7:18.638	58.433			1:50.752	3	13:19:26.323	7:01.722	50.752	1:41.464	2:49.734	1:39.772
8	14:00:34.612	7:52.225	1:01.554			1:59.049	4	13:30:59.441	11:33.118	50.974			6:19.149
(854) Ronald Nicola							5	13:38:03.259	7:03.818	51.161			1:45.779
1	13:06:15.429			1:56.550	2:18.433	1:32.494	6	13:45:32.504	7:29.245	58.097			1:47.535
2	13:13:26.944	7:11.515	52.137	1:29.131	3:13.768	1:36.479	7	13:53:01.489	7:28.985	59.898			1:51.535
3	13:20:02.214	6:35.270	48.110			1:34.543	8	14:00:51.298	7:49.809	1:00.595			1:56.723
4	13:31:04.483	11:02.269	52.558			5:52.058	(1209) Wesley Boere						
5	13:37:55.225	6:50.742	54.071			1:43.352	1	13:07:15.987			2:09.472	2:49.456	1:38.592
6	13:45:09.097	7:13.872	58.895			1:45.955	2	13:14:11.582	6:55.595	52.768	1:49.829	2:37.344	1:35.654
7	13:52:42.206	7:33.109	1:00.575			1:49.099	3	13:20:50.172	6:38.590	47.760			1:38.509
8	14:00:36.014	7:53.808	1:04.642			1:59.251	4	13:27:33.843	6:43.671	49.168			1:40.975
(483) Gerwin Kiewiet							5	13:38:31.524	10:57.681	51.838			5:47.109
1	13:05:45.157			1:34.654	2:19.470	1:31.487	6	13:46:09.854	7:38.330	55.002			2:20.095
2	13:11:51.447	6:06.290	47.745	1:34.352	2:16.382	1:27.811	7	13:53:30.535	7:20.681	1:02.573			1:45.236
3	13:18:27.495	6:36.048	46.098	1:38.939	2:38.894	1:32.117	8	14:00:53.797	7:23.262	59.333			1:49.990
4	13:25:48.079	7:20.584	51.973			1:45.332	(1374) Maurice Janssen						
5	13:37:29.525	11:41.446	57.216			6:00.562	1	13:05:58.092			1:50.019	1:53.032	1:42.518
6	13:44:59.888	7:30.363	58.223			1:50.373	2	13:12:51.900	6:53.808	48.068	1:43.263	2:47.338	1:35.139
7	13:52:44.038	7:44.150	1:02.792			1:48.053	3	13:19:38.066	6:46.166	48.791			1:37.644
8	14:00:38.908	7:54.870	1:05.086			1:51.188	4	13:26:44.996	7:06.930	52.108			1:47.262
(1245) Jop Koopmans							5	13:37:25.084	10:40.088	57.631			4:57.227
1	13:06:26.905			1:40.172	2:39.185	1:38.223	6	13:44:46.926	7:21.842	57.401			1:52.559
2	13:13:21.747	6:54.842	46.932	1:34.893	2:52.094	1:40.923	7	13:52:41.723	7:54.797	1:01.713			1:59.447
3	13:20:34.602	7:12.855	49.376			1:34.806	8	14:00:54.395	8:12.672	1:05.056			2:03.276
4	13:27:29.812	6:55.210	49.403			1:40.228	(1498) Tom Hemmelder						
5	13:37:49.973	10:20.161	55.022			4:55.314	1	13:06:10.445					1:34.775
6	13:45:18.297	7:28.324	58.277			1:46.917	2	13:12:30.480	6:20.035	50.387			1:32.240
7	13:52:54.185	7:35.888	59.118			1:51.056	3	13:19:13.761	6:43.281	50.880			1:37.366
8	14:00:39.975	7:45.790	1:01.211			1:45.768	4	13:25:57.760	6:43.999	51.270			1:39.588
(736) Damian Bergevoet							5	13:37:58.354	12:00.594	55.559			6:35.740
1	13:06:35.505			1:55.727	2:34.298	1:35.165	6	13:45:34.304	7:35.950	55.270			1:47.813
2	13:13:24.536	6:49.031	50.142	1:42.591	2:42.442	1:33.856	7	13:53:10.978	7:36.674	1:03.446			1:53.989
3	13:20:00.969	6:36.433	45.945			1:34.657	8	14:01:00.687	7:49.709	1:05.106			1:57.483
4	13:31:45.609	11:44.640	50.022			6:34.086	(247) Robert van der Horst						
5	13:38:38.547	6:52.938	55.020			1:39.564	1	13:06:11.170			1:40.541	2:30.647	1:39.701
6	13:45:46.776	7:08.229	54.778			1:41.275	2	13:13:07.694	6:56.524	51.201	1:43.752	2:49.373	1:32.198
7	13:53:11.458	7:24.682	1:27.142			1:43.041	3	13:19:49.252	6:41.558	49.047			1:35.382
8	14:00:41.593	7:30.135	54.635			2:09.472	4	13:31:00.514	11:11.262	48.677			6:02.629
(202) Derk Jan Kram							5	13:38:05.887	7:05.373	53.551			1:46.574
1	13:05:30.024			1:27.991	2:11.683	1:33.554	6	13:45:33.946	7:28.059	56.932			1:50.423
2	13:11:38.182	6:08.158	46.098	1:40.542	1:59.020	1:42.498	7	13:53:13.585	7:39.639	58.841			1:55.040
3	13:18:32.400	6:54.218	50.763	1:31.599	2:49.356	1:42.500	8	14:01:07.285	7:53.700	1:04.773			1:49.453
4	13:25:38.424	7:06.024	53.405			1:49.438	(922) Mark Helmhout						
5	13:37:07.505	11:29.081	55.912			6:03.909	1	13:05:55.508			1:50.745	1:58.070	1:33.957
6	13:44:27.001	7:19.496	59.341			1:47.937	2	13:12:22.055	6:26.547	47.336	1:28.672	2:28.769	1:41.770
7	13:52:06.971	7:39.970	59.605			1:58.061	3	13:19:30.946	7:08.891	48.354	1:35.871	2:43.633	2:01.033
8	14:00:43.661	8:36.690	1:11.355			2:00.873	4	13:26:41.179	7:10.233	55.677			1:49.865
(926) Tom van Laar							5	13:37:40.006	10:58.827	1:03.751			5:12.442
1	13:06:27.231			1:41.470	2:34.190	1:44.858	6	13:45:04.594	7:24.588	59.115			1:52.401
							7	13:53:03.393	7:58.799	1:04.709			2:03.077



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Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm	Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm
8	14:01:09.320	8:05.927	1:07.776			2:04.028	4	13:26:45.739	6:50.663	49.805			1:46.548
(1401) Yves Cools							5	13:38:42.405	11:56.666	53.219			6:47.112
1	13:06:18.747			1:53.195	1:55.719	1:44.674	6	13:45:44.538	7:02.133	56.284			1:45.879
2	13:13:08.829	6:50.082	53.162	1:39.381	2:41.176	1:36.363	7	13:53:21.279	7:36.741	1:02.217			1:59.133
3	13:19:48.024	6:39.195	48.473			1:35.837	8	14:01:22.446	8:01.167	1:08.019			2:03.352
4	13:26:28.098	6:40.074	48.826			1:37.266	(714) Michel Suijker						
5	13:33:22.888	6:54.790	50.334			1:43.743	1	13:06:22.877			1:32.649	2:47.575	1:37.730
6	13:46:12.666	12:49.778	54.033			1:43.743	2	13:13:01.068	6:38.191	53.116	1:28.942	2:47.547	1:28.586
7	13:53:34.022	7:21.356	57.846			1:52.774	3	13:19:38.344	6:37.276	50.387			1:34.489
8	14:01:10.436	7:36.414	1:01.725			1:53.989	4	13:26:23.369	6:45.025	52.329			1:41.870
(439) Rolf Booi							5	13:38:34.840	12:11.471	55.045			6:50.036
1	13:06:51.490			1:46.700	3:05.313	1:36.748	6	13:45:47.788	7:12.948	57.465			1:53.240
2	13:13:38.844	6:47.354	55.594	1:30.975	2:37.351	1:43.434	7	13:53:24.028	7:36.240	1:04.574			1:56.033
3	13:20:31.698	6:52.854	52.779			1:43.344	8	14:01:23.990	7:59.962	1:05.446			1:57.586
4	13:27:32.461	7:00.763	54.311			1:47.495	(728) Roy Janssen						
5	13:38:06.487	10:34.026	57.209			5:10.932	1	13:05:04.342			1:28.954	2:00.926	1:16.066
6	13:45:26.098	7:19.611	1:02.118			1:58.947	2	13:14:53.696	9:49.354	39.301	1:27.809	5:55.014	1:47.230
7	13:53:06.809	7:40.711	1:04.226			2:01.630	3	13:21:46.693	6:52.997	50.932			1:42.264
8	14:01:13.012	8:06.203	1:08.538				4	13:28:55.854	7:09.161	52.407			1:44.811
(894) Ricardo van der Star							5	13:39:13.746	10:17.892	52.732			5:09.410
1	13:06:17.640			1:43.375	2:23.764	1:37.337	6	13:46:32.379	7:18.633	55.173			1:44.658
2	13:12:51.522	6:33.882	48.378	1:37.663	2:36.024	1:31.817	7	13:53:57.827	7:25.448	57.901			1:52.932
3	13:19:27.268	6:35.746	46.827	1:37.869	2:35.056	1:35.994	8	14:01:24.559	7:26.732	57.285			1:54.289
4	13:31:36.493	12:09.225	50.874			6:59.202	(1277) Luc Raaijmakers						
5	13:38:39.255	7:02.762	54.472			1:45.188	1	13:07:09.712			1:54.767	3:00.404	1:35.409
6	13:45:58.650	7:19.395	56.305			1:48.664	2	13:14:08.444	6:58.732	52.920	1:45.492	2:44.582	1:35.738
7	13:53:30.092	7:31.442	58.180			1:50.448	3	13:20:56.031	6:47.587	52.250			1:37.335
8	14:01:16.013	7:45.921	1:04.040			1:56.367	4	13:32:28.354	11:32.323	52.229			6:19.727
(762) Jeffrey Poesiat							5	13:39:18.806	6:50.452	54.410			1:42.686
1	13:06:03.037			1:51.412	2:00.873	1:35.503	6	13:46:21.406	7:02.600	54.079			1:42.766
2	13:13:12.237	7:09.200	49.617	1:41.091	2:57.396	1:41.096	7	13:53:41.888	7:20.482	58.041			1:50.999
3	13:20:00.851	6:48.614	50.684			1:44.022	8	14:01:24.997	7:43.109	1:01.209			1:50.541
4	13:26:48.091	6:47.240	53.131			1:40.932	(805) Bas Nijhof						
5	13:39:11.732	12:23.641	49.567			7:22.538	1	13:06:37.169			1:49.470	2:45.147	1:33.225
6	13:46:14.293	7:02.561	55.499			1:45.687	2	13:13:05.603	6:28.434	49.433	1:28.419	2:33.407	1:37.175
7	13:53:35.924	7:21.631	1:01.676			1:45.960	3	13:19:35.193	6:29.590	47.599	1:28.144	2:34.188	1:39.659
8	14:01:19.358	7:43.434	1:09.045			1:48.663	4	13:30:34.607	10:59.414	50.185			6:00.600
(992) Matthijs Taconis							5	13:37:33.878	6:59.271	52.264			2:04.254
1	13:06:37.393			1:49.665	2:43.946	1:32.739	6	13:45:06.693	7:32.815	55.647			1:50.767
2	13:13:42.458	7:05.065	54.205	1:38.144	2:56.157	1:36.559	7	13:53:18.140	8:11.447	59.779			2:25.251
3	13:20:35.184	6:52.726	49.696			1:38.742	8	14:01:25.774	8:07.634	1:02.275			2:02.055
4	13:31:55.948	11:20.764	53.557			5:58.668	(673) Bart van Leeuwen						
5	13:39:01.456	7:05.508	53.114			1:47.660	1	13:06:25.312			1:44.893	2:40.611	1:30.392
6	13:46:06.947	7:05.491	57.429			1:44.987	2	13:13:23.125	6:57.813	54.510	1:32.905	2:52.754	1:37.644
7	13:53:38.476	7:31.529	58.808			1:54.237	3	13:20:01.327	6:38.202	50.539			1:37.937
8	14:01:20.387	7:41.911	1:02.767			1:55.821	4	13:27:15.041	7:13.714	51.525			1:45.857
(190) Erwin Jacobs							5	13:38:21.761	11:06.720	53.725			5:49.745
1	13:06:44.793			1:43.805	2:37.485	1:32.515	6	13:45:51.923	7:30.162	58.628			1:51.661
2	13:13:10.358	6:25.565	50.005	1:40.113	2:18.837	1:36.610	7	13:53:31.059	7:39.136	1:03.650			1:55.925
3	13:19:57.095	6:46.737	47.903			1:40.992	8	14:01:27.294	7:56.235	1:04.542			2:07.543
4	13:31:10.973	11:13.878	49.142			6:07.430	(391) Thijs Obelink						
5	13:38:26.049	7:15.076	52.910			1:47.228	1	13:06:25.831			1:23.293	3:19.269	1:29.391
6	13:45:55.316	7:29.267	59.287			1:51.999	2	13:13:11.822	6:45.991	46.301	1:34.404	2:52.712	1:32.574
7	13:53:35.200	7:39.884	59.411			1:54.581	3	13:19:49.290	6:37.468	46.500			1:39.789
8	14:01:21.768	7:46.568	1:00.948			1:56.881	4	13:26:38.027	6:48.737	49.664			1:45.068
(1314) Ronnie Ruijs							5	13:38:15.127	11:37.100	54.346			6:17.664
1	13:06:20.798			1:35.984	2:31.925	1:38.606	6	13:45:47.672	7:32.545	1:03.159			1:54.493
2	13:13:05.015	6:44.217	50.919	1:35.944	2:41.369	1:35.985	7	13:53:34.244	7:46.572	1:02.027			2:02.447
3	13:19:55.076	6:50.061	51.086			1:37.715	8	14:01:29.415	7:55.171	1:03.956			2:00.570



RBKO Den Haag

RBKO

Scheveningen 5,000 Km

Semifinal

29.11.2015 13:00

Race (50:00 and 1 Laps) started at 12:59:59

Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm	Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm
(1375) Jonathan Braam							6	13:46:10.857	10:41.626	55.135			5:08.367
1	13:05:56.007			1:27.631	2:39.559	1:29.297	7	13:54:05.928	7:55.071	57.975			1:54.813
2	13:11:38.041	5:42.034	45.330	1:24.087	2:10.393	1:22.224	8	14:01:35.081	7:29.153	1:05.351			1:50.996
3	13:17:32.775	5:54.734	44.661	1:28.137	2:19.216	1:22.720	(282) Jonathan Hopman						
4	13:28:58.570	11:25.795	45.423			6:45.322	1	13:05:43.713			1:23.945	2:31.905	1:30.957
5	13:35:22.380	6:23.810	51.349			1:34.090	2	13:11:56.911	6:13.198	45.486	1:21.046	2:27.773	1:38.893
6	13:42:10.520	6:48.140	52.961			1:40.442	3	13:18:28.221	6:31.310	49.875	1:29.377	2:31.933	1:40.125
7	13:53:40.777	11:30.257	52.362			6:09.024	4	13:32:25.255	13:57.034	50.699			8:44.315
8	14:01:30.815	7:50.038	58.852			1:54.451	5	13:39:23.812	6:58.557	56.339			1:51.674
(252) Ronald Boekhout							6	13:46:37.660	7:13.848	57.797			1:51.401
1	13:06:21.411			1:31.478	2:45.497	1:47.331	7	13:54:04.782	7:27.122	1:00.771			1:53.009
2	13:12:56.197	6:34.786	51.327	1:34.078	2:35.323	1:34.058	8	14:01:36.087	7:31.305	58.625			1:49.713
3	13:19:33.191	6:36.994	48.399	1:36.805	2:30.935	1:40.855	(1179) Sjoerd R Emmelink						
4	13:26:32.167	6:58.976	51.529			1:44.873	1	13:05:35.024				1:53.434	1:30.088
5	13:38:56.071	12:23.904	54.649			7:03.685	2	13:12:31.711	6:56.687	45.619	1:42.902	2:47.711	1:40.455
6	13:46:23.784	7:27.713	1:08.611			1:50.406	3	13:19:33.348	7:01.637	51.488	1:45.365	2:40.521	1:44.263
7	13:53:47.077	7:23.293	1:01.959			1:52.284	4	13:26:46.252	7:12.904	51.791			1:53.676
8	14:01:31.523	7:44.446	1:03.807			2:00.235	5	13:37:54.201	11:07.949	55.777			5:41.516
(818) Richard van den Heuvel							6	13:46:05.152	8:10.951	59.924			1:50.903
1	13:06:33.543			1:40.896	2:56.519	1:31.344	7	13:53:49.442	7:44.290	1:02.348			1:53.789
2	13:12:58.986	6:25.443	49.565	1:31.119	2:33.733	1:31.026	8	14:01:38.195	7:48.753	1:06.599			1:56.551
3	13:23:52.976	10:53.990	46.554	1:32.827	2:35.129	5:59.480	(1394) Davy Gabriëls						
4	13:30:51.853	6:58.877	50.247			1:43.164	1	13:06:45.057			1:59.610	2:33.745	1:32.750
5	13:37:51.626	6:59.773	54.207			1:43.697	2	13:13:39.135	6:54.078	50.934	1:45.136	2:41.797	1:36.211
6	13:45:07.499	7:15.873	55.987			1:46.356	3	13:20:33.194	6:54.059	49.122			1:36.067
7	13:53:04.320	7:56.821	59.009			1:59.853	4	13:27:33.142	6:59.948	53.066			1:37.193
8	14:01:32.407	8:28.087	1:38.613			1:57.442	5	13:39:39.254	12:06.112	53.536			6:22.127
(363) Tom Manders							6	13:46:46.225	7:06.971	55.464			1:42.202
1	13:06:26.214			1:37.819	2:49.080	1:39.963	7	13:54:07.971	7:21.746	57.041			1:49.571
2	13:13:20.763	6:54.549	49.983	1:39.287	2:51.940	1:33.339	8	14:01:40.465	7:32.494	1:01.043			1:49.488
3	13:20:14.372	6:53.609	48.886			1:45.738	(500) Bas Broekhuizen						
4	13:27:17.969	7:03.597	51.749			1:39.998	1	13:06:15.781			1:46.389	2:25.421	1:33.745
5	13:38:50.948	11:32.979	53.138			6:13.198	2	13:12:34.374	6:18.593	48.694	1:37.138	2:21.686	1:31.075
6	13:46:20.981	7:30.033	1:00.882			1:44.692	3	13:19:24.391	6:50.017	49.281	1:39.647	2:45.032	1:36.057
7	13:53:50.223	7:29.242	1:01.463			1:49.349	4	13:26:20.476	6:56.085	51.653			1:43.661
8	14:01:33.166	7:42.943	1:07.841			1:52.404	5	13:37:44.203	11:23.727	53.609			5:56.447
(630) Bennie Vaarkamp							6	13:45:03.850	7:19.647	58.072			1:46.302
1	13:05:46.022			1:37.332	2:11.755	1:29.207	7	13:53:09.078	8:05.228	58.001			2:07.066
2	13:12:03.049	6:17.027	47.135	1:30.961	2:30.510	1:28.421	8	14:01:41.121	8:32.043	1:05.212			2:01.718
3	13:22:10.556	10:07.507	44.050	1:31.270	2:33.556	5:18.631	(889) Rolf Middelburg						
4	13:28:54.619	6:44.063	51.441			1:40.344	1	13:06:25.278			1:34.511	2:47.376	1:38.536
5	13:35:55.139	7:00.520	52.076			1:44.767	2	13:13:48.289	7:23.011	51.224	1:35.346	2:41.136	2:15.305
6	13:46:31.793	10:36.654	54.168			5:20.373	3	13:20:31.202	6:42.913	48.703			1:37.668
7	13:53:54.399	7:22.606	58.595			1:50.656	4	13:27:29.255	6:58.053	50.068			1:48.349
8	14:01:33.355	7:38.956	1:04.752			1:55.668	5	13:39:44.262	12:15.007	51.964			6:39.124
(1267) Frank Karnebeek							6	13:46:51.082	7:06.820	57.681			1:46.262
1	13:06:04.483			1:41.968	2:19.695	1:29.647	7	13:54:09.921	7:18.839	59.975			1:54.035
2	13:12:15.788	6:11.305	45.525	1:25.680	2:31.692	1:28.408	8	14:01:44.651	7:34.730	1:03.374			1:53.829
3	13:18:31.056	6:15.268	44.235	1:28.662	2:30.763	1:31.608	(1273) Rob Verberne						
4	13:25:15.881	6:44.825	49.562			1:39.975	1	13:06:38.408			1:56.846	2:31.725	1:31.038
5	13:37:14.937	11:59.056	51.315			6:54.413	2	13:13:27.052	6:48.644	50.473	1:44.233	2:40.306	1:33.632
6	13:44:09.559	6:54.622	54.262			1:43.726	3	13:20:11.925	6:44.873	51.682			1:34.939
7	13:52:32.576	8:23.017	56.741			1:54.401	4	13:27:06.811	6:54.886	50.904			1:41.408
8	14:01:34.735	9:02.159	1:05.855			2:03.038	5	13:39:06.377	11:59.566	52.381			6:46.179
(347) Niels Ploeg							6	13:46:24.343	7:17.966	57.203			1:46.628
1	13:05:47.402			1:25.435	2:30.570	1:34.948	7	13:53:51.313	7:26.970	58.442			1:45.858
2	13:11:45.446	5:58.044	44.817	1:32.410	2:17.967	1:22.850	8	14:01:46.884	7:55.571	1:09.621			1:47.455
3	13:22:32.159	10:46.713	43.798	1:38.086	2:47.801	5:37.028	(1154) Peter Maranus						
4	13:29:00.097	6:27.938	51.160			1:38.832	1	13:06:35.790			1:37.576	2:50.973	1:38.584
5	13:35:29.231	6:29.134	50.470			1:38.451							



RBKO Den Haag

RBKO

Scheveningen 5,000 Km

Semifinal

29.11.2015 13:00

Race (50:00 and 1 Laps) started at 12:59:59

Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm	Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm
2	13:13:20.373	6:44.583	54.406	1:31.291	2:42.279	1:36.607	8	14:02:07.043	8:10.412	1:03.721			2:01.827
3	13:19:59.499	6:39.126	48.060			1:41.000							
4	13:31:49.963	11:50.464	52.861			6:47.041	(204) Rudi Takman						
5	13:38:53.367	7:03.404	56.713			1:47.838	1	13:05:44.702		1:23.125	2:35.404	1:31.457	
6	13:46:14.200	7:20.833	59.992			1:50.487	2	13:12:11.151	6:26.449	47.275	1:25.651	2:41.043	1:32.480
7	13:53:51.052	7:36.852	1:02.824			1:58.058	3	13:18:43.729	6:32.578	48.377	1:26.175	2:38.464	1:39.562
8	14:01:50.512	7:59.460	1:10.734			1:57.869	4	13:25:39.197	6:55.468	51.455			1:48.965
(607) Rick Meijer							5	13:36:56.749	11:17.552	56.343			5:46.047
1	13:06:43.217			1:41.695	2:59.036	1:33.618	6	13:44:19.045	7:22.296	1:00.706			1:51.447
2	13:13:35.187	6:51.970	52.454	1:34.621	2:44.743	1:40.152	7	13:51:47.518	7:28.473	1:00.303			1:53.781
3	13:20:20.674	6:45.487	52.673			1:38.248	8	14:02:09.240	10:21.722	1:01.055			2:02.367
4	13:32:00.401	11:39.727	51.861			6:17.746	(678) Marc Caron						
5	13:39:10.375	7:09.974	54.349			1:52.566	1	13:06:23.174		1:58.446	2:05.908	1:48.454	
6	13:46:28.778	7:18.403	57.418			1:49.415	2	13:13:24.870	7:01.696	54.249	1:32.109	2:55.657	1:39.681
7	13:54:09.548	7:40.770	1:01.038			2:02.285	3	13:20:03.225	6:38.355	48.608			1:40.341
8	14:01:51.719	7:42.171	1:05.958			1:57.289	4	13:26:54.198	6:50.973	51.902			1:41.688
(755) Jan Kooistra							5	13:33:47.958	6:53.760	53.300			1:43.904
1	13:06:10.111			1:37.215	2:38.412	1:34.459	6	13:45:45.560	11:57.602	54.138			6:35.068
2	13:13:59.272	7:49.161	45.597	1:29.892	4:04.552	1:29.120	7	13:53:19.803	7:34.243	1:03.987			1:53.720
3	13:22:29.279	8:30.007	48.645			1:38.080	8	14:02:10.373	8:50.570	1:08.830			2:03.977
4	13:29:14.770	6:45.491	49.976			1:40.141	(1500) Robin Krol						
5	13:40:24.893	11:10.123	50.451			6:07.135	1	13:06:52.510		1:54.614	2:46.346	1:31.770	
6	13:47:22.750	6:57.857	55.862			1:43.729	2	13:13:39.589	6:47.079	52.390	1:36.532	2:45.631	1:32.526
7	13:54:37.226	7:14.476	55.348			1:52.460	3	13:20:22.189	6:42.600	50.393			1:30.095
8	14:01:53.639	7:16.413	58.247			1:51.474	4	13:32:56.238	12:34.049	51.816			7:21.920
(730) Peter van Maanen							5	13:39:57.853	7:01.615	52.210			1:44.783
1	13:07:07.318			1:45.558	3:19.998	1:35.787	6	13:47:14.687	7:16.834	58.882			1:43.945
2	13:14:13.789	7:06.471	52.761	1:43.019	2:52.066	1:38.625	7	13:54:30.562	7:15.875	59.863			1:44.897
3	13:20:46.688	6:32.899	47.363			1:33.757	8	14:02:11.864	7:41.302	1:03.904			1:47.793
4	13:27:23.892	6:37.204	48.967			1:36.593	(1002) Matthijs Broersma						
5	13:38:39.038	11:15.146	49.671			6:12.195	1	13:06:04.291		1:45.035	2:10.141	1:36.271	
6	13:45:51.957	7:12.919	57.480			1:45.581	2	13:12:58.681	6:54.390	49.476	1:36.141	2:47.069	1:41.704
7	13:54:21.685	8:29.728	1:01.700			1:50.548	3	13:19:52.141	6:53.460	51.750			1:38.863
8	14:01:57.138	7:35.453	59.438			1:54.408	4	13:27:12.698	7:20.557	56.828			1:49.111
(304) Koen Engelbertink							5	13:38:28.738	11:16.040	55.615			5:51.386
1	13:06:31.206			1:37.942	2:54.200	1:32.840	6	13:46:27.483	7:58.745	55.144			1:50.434
2	13:13:24.253	6:53.047	53.079	1:34.230	2:50.436	1:35.302	7	13:54:30.731	8:03.248	1:02.163			2:22.824
3	13:19:57.000	6:32.747	48.917			1:35.433	8	14:02:20.958	7:50.227	1:06.093			2:02.601
4	13:26:56.689	6:59.689	53.781			1:43.813	(223) Nick vd Genugten						
5	13:38:45.305	11:48.616	53.937			6:24.070	1	13:06:38.680		1:47.451	2:52.293	1:32.460	
6	13:45:56.329	7:11.024	59.010			1:45.840	2	13:13:33.156	6:54.476	54.260	1:43.483	2:38.874	1:37.859
7	13:53:24.675	7:28.346	59.474			1:52.501	3	13:20:22.399	6:49.243	49.214			1:38.695
8	14:01:58.865	8:34.190	1:04.798			1:58.376	4	13:27:23.297	7:00.898	53.290			1:38.615
(383) Frank van Loon							5	13:39:48.846	12:25.549	52.385			7:08.201
1	13:05:47.122			1:37.211	2:17.085	1:32.201	6	13:46:59.398	7:10.552	56.062			1:42.007
2	13:12:22.880	6:35.758	45.796	1:35.260	2:35.481	1:39.221	7	13:54:28.078	7:28.680	59.173			1:48.928
3	13:19:00.779	6:37.899	50.340	1:33.906	2:35.293	1:38.360	8	14:02:23.159	7:55.081	1:06.443			1:58.596
4	13:25:57.296	6:56.517	52.186			1:42.361	(565) Jan vanHoof						
5	13:38:56.931	12:59.635	55.084			7:36.614	1	13:05:57.426		1:42.731	2:16.477	1:38.330	
6	13:46:26.121	7:29.190	1:07.020			1:50.179	2	13:12:37.482	6:40.056	47.181	1:36.520	2:36.226	1:40.129
7	13:54:08.413	7:42.292	1:00.410			1:55.831	3	13:19:32.696	6:55.214	50.576	1:39.390	2:42.570	1:42.678
8	14:02:00.537	7:52.124	1:06.401			1:57.089	4	13:30:59.004	11:26.308	51.551			6:07.374
(254) Daniel Hoving							5	13:38:14.052	7:15.048	54.667			1:49.642
1	13:06:20.095			1:35.214	2:40.151	1:45.600	6	13:46:01.721	7:47.669	59.686			1:49.732
2	13:12:50.179	6:30.084	47.225	1:32.149	2:36.564	1:34.146	7	13:53:58.096	7:56.375	1:01.820			1:59.064
3	13:19:22.613	6:32.434	49.478	1:35.318	2:32.632	1:35.006	8	14:02:23.706	8:25.610	1:11.270			2:07.312
4	13:31:18.295	11:55.682	49.176			6:38.963	(167) Siem de Vlieger						
5	13:38:20.129	7:01.834	49.697			1:50.803	1	13:06:28.295		1:28.988	2:54.743	1:44.181	
6	13:45:38.466	7:18.337	58.338			1:49.992	2	13:13:41.418	7:13.123	51.804	1:35.334	3:00.240	1:45.745
7	13:53:56.631	8:18.165	1:01.758			1:49.973	3	13:20:33.799	6:52.381	52.124			1:42.725



RBKO Den Haag

RBKO

Scheveningen 5,000 Km

Semifinal

29.11.2015 13:00

Race (50:00 and 1 Laps) started at 12:59:59

Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm	Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm
4	13:27:36.847	7:03.048	52.058			1:46.372	(701) Mitch Karssing						
5	13:39:17.426	11:40.579	55.704			6:15.921	1	13:06:37.697			1:45.106	2:42.184	1:36.898
6	13:46:45.190	7:27.764	1:04.632			1:55.579	2	13:14:03.498	7:25.801	56.451	1:45.329	2:59.160	1:44.861
7	13:54:36.676	7:51.486	1:04.341			2:01.801	3	13:25:50.274	11:46.776	55.046			6:23.373
8	14:02:29.284	7:52.608	1:05.991			2:03.881	4	13:33:04.238	7:13.964	58.220			1:43.841
(752) Remon Janssen							5	13:39:59.416	6:55.178	55.775			1:44.635
1	13:06:52.209			1:47.038	3:05.697	1:32.594	6	13:47:50.844	7:51.428	58.094			1:50.145
2	13:13:50.783	6:58.574	52.180	1:46.551	2:41.079	1:38.764	7	13:55:18.053	7:27.209	1:00.979			1:49.358
3	13:20:45.232	6:54.449	54.312			1:35.151	8	14:03:03.172	7:45.119	1:01.821			2:01.366
4	13:27:42.402	6:57.170	52.905			1:41.875	(553) Vincent Rietkerk						
5	13:38:59.105	11:16.703	53.259			5:55.714	1	13:06:07.963			1:26.465	2:44.290	1:37.310
6	13:46:25.704	7:26.599	57.520			1:50.772	2	13:13:06.000	6:58.037	55.455	1:33.925	2:47.980	1:40.677
7	13:54:24.784	7:59.080	1:07.536			1:55.042	3	13:19:55.026	6:49.026	52.437			1:42.789
8	14:02:29.364	8:04.580	1:03.605			1:59.468	4	13:31:49.592	11:54.566	53.005			6:36.341
(385) Sijel Lemmens							5	13:38:48.796	6:59.204	54.620			1:46.534
1	13:07:43.902			1:56.870	3:42.649	1:36.679	6	13:46:32.589	7:43.793	1:00.417			1:58.103
2	13:14:34.366	6:50.464	52.381	1:29.818	2:45.562	1:42.703	7	13:54:53.438	8:20.849	1:04.359			2:22.152
3	13:21:42.007	7:07.641	55.183			1:44.981	8	14:03:06.603	8:13.165	1:06.623			1:57.060
4	13:28:37.413	6:55.406	53.448			1:40.629	(200) Tim Bongers						
5	13:39:40.204	11:02.791	55.087			5:48.279	1	13:07:12.197			1:42.163	3:30.599	1:36.065
6	13:46:49.719	7:09.515	58.601			1:47.286	2	13:14:26.139	7:13.942	52.262	1:33.633	3:00.962	1:47.085
7	13:54:39.945	7:50.226	1:07.310			1:55.479	3	13:21:11.580	6:45.441	50.746			1:37.866
8	14:02:30.121	7:50.176	1:06.089			1:55.175	4	13:28:07.814	6:56.234	50.387			1:40.988
(1183) Kees Oudshoorn							5	13:35:25.485	7:17.671	52.968			1:54.568
1	13:06:50.573			1:41.239	3:00.145	1:38.607	6	13:47:30.961	12:05.476	59.544			6:31.697
2	13:13:55.541	7:04.968	51.802	1:39.946	2:52.701	1:40.519	7	13:55:24.341	7:53.380	58.086			1:55.016
3	13:20:57.823	7:02.282	52.321			1:41.364	8	14:03:07.048	7:42.707	1:05.518			1:53.654
4	13:28:02.610	7:04.787	52.347			1:46.098	(915) Roy Rommes						
5	13:38:45.758	10:43.148	54.540			5:22.128	1	13:07:28.095			1:39.944	3:38.841	1:35.493
6	13:46:26.919	7:41.161	59.615			1:52.871	2	13:14:11.942	6:43.847	51.357	1:31.728	2:48.706	1:32.056
7	13:54:44.396	8:17.477	1:00.763			1:56.377	3	13:26:37.165	12:25.223	48.002			7:24.739
8	14:02:42.065	7:57.669	1:03.025			2:02.886	4	13:33:50.936	7:13.771	1:01.706			1:57.580
(1396) Mareno Lubkemann							5	13:40:46.078	6:55.142	53.625			1:47.384
1	13:06:49.319			1:49.300	2:55.858	1:32.816	6	13:48:15.658	7:29.580	59.300			1:59.973
2	13:13:03.618	6:14.299	48.401	1:32.359	2:26.047	1:27.492	7	13:55:34.874	7:19.216	1:00.443			1:47.729
3	13:19:54.424	6:50.806	47.504			1:37.498	8	14:03:12.913	7:38.039	1:01.950			1:55.869
4	13:26:49.305	6:54.881	48.169			1:42.202	(794) Michel van Roon						
5	13:39:21.724	12:32.419	55.451			6:57.660	1	13:07:20.232			1:45.150	3:22.034	1:38.561
6	13:46:55.036	7:33.312	1:02.834			1:46.295	2	13:14:29.554	7:09.322	51.759	1:31.515	2:59.994	1:46.054
7	13:54:47.639	7:52.603	1:05.042			1:55.966	3	13:21:12.733	6:43.179	48.390			1:42.081
8	14:02:50.296	8:02.657	1:04.573			1:58.199	4	13:28:11.656	6:58.923	53.507			1:43.273
(934) Jurg Meijer							5	13:40:15.586	12:03.930	54.122			6:35.947
1	13:06:11.707			1:55.144	2:01.921	1:44.559	6	13:47:38.368	7:22.782	54.643			1:51.272
2	13:14:25.521	8:13.814	51.705	1:54.859	3:43.301	1:43.949	7	13:55:03.716	7:25.348	59.505			1:48.021
3	13:25:46.610	11:21.089	52.112			5:38.698	8	14:03:14.011	8:10.295	1:03.322			2:01.065
4	13:32:54.237	7:07.627	54.271			1:42.728	(1063) Rob Moonen						
5	13:40:20.219	7:25.982	53.488			1:49.711	1	13:05:32.425					1:25.342
6	13:47:44.302	7:24.083	57.601			1:48.993	2	13:11:25.245	5:52.820	45.166	1:32.300	1:58.429	1:36.925
7	13:55:16.677	7:32.375	1:01.412			1:48.258	3	13:23:57.682	12:32.437	48.397	1:39.617	2:58.351	7:06.072
8	14:02:55.042	7:38.365	1:00.511			1:54.136	4	13:30:38.392	6:40.710	51.690			1:40.895
(822) Marco van Geel							5	13:38:41.051	8:02.659	55.547			1:54.891
1	13:07:22.272			2:03.043	2:54.085	1:49.923	6	13:46:19.033	7:37.982	1:05.235			1:49.555
2	13:14:41.615	7:19.343	51.943	1:45.771	2:52.430	1:49.199	7	13:54:26.532	8:07.499	1:34.741			1:55.415
3	13:25:33.186	10:51.571	54.194			5:21.216	8	14:03:14.944	8:48.412	1:46.319			2:00.448
4	13:32:31.297	6:58.111	51.968			1:45.819	(539) Maikel van der Sar						
5	13:39:45.139	7:13.842	54.039			1:51.084	1	13:06:19.071			1:42.823	2:31.329	1:41.502
6	13:47:24.749	7:39.610	1:00.771			1:53.043	2	13:14:06.646	7:47.575	51.669	1:44.233	3:27.951	1:43.722
7	13:55:04.195	7:39.446	59.441			1:54.896	3	13:21:03.033	6:56.387	52.179			1:47.845
8	14:02:55.699	7:51.504	1:07.029			1:57.815	4	13:32:19.599	11:16.566	53.960			6:08.637
							5	13:39:29.517	7:09.918	54.155			1:52.741



RBKO Den Haag

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29.11.2015 13:00

Race (50:00 and 1 Laps) started at 12:59:59

Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm	Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm
6	13:46:59.524	7:30.007	1:01.212			1:54.481	2	13:13:12.947	6:53.349	48.769	1:38.895	2:51.396	1:34.289
7	13:55:04.699	8:05.175	1:02.988			2:00.528	3	13:23:17.023	10:04.076	48.684			5:13.032
8	14:03:15.103	8:10.404	1:09.101			2:03.967	4	13:30:36.862	7:19.839	55.394			1:44.022
(544) Laurens scheffer							5	13:37:49.976	7:13.114	54.580			1:51.240
1	13:06:39.906			1:38.502	3:04.664	1:33.443	6	13:45:50.130	8:00.154	1:05.602			1:51.380
2	13:13:25.921	6:46.015	52.052	1:34.839	2:44.647	1:34.477	7	13:54:27.528	8:37.398	1:07.703			2:04.993
3	13:20:13.683	6:47.762	51.589			1:40.115	8	14:03:44.602	9:17.074	1:08.107			2:05.516
4	13:32:17.939	12:04.256	53.221			6:50.597	(866) Wilco Verhoeven						
5	13:39:53.334	7:35.395	54.801			1:47.982	1	13:07:06.967				3:18.022	1:39.991
6	13:47:34.583	7:41.249	59.455			1:59.401	2	13:14:10.871	7:03.904	52.016	1:36.427	2:58.324	1:37.137
7	13:55:20.747	7:46.164	1:01.346			1:59.838	3	13:25:52.818	11:41.947	50.969			6:23.947
8	14:03:15.523	7:54.776	1:04.154			2:02.899	4	13:33:06.281	7:13.463	1:01.879			1:41.969
(387) Dennis Warmerdam							5	13:40:13.195	7:06.914	53.163			1:49.104
1	13:06:09.022			1:44.350	2:12.929	1:46.867	6	13:48:03.097	7:49.902	59.667			1:53.538
2	13:13:20.051	7:11.029	50.561	1:34.861	3:00.839	1:44.768	7	13:55:50.230	7:47.133	1:02.846			1:59.883
3	13:20:29.135	7:09.084	56.630			1:43.009	8	14:03:44.926	7:54.696	1:03.515			2:01.097
4	13:28:01.413	7:32.278	54.720			1:49.934	(629) Mark Ellens						
5	13:35:44.157	7:42.744	58.832			1:51.718	1	13:05:45.764			1:45.340	1:59.238	1:31.319
6	13:43:34.599	7:50.442	1:00.815			1:58.425	2	13:12:21.790	6:36.026	44.352	1:36.519	2:38.427	1:36.728
7	13:54:52.750	11:18.151	1:03.870			5:18.952	3	13:19:04.547	6:42.757	49.652	1:43.094	2:31.107	1:38.904
8	14:03:31.642	8:38.892	1:13.489			2:00.005	4	13:31:27.814	12:23.267	50.998			7:05.972
(790) Laurens van der Ende							5	13:38:46.762	7:18.948	53.832			1:55.774
1	13:07:47.540			1:44.394	3:51.515	1:43.925	6	13:47:16.411	8:29.649	1:06.224			1:59.395
2	13:14:48.335	7:00.795	51.599	1:42.371	2:44.601	1:42.224	7	13:55:27.324	8:10.913	1:03.409			2:02.361
3	13:26:23.860	11:35.525	50.447			6:17.545	8	14:03:50.540	8:23.216	1:11.509			2:07.996
4	13:33:23.729	6:59.869	52.398			1:49.566	(944) Bob van Tulder						
5	13:40:43.133	7:19.404	57.702			1:50.935	1	13:07:03.052			1:49.997	3:02.189	1:31.200
6	13:48:03.630	7:20.497	59.319			1:50.515	2	13:13:56.265	6:53.213	52.424	1:32.930	2:50.979	1:36.880
7	13:55:37.333	7:33.703	1:01.872			1:56.657	3	13:20:58.738	7:02.473	50.631			1:42.914
8	14:03:32.258	7:54.925	1:04.723			2:03.683	4	13:32:50.510	11:51.772	55.666			6:37.939
(1378) Martijn Platenburg							5	13:40:05.195	7:14.685	54.292			1:50.184
1	13:06:17.707			1:38.953	2:22.428	1:45.956	6	13:47:39.430	7:34.235	59.086			1:56.935
2	13:13:35.979	7:18.272	53.953	1:42.357	2:56.036	1:45.926	7	13:55:31.672	7:52.242	1:02.311			2:04.902
3	13:20:42.650	7:06.671	53.580			1:42.718	8	14:03:51.450	8:19.778	1:15.812			1:55.569
4	13:32:29.065	11:46.415	52.965			6:18.533	(623) Gijs Peeters						
5	13:39:54.523	7:25.458	57.656			1:55.343	1	13:06:35.268			1:34.504	2:53.328	1:47.190
6	13:47:40.129	7:45.606	1:12.947			1:56.660	2	13:13:56.996	7:21.728	56.062	1:50.210	2:47.462	1:47.994
7	13:55:38.844	7:58.715	1:07.192			1:55.235	3	13:21:09.357	7:12.361	56.566			1:50.344
8	14:03:33.028	7:54.184	1:07.037			1:58.983	4	13:32:43.458	11:34.101	56.062			6:09.420
(1069) Johan Lever							5	13:39:56.599	7:13.141	56.500			1:53.227
1	13:06:22.322					1:42.049	6	13:47:47.637	7:51.038	1:02.159			1:53.136
2	13:13:38.492	7:16.170	53.204	1:47.600	2:49.512	1:45.854	7	13:55:45.689	7:58.052	1:05.164			2:01.304
3	13:20:57.363	7:18.871	53.383			1:46.794	8	14:03:52.684	8:06.995	1:10.391			2:03.073
4	13:32:27.641	11:30.278	56.389			5:58.437	(695) Wesley de Bruin						
5	13:39:52.144	7:24.503	56.317			1:51.973	1	13:07:15.579			1:39.952	3:34.499	1:34.062
6	13:47:27.971	7:35.827	1:00.485			1:51.853	2	13:14:20.078	7:04.499	50.797	1:30.263	3:03.188	1:40.251
7	13:55:26.338	7:58.367	1:02.905			2:00.835	3	13:21:21.572	7:01.494	49.347			1:41.169
8	14:03:36.364	8:10.026	1:06.340			2:02.269	4	13:28:41.841	7:20.269	50.669			1:50.972
(677) Berrie Swinkels							5	13:40:38.148	11:56.307	52.127			6:39.420
1	13:06:26.301			1:35.282	2:44.665	1:42.059	6	13:47:47.755	7:09.607	57.432			1:51.375
2	13:19:19.605	12:53.304	52.054	2:09.493	3:44.087	6:07.670	7	13:55:51.403	8:03.648	1:02.540			1:59.290
3	13:26:17.753	6:58.148	51.382			1:44.999	8	14:03:54.251	8:02.848	1:06.091			2:05.776
4	13:33:29.775	7:12.022	52.782			1:44.841	(1362) Nick Reijnen						
5	13:40:54.089	7:24.314	59.563			1:51.456	1	13:07:06.850			1:50.585	3:05.355	1:32.409
6	13:48:12.773	7:18.684	59.154			1:48.458	2	13:14:02.927	6:56.077	48.103	1:39.447	2:52.005	1:36.522
7	13:55:42.739	7:29.966	1:00.896			1:53.975	3	13:20:35.468	6:32.541	48.585			1:29.052
8	14:03:41.249	7:58.510	1:02.041			1:57.007	4	13:27:11.308	6:35.840	49.157			1:41.182
(1077) Michel Reins							5	13:33:53.179	6:41.871	51.022			1:36.992
1	13:06:19.598			1:41.083	2:29.632	1:40.178	6	13:47:48.517	13:55.338	57.161			7:23.571
							7	13:55:20.879	7:32.362	56.023			2:03.420



RBKO Den Haag

RBKO

Scheveningen 5,000 Km

Semifinal

29.11.2015 13:00

Race (50:00 and 1 Laps) started at 12:59:59

Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm	Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm
8	14:04:03.840	8:42.961	1:03.186			1:58.876	4	13:27:21.438	6:38.469	49.685			1:37.840
(1354) Marinus Braber							5	13:34:15.251	6:53.813	50.378			1:55.624
1	13:07:10.458			1:44.272	3:14.817	1:39.970	6	13:46:52.360	12:37.109	51.335			7:25.218
2	13:13:57.617	6:47.159	54.897	1:35.552	2:38.878	1:37.832	7	13:56:22.306	9:29.946	2:29.973			1:54.811
3	13:21:00.286	7:02.669	52.441			1:40.964	8	14:04:19.105	7:56.799	1:02.211			2:03.996
4	13:28:08.948	7:08.662	55.587			1:42.574	(1133) Willem Hamstra						
5	13:39:32.607	11:23.659	55.947			5:55.236	1	13:06:14.327			1:58.473	2:00.519	1:45.095
6	13:47:38.619	8:06.012	1:01.619			2:04.445	2	13:13:03.786	6:49.459	52.300	1:36.616	2:38.451	1:42.092
7	13:55:44.655	8:06.036	1:05.726			2:02.749	3	13:25:08.980	12:05.194	50.619			6:49.450
8	14:04:05.115	8:20.460	1:08.978			1:58.724	4	13:32:21.502	7:12.522	56.244			1:50.102
(176) Marcel Aal							5	13:40:04.422	7:42.920	1:00.584			1:54.410
1	13:06:15.784			1:43.952	2:22.768	1:46.810	6	13:47:52.677	7:48.255	59.946			2:01.687
2	13:13:34.636	7:18.852	51.361	1:53.374	2:49.305	1:44.812	7	13:55:52.329	7:59.652	1:01.449			2:02.417
3	13:24:54.733	11:20.097	53.040			5:38.742	8	14:04:19.745	8:27.416	1:10.215			2:06.847
4	13:32:51.145	7:56.412	1:09.623			1:53.718	(255) John Welten						
5	13:40:38.999	7:47.854	59.497			1:53.720	1	13:06:22.712			1:21.871	2:59.770	1:41.185
6	13:48:25.617	7:46.618	1:02.209			1:54.835	2	13:13:33.265	7:10.553	50.881	1:49.982	2:52.231	1:37.459
7	13:56:11.659	7:46.042	1:02.864			1:55.550	3	13:20:23.026	6:49.761	50.624			1:44.424
8	14:04:07.616	7:55.957	1:04.716			1:56.780	4	13:27:30.944	7:07.918	55.292			1:51.863
(796) Alexander de Haan							5	13:39:31.120	12:00.176	58.928			6:31.376
1	13:06:27.686				2:49.504	1:34.652	6	13:47:05.329	7:34.209	59.441			2:07.055
2	13:13:25.911	6:58.225	53.671	1:33.820	2:54.736	1:35.998	7	13:55:35.725	8:30.396	1:01.831			2:27.411
3	13:20:28.431	7:02.520	52.457			1:38.894	8	14:04:21.845	8:46.120	1:11.951			2:10.872
4	13:27:22.585	6:54.154	50.425			1:42.100	(437) Martijn van der Weijden						
5	13:39:55.071	12:32.486	57.097			7:13.340	1	13:07:03.663			1:59.056	3:00.647	1:34.909
6	13:47:08.705	7:13.634	58.725			1:48.634	2	13:18:02.312	10:58.649	50.953	1:43.259	2:51.000	5:33.437
7	13:55:32.339	8:23.634	1:06.159			2:04.566	3	13:25:36.415	7:34.103	53.777			2:11.947
8	14:04:09.069	8:36.730	1:08.187			1:55.168	4	13:34:22.043	8:45.628	57.368			2:54.092
(899) Sven van Cooten							5	13:41:36.424	7:14.381	55.334			1:46.069
1	13:06:52.072			2:04.273	2:38.065	1:35.706	6	13:48:48.773	7:12.349	59.316			1:47.605
2	13:13:44.141	6:52.069	53.761	1:48.578	2:31.400	1:38.330	7	13:56:13.695	7:24.922	1:00.137			1:53.261
3	13:20:29.849	6:45.708	48.577			1:40.119	8	14:04:27.897	8:14.202	1:06.719			2:02.060
4	13:27:39.060	7:09.211	53.023			1:42.105	(215) Kevin Heemskerk						
5	13:40:06.843	12:27.783	51.934			6:52.530	1	13:07:22.942			1:51.464	3:23.600	1:43.049
6	13:47:26.308	7:19.465	59.614			1:47.973	2	13:14:49.976	7:27.034	53.237	1:38.901	2:52.836	2:02.060
7	13:55:28.991	8:02.683	59.432			2:02.140	3	13:21:54.429	7:04.453	52.334			1:42.036
8	14:04:14.912	8:45.921	1:12.562			2:09.199	4	13:29:23.446	7:29.017	58.658			1:49.072
(1098) Freekie van Wout							5	13:40:42.985	11:19.539	56.663			5:47.795
1	13:07:31.288			1:30.326	2:26.918	1:38.661	6	13:48:27.296	7:44.311	1:01.636			2:00.455
2	13:14:26.752	6:55.464	50.914	1:37.163	2:47.086	1:40.301	7	13:56:21.208	7:53.912	1:05.952			1:59.766
3	13:27:12.919	12:46.167	50.239			7:30.012	8	14:04:29.813	8:08.605	1:08.203			2:01.377
4	13:34:07.429	6:54.510	52.800			1:44.399	(1249) Marc Peters						
5	13:41:25.505	7:18.076	56.166			1:51.966	1	13:07:09.908			2:12.211	2:30.306	1:45.916
6	13:48:54.565	7:29.060	1:02.763			1:52.728	2	13:14:46.539	7:36.631	1:01.945	1:52.501	2:52.223	1:49.962
7	13:56:30.134	7:35.569	1:01.472			1:53.562	3	13:21:45.361	6:58.822	55.802			1:57.232
8	14:04:15.515	7:45.381	1:02.023			1:58.992	4	13:33:20.705	11:35.344	57.952			6:36.504
(741) Bas van der Heide							5	13:40:41.901	7:21.196	59.892			2:08.334
1	13:07:06.982			1:48.419	3:10.810	1:32.011	6	13:48:18.394	7:36.493	1:08.101			2:09.385
2	13:13:39.910	6:32.928	49.184	1:37.092	2:35.162	1:31.490	7	13:56:10.760	7:52.366	1:11.902			2:17.659
3	13:20:05.382	6:25.472	45.944			1:30.314	8	14:04:30.356	8:19.596	1:14.169			2:26.185
4	13:35:55.684	15:50.302	47.463			10:32.432	(1156) Bernie Kuenen						
5	13:42:45.759	6:50.075	55.176			1:38.719	1	13:07:23.565			1:56.267	2:57.001	1:50.836
6	13:49:52.750	7:06.991	58.507			1:39.643	2	13:13:54.556	6:30.991	49.403	1:38.995	2:29.148	1:33.445
7	13:57:00.679	7:07.929	1:00.752			1:42.146	3	13:20:47.951	6:53.395	49.530			1:42.900
8	14:04:15.629	7:14.950	59.479			1:46.795	4	13:33:23.304	12:35.353	51.218			7:23.802
(209) Nico Fraanje							5	13:40:34.950	7:11.646	56.729			1:52.759
1	13:06:27.980			1:34.018	2:53.254	1:33.088	6	13:47:53.362	7:18.412	59.364			1:48.396
2	13:14:09.114	7:41.134	1:37.046	1:36.972	2:52.046	1:35.070	7	13:56:00.128	8:06.766	59.076			1:56.346
3	13:20:42.969	6:33.855	49.032			1:32.857	8	14:04:30.376	8:30.248	1:02.785			1:57.940



RBKO Den Haag

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29.11.2015 13:00

Race (50:00 and 1 Laps) started at 12:59:59

Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm	Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm
(359) Joe Golding							6	13:48:39.236	7:36.642	1:01.383			1:54.151
1	13:06:14.047			1:23.796	2:33.548	1:59.652	7	13:56:34.041	7:54.805	1:02.429			2:01.306
2	13:13:31.383	7:17.336	49.851	1:40.435	3:11.977	1:35.073	8	14:04:55.100	8:21.059	1:09.748			2:11.797
3	13:20:18.776	6:47.393	48.666			1:33.710	(939) Maik Steenbakkers						
4	13:27:20.947	7:02.171	52.485			1:43.064	1	13:08:29.952		1:55.927	4:08.325		1:48.614
5	13:35:55.325	8:34.378	55.154			1:47.423	2	13:15:30.954	7:01.002	52.171	1:35.507	2:53.402	1:39.922
6	13:48:56.254	13:00.929	1:07.064			7:05.820	3	13:22:36.640	7:05.686	50.611			1:46.028
7	13:56:36.292	7:40.038	1:02.055			1:50.797	4	13:34:41.588	12:04.948	53.942			6:37.260
8	14:04:31.867	7:55.575	1:03.977			1:55.086	5	13:42:01.950	7:20.362	56.768			1:51.879
(309) Dennis Laing							6	13:49:36.149	7:34.199	1:01.658			1:55.287
1	13:05:44.658			1:44.905	2:00.796	1:35.165	7	13:57:06.661	7:30.512	1:05.395			1:57.258
2	13:12:29.541	6:44.883	47.382	1:42.851	2:31.020	1:43.630	8	14:04:57.071	7:50.410	1:05.528			1:59.166
3	13:19:48.601	7:19.060	52.129	1:44.331	2:55.961	1:46.639	(1013) Dennis Veenstra						
4	13:31:54.527	12:05.926	54.728			6:33.653	1	13:06:22.604		2:06.042	1:44.788		1:47.051
5	13:39:28.495	7:33.968	56.869			1:56.175	2	13:13:17.430	6:54.826	52.933	1:43.115	2:37.515	1:41.263
6	13:47:37.817	8:09.322	1:02.420			2:05.917	3	13:20:29.905	7:12.475	51.834			1:48.685
7	13:56:03.599	8:25.782	1:05.353			2:09.402	4	13:27:43.635	7:13.730	54.394			1:46.904
8	14:04:34.982	8:31.383	1:10.928			2:10.043	5	13:40:09.310	12:25.675	57.258			6:49.240
(213) Dennis Venverloot							6	13:48:07.240	7:57.930	1:02.738			2:01.317
1	13:06:43.224			1:40.387	3:10.625	1:35.930	7	13:56:29.406	8:22.166	1:05.058			2:02.175
2	13:13:53.506	7:10.282	50.770	1:42.612	2:53.668	1:43.232	8	14:05:01.037	8:31.631	1:13.641			2:11.039
3	13:21:07.172	7:13.666	53.389			1:42.357	(261) Ruud Franssen						
4	13:28:30.222	7:23.050	52.398			1:45.439	1	13:07:16.632		1:27.382	3:47.542		1:39.171
5	13:35:56.596	7:26.374	56.999			1:46.952	2	13:14:26.840	7:10.208	52.867	1:28.825	3:01.055	1:47.461
6	13:48:53.942	12:57.346	56.086			7:08.435	3	13:21:51.170	7:24.330	53.075			1:47.715
7	13:56:26.646	7:32.704	1:00.583			1:50.846	4	13:29:15.031	7:23.861	54.788			1:49.927
8	14:04:36.944	8:10.298	1:05.061			2:09.153	5	13:36:47.550	7:32.519	58.629			1:51.411
(298) Jos Hubers							6	13:48:19.818	11:32.268	59.634			5:45.064
1	13:07:57.057			1:45.378	4:05.006	1:43.611	7	13:56:31.356	8:11.538	1:04.278			2:08.466
2	13:15:00.206	7:03.149	1:00.533	1:39.929	2:43.328	1:39.359	8	14:05:02.047	8:30.691	1:18.308			2:06.853
3	13:22:38.555	7:38.349	54.644			2:17.858	(1016) Floris van Laar						
4	13:35:25.158	12:46.603	55.114			7:18.214	1	13:07:17.710		1:56.994	3:02.855		1:42.130
5	13:42:34.626	7:09.468	55.425			1:45.649	2	13:14:13.536	6:55.826	52.258	1:46.878	2:37.665	1:39.025
6	13:49:50.076	7:15.450	58.727			1:49.594	3	13:25:55.407	11:41.871	1:00.142			6:16.772
7	13:57:14.113	7:24.037	1:03.832			1:51.927	4	13:32:57.441	7:02.034	52.634			1:43.688
8	14:04:44.951	7:30.838	1:02.503			1:48.681	5	13:40:11.497	7:14.056	55.123			1:47.067
(998) Luuk Simons							6	13:48:11.392	7:59.895	58.776			1:52.238
1	13:06:01.920			1:41.627	2:15.942	1:35.598	7	13:56:01.980	7:50.588	1:00.297			1:56.179
2	13:13:51.800	7:49.880	47.565	1:33.892	3:44.428	1:43.995	8	14:05:02.213	9:00.233	1:06.115			2:00.893
3	13:20:48.764	6:56.964	58.382			1:39.352	(498) Thed Vernooij						
4	13:28:52.883	8:04.119	52.186			2:52.022	1	13:07:27.455		1:56.360	3:10.416		1:46.863
5	13:40:52.087	11:59.204	51.487			6:16.326	2	13:14:23.014	6:55.559	55.584	1:36.633	2:41.234	1:42.108
6	13:48:46.405	7:54.318	1:11.381			1:55.715	3	13:21:08.291	6:45.277	53.226			1:38.859
7	13:56:22.003	7:35.598	1:03.951			1:57.209	4	13:33:54.972	12:46.681	55.635			6:46.618
8	14:04:46.933	8:24.930	1:08.192			1:58.409	5	13:41:06.257	7:11.285	56.266			1:45.472
(164) Dirk de Vlieger							6	13:49:18.211	8:11.954	1:04.849			1:53.670
1	13:06:49.791			1:34.169	3:13.928	1:40.925	7	13:57:02.891	7:44.680	1:05.772			1:51.713
2	13:14:10.355	7:20.564	54.126	1:44.975	2:55.129	1:46.334	8	14:05:03.000	8:00.109	1:06.343			1:58.949
3	13:21:29.314	7:18.959	53.270			1:49.415	(961) Ralph Nabuurs						
4	13:33:10.313	11:40.999	56.224			5:52.684	1	13:06:33.576		2:01.858	2:06.451		1:44.505
5	13:40:30.848	7:20.535	56.419			1:52.815	2	13:13:42.301	7:08.725	1:00.624	1:40.714	2:43.908	1:43.479
6	13:48:18.968	7:48.120	1:01.490			1:56.202	3	13:20:55.005	7:12.704	58.219			1:44.449
7	13:56:30.338	8:11.370	1:15.085			2:02.581	4	13:28:19.352	7:24.347	58.814			1:43.900
8	14:04:51.074	8:20.736	1:08.704			2:09.879	5	13:40:16.970	11:57.618	59.672			6:04.977
(712) Alex Mulder							6	13:48:12.340	7:55.370	1:03.227			1:55.738
1	13:05:36.807			1:43.827	1:56.395	1:32.395	7	13:56:24.511	8:12.171	1:07.051			1:57.507
2	13:13:29.613	7:52.806	48.265	1:44.834	3:31.333	1:48.374	8	14:05:03.324	8:38.813	1:11.621			2:05.258
3	13:21:02.855	7:33.242	58.238			1:52.121	(595) Rens Barendregt						
4	13:33:23.801	12:20.946	1:02.063			6:27.205	1	13:07:12.856		1:52.886	3:09.359		1:39.596
5	13:41:02.594	7:38.793	58.683			1:58.983							



RBKO Den Haag

RBKO

Scheveningen 5,000 Km

Semifinal

29.11.2015 13:00

Race (50:00 and 1 Laps) started at 12:59:59

Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm	Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm
2	13:14:27.446	7:14.590	53.293	1:38.269	2:58.177	1:44.851	8	14:05:25.076	8:48.608	1:13.022			2:16.420
3	13:21:47.801	7:20.355	52.932			1:49.360							
4	13:34:09.019	12:21.218	56.295			6:44.948	(624) Barry Noordman						
5	13:41:50.049	7:41.030	54.932			1:49.130	1	13:06:29.886					1:43.457
6	13:49:22.675	7:32.626	58.268			1:50.412	2	13:13:34.952	7:05.066	51.995	1:34.221	2:53.695	1:45.155
7	13:57:02.066	7:39.391	1:03.178			1:58.991	3	13:20:53.971	7:19.019	54.324			1:52.094
8	14:05:04.059	8:01.993	1:10.892			2:00.456	4	13:32:34.889	11:40.918	55.414			6:04.693
							5	13:40:11.120	7:36.231	59.061			1:57.500
(381) Feiko Prosje							6	13:48:25.373	8:14.253	1:03.272			2:04.190
1	13:06:45.735			1:34.486	3:21.006	1:30.027	7	13:56:47.274	8:21.901	1:06.399			2:08.578
2	13:13:28.335	6:42.600	52.338	1:28.402	2:44.494	1:37.366	8	14:05:30.490	8:43.216	1:11.318			2:14.730
3	13:20:45.746	7:17.411	52.768			1:47.622							
4	13:32:18.044	11:32.298	55.412			6:12.959	(297) Wout Jan Hooijer						
5	13:39:39.515	7:21.471	58.225			1:56.708	1	13:05:50.567			1:41.578	2:07.552	1:38.168
6	13:48:28.160	8:48.645	1:03.282			2:02.398	2	13:15:52.489	10:01.922	46.207	1:42.020	2:22.030	5:11.665
7	13:56:44.397	8:16.237	1:08.960			2:04.596	3	13:22:48.812	6:56.323	49.445			1:43.602
8	14:05:05.519	8:21.122	1:25.705			2:02.977	4	13:29:59.565	7:10.753	51.676			1:49.153
							5	13:37:25.518	7:25.953	54.742			1:53.002
(241) Kevin Zwanenburg							6	13:48:40.728	11:15.210	57.336			5:30.422
1	13:06:42.660			1:48.761	2:49.919	1:42.874	7	13:56:54.699	8:13.971	1:04.399			2:04.449
2	13:14:07.229	7:24.569	54.259	1:51.032	2:52.624	1:46.654	8	14:05:31.775	8:37.076	1:05.806			2:17.756
3	13:21:34.293	7:27.064	54.515			1:45.738							
4	13:29:00.027	7:25.734	52.865			1:52.147	(172) Peter Buitenhuis						
5	13:41:37.210	12:37.183	55.490			6:57.701	1	13:05:55.084					1:37.226
6	13:49:07.915	7:30.705	1:00.154			1:51.546	2	13:12:43.062	6:47.978	48.880	1:37.580	2:36.276	1:45.242
7	13:57:01.524	7:53.609	1:01.610			2:00.598	3	13:24:03.134	11:20.072	50.327	1:40.868	2:54.596	5:54.281
8	14:05:08.200	8:06.676	1:06.377			1:56.729	4	13:31:15.895	7:12.761	52.027			1:47.688
							5	13:39:18.770	8:02.875	1:01.602			2:02.410
(182) Thijs Keustermans							6	13:47:43.764	8:24.994	1:04.315			2:12.559
1	13:07:05.086			1:50.037	3:11.799	1:40.745	7	13:56:43.377	8:59.613	1:13.028			2:24.259
2	13:14:20.972	7:15.886	52.645	1:45.913	2:54.086	1:43.242	8	14:05:32.445	8:49.068	1:11.453			2:16.546
3	13:21:30.786	7:09.814	51.252			1:45.736							
4	13:28:52.591	7:21.805	53.325			1:51.123	(343) Jordi Woudenberg						
5	13:41:14.784	12:22.193	56.200			6:40.572	1	13:08:16.807			1:49.452	4:13.142	1:43.896
6	13:49:03.052	7:48.268	1:01.893			1:58.119	2	13:15:24.785	7:07.978	53.996	1:44.460	2:47.298	1:42.224
7	13:57:00.350	7:57.298	1:04.127			1:58.448	3	13:22:40.763	7:15.978	51.657			1:42.665
8	14:05:11.839	8:11.489	1:07.959			2:06.477	4	13:34:46.562	12:05.799	1:00.361			6:16.962
							5	13:42:05.675	7:19.113	56.440			1:49.047
(1307) Remi Lok							6	13:49:42.868	7:37.193	59.799			1:55.211
1	13:07:23.759			1:50.038	3:14.944	1:46.985	7	13:57:33.087	7:50.219	1:04.564			1:56.924
2	13:14:48.975	7:25.216	56.290	1:47.177	2:57.000	1:44.749	8	14:05:34.739	8:01.652	1:05.082			2:04.729
3	13:26:07.808	11:18.833	53.823			5:14.571							
4	13:33:39.283	7:31.475	56.165			1:52.007	(861) Arnold Smits						
5	13:41:20.031	7:40.748	1:00.871			1:53.417	1	13:06:54.852			1:47.170	3:00.005	1:28.514
6	13:49:05.258	7:45.227	1:01.622			1:54.917	2	13:14:32.380	7:37.528	48.871	1:29.467	3:47.945	1:31.245
7	13:56:55.695	7:50.437	1:01.452			1:57.180	3	13:20:48.948	6:16.568	46.703			1:30.031
8	14:05:13.696	8:18.001	1:07.510			2:05.048	4	13:36:24.615	15:35.667	48.319			10:44.902
							5	13:43:48.835	7:24.220	51.721			1:39.509
(1088) Kevin Schonenberg							6	13:50:36.840	6:48.005	56.484			1:38.070
1	13:09:15.167			1:47.161	5:24.127	1:25.941	7	13:57:59.380	7:22.540	56.615			1:48.405
2	13:15:35.277	6:20.110	44.779	1:36.582	2:25.555	1:33.194	8	14:05:36.734	7:37.354	59.193			1:55.301
3	13:22:23.958	6:48.681	47.621			1:39.766							
4	13:35:38.423	13:14.465	48.923			8:08.093	(3) Jurgen van den Goorbergh						
5	13:42:47.744	7:09.321	1:00.903			1:43.242	1	13:05:41.595			1:20.807	2:32.818	1:33.959
6	13:50:05.024	7:17.280	57.369			1:49.635	2	13:12:13.701	6:32.106	46.883	1:28.515	2:35.323	1:41.385
7	13:57:37.557	7:32.533	1:01.097			1:53.481	3	13:19:24.548	7:10.847	49.435	1:37.692	2:52.518	1:51.202
8	14:05:20.394	7:42.837	1:03.041			1:57.582	4	13:32:47.558	13:23.010	57.486			6:33.331
							5	13:40:19.788	7:32.230	58.439			1:58.521
(154) Johannes Harsevoort							6	13:48:53.160	8:33.372	1:08.489			1:59.744
1	13:06:18.268					1:40.243	7	13:57:02.894	8:09.734	1:07.002			2:07.022
2	13:13:07.276	6:49.008	54.448	1:49.729	2:25.118	1:39.713	8	14:05:47.891	8:44.997	1:15.443			2:07.431
3	13:20:23.101	7:15.825	55.450			1:48.098							
4	13:32:53.592	12:30.491	1:00.312			6:43.453	(820) Maikel van den Heuvel						
5	13:40:15.943	7:22.351	57.684			1:50.651	1	13:08:29.749			2:01.769	4:19.428	1:32.375
6	13:48:23.346	8:07.403	1:00.778			2:04.968	2	13:15:14.165	6:44.416	49.746	1:49.361	2:26.254	1:39.055
7	13:56:36.468	8:13.122	1:04.481			2:01.946	3	13:22:13.005	6:58.840	47.847			1:44.960



RBKO Den Haag

RBKO

Scheveningen 5,000 Km

Semifinal

29.11.2015 13:00

Race (50:00 and 1 Laps) started at 12:59:59

Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm	Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm
4	13:34:10.455	11:57.450	53.661			6:29.844	(535) Kay Balsing						
5	13:41:29.022	7:18.567	54.834			1:49.560	1	13:07:27.196			1:53.431	3:16.931	1:48.581
6	13:49:52.352	8:23.330	1:08.083			2:22.901	2	13:14:55.924	7:28.728	1:07.663	1:40.755	2:52.181	1:48.129
7	13:57:43.341	7:50.989	1:02.145			1:57.940	3	13:26:47.352	11:51.428	56.288			6:06.789
8	14:05:50.394	8:07.053	1:03.409			1:57.239	4	13:34:16.354	7:29.002	1:00.967			1:53.893
(766) Luuk Gielen							5	13:41:57.274	7:40.920	1:00.571			1:59.814
1	13:05:43.119			1:44.329	1:58.175	1:32.048	6	13:49:46.590	7:49.316	1:03.293			1:56.293
2	13:12:33.015	6:49.896	47.571	1:34.197	2:31.277	1:56.851	7	13:57:51.587	8:04.997	1:08.440			2:02.637
3	13:19:44.274	7:11.259	53.903	1:46.355	2:41.907	1:49.094	8	14:06:01.187	8:09.600	1:08.644			2:03.204
4	13:32:48.719	13:04.445	54.204			7:34.483	(1150) Wessel Bosch						
5	13:40:30.697	7:41.978	58.811			1:58.047	1	13:05:06.848				2:18.837	1:13.144
6	13:48:42.986	8:12.289	1:07.210			2:19.324	2	13:10:30.146	5:23.298			2:09.527	1:15.397
7	13:57:07.256	8:24.270	1:05.582			2:25.900	3	13:16:03.170	5:33.024	40.188	1:20.743	2:12.211	1:19.882
8	14:05:50.858	8:43.602	1:15.559			2:09.160	4	13:21:52.332	5:49.162	44.065			1:24.692
(162) Erwin Parmentier							5	13:33:33.258	11:40.926				6:45.983
1	13:06:34.575			1:43.559	2:41.015	1:37.925	6	13:44:20.466	10:47.208	47.889			6:19.322
2	13:13:50.702	7:16.127	57.735	1:36.165	2:55.949	1:46.278	7	13:58:43.535	14:23.069	1:23.336			6:10.368
3	13:21:19.516	7:28.814	52.760			1:52.562	8	14:06:04.278	7:20.743	1:23.060			1:40.815
4	13:33:00.620	11:41.104	55.642			5:56.650	(672) Roeland Pliets						
5	13:41:03.513	8:02.893	1:00.225			2:02.551	1	13:07:37.557			2:07.657	2:59.430	1:49.574
6	13:49:05.641	8:02.128	1:07.188			2:01.584	2	13:15:00.502	7:22.945	55.308	1:49.447	2:52.573	1:45.617
7	13:57:23.110	8:17.469	1:07.872			2:07.330	3	13:26:19.475	11:18.973	54.768			5:31.040
8	14:05:51.878	8:28.768	1:12.878			2:04.240	4	13:33:52.818	7:33.343	54.532			1:50.438
(832) Onno Graafstra							5	13:41:35.327	7:42.509	57.112			1:52.307
1	13:07:36.551			1:53.779	3:33.350	1:42.324	6	13:49:27.698	7:52.371	1:00.498			1:55.200
2	13:14:51.356	7:14.805	55.140	1:47.874	2:49.602	1:42.189	7	13:57:44.562	8:16.864	1:06.079			2:04.026
3	13:22:08.399	7:17.043	52.353			1:49.605	8	14:06:05.192	8:20.630	1:06.073			1:59.056
4	13:29:36.858	7:28.459	1:01.560			1:45.657	(840) Klaas van Woudenbergh						
5	13:37:08.625	7:31.767	57.197			1:55.453	1	13:09:25.701			1:41.200	5:31.238	1:38.589
6	13:49:04.304	11:55.679	1:00.117			6:07.626	2	13:19:41.998	10:16.297	56.387	1:31.956	3:02.435	4:45.519
7	13:57:19.730	8:15.426	1:14.553			2:01.789	3	13:27:04.285	7:22.287	49.307			2:21.223
8	14:05:54.815	8:35.085	1:03.778			2:07.928	4	13:34:20.522	7:16.237	56.492			1:52.067
(1480) Joep Teunisen							5	13:41:43.338	7:22.816	58.558			1:55.812
1	13:06:18.041			1:59.613	1:47.249	1:47.470	6	13:49:39.568	7:56.230	1:03.768			1:55.926
2	13:17:23.146	11:05.105	53.443	1:44.053	2:58.666	5:28.943	7	13:57:31.527	7:51.959	1:07.180			2:04.248
3	13:24:34.349	7:11.203	49.122			1:46.734	8	14:06:05.400	8:33.873	1:08.114			2:12.041
4	13:32:17.357	7:43.008	57.680			1:54.540	(398) Andy Noortman						
5	13:40:15.132	7:57.775	1:03.526			2:02.587	1	13:06:23.540			1:43.100	2:34.854	1:47.676
6	13:48:36.566	8:21.434	1:07.102			2:07.459	2	13:13:48.300	7:24.760	55.609	1:41.250	3:02.935	1:44.966
7	13:57:04.081	8:27.515	1:10.564			2:05.484	3	13:21:18.198	7:29.898	55.238			1:54.094
8	14:05:58.107	8:54.026	1:17.080			2:03.206	4	13:28:58.819	7:40.621	58.624			1:56.725
(217) Oscar Pelgrim							5	13:41:31.446	12:32.627	1:01.808			6:28.606
1	13:05:11.572			1:34.505	1:54.172	1:27.851	6	13:49:27.702	7:56.256	1:02.334			2:07.734
2	13:11:39.574	6:28.002	49.229	1:27.995	2:27.876	1:42.902	7	13:57:35.551	8:07.849	1:06.924			2:01.759
3	13:25:13.779	13:34.205	55.076	1:32.411	3:47.921	7:18.797	8	14:06:06.623	8:31.072	1:08.541			2:16.213
4	13:32:57.317	7:43.538	1:02.088			1:56.362	(914) Raymond Schouten						
5	13:40:53.485	7:56.168	1:02.055			2:01.974	1	13:07:51.306			2:01.156	3:26.870	1:45.295
6	13:49:24.490	8:31.005	1:08.103			2:16.800	2	13:15:06.643	7:15.337	51.025	1:45.045	2:58.048	1:41.219
7	13:57:30.438	8:05.948	1:09.043			2:07.032	3	13:22:29.870	7:23.227	51.774			1:46.518
8	14:05:59.776	8:29.338	1:08.942			2:26.070	4	13:34:06.661	11:36.791	55.679			6:01.027
(183) Thomas Tap							5	13:41:24.660	7:17.999	53.494			1:47.138
1	13:07:24.981			1:31.271	4:00.957	1:34.413	6	13:48:57.401	7:32.741	1:01.424			1:50.638
2	13:14:52.733	7:27.752	49.991	1:49.029	3:06.771	1:41.961	7	13:56:47.067	7:49.666	1:02.601			1:55.016
3	13:21:48.968	6:56.235	52.464			1:45.133	8	14:06:10.007	9:22.940	1:03.932			2:01.098
4	13:34:25.534	12:36.566	54.043			7:13.469	(1319) Johnny Pinkaarts						
5	13:41:41.084	7:15.550	56.030			1:54.981	1	13:07:34.149			1:42.474	3:38.749	1:40.570
6	13:49:29.878	7:48.794	1:15.173			1:58.173	2	13:15:07.364	7:33.215	54.130	1:42.989	3:15.069	1:41.027
7	13:57:25.087	7:55.209	1:08.285			2:01.989	3	13:22:29.056	7:21.692	54.366			1:45.043
8	14:05:59.811	8:34.724	1:06.495			2:09.186	4	13:34:17.348	11:48.292	1:04.587			5:58.714
							5	13:41:44.188	7:26.840	55.252			1:52.990



RBKO Den Haag

RBKO

Scheveningen 5,000 Km

Semifinal

29.11.2015 13:00

Race (50:00 and 1 Laps) started at 12:59:59

Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm	Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm
6	13:49:49.677	8:05.489	1:00.853			1:52.921	2	13:14:31.825	7:28.714	54.389	1:33.512	3:07.290	1:53.523
7	13:57:46.774	7:57.097	1:04.695			1:56.670	3	13:21:49.294	7:17.469	54.909			1:48.133
8	14:06:10.815	8:24.041	1:06.405			2:07.494	4	13:29:26.933	7:37.639	59.782			1:50.751
(211) Bart Oosting							5	13:40:54.721	11:27.788	1:00.789			5:39.408
1	13:06:17.130			1:40.701	2:26.141	1:46.964	6	13:49:26.263	8:31.542	1:23.062			2:04.719
2	13:13:23.018	7:05.888	52.157	1:39.966	2:54.430	1:39.335	7	13:57:49.299	8:23.036	1:06.180			2:09.858
3	13:20:15.196	6:52.178	49.421			1:42.353	8	14:06:27.036	8:37.737	1:14.482			2:09.115
4	13:33:41.124	13:25.928	53.532			7:45.580	(312) Niels Eefsting						
5	13:41:14.342	7:33.218	57.475			1:53.199	1	13:06:46.909			1:47.714	2:54.725	1:44.605
6	13:49:16.268	8:01.926	1:04.862			1:57.377	2	13:14:42.672	7:55.763	58.267	1:51.098	3:13.039	1:53.359
7	13:57:40.157	8:23.889	1:06.685			2:08.858	3	13:22:04.417	7:21.745	55.001			1:48.837
8	14:06:17.501	8:37.344	1:13.305			2:05.956	4	13:33:46.843	11:42.426	59.154			5:51.887
(845) Bart ten Hove							5	13:41:21.648	7:34.805	56.698			1:58.987
1	13:08:03.207			1:51.744	4:05.645	1:39.935	6	13:49:30.431	8:08.783	1:03.416			2:02.251
2	13:15:03.996	7:00.789	55.928	1:46.395	2:32.731	1:45.735	7	13:57:57.642	8:27.211	1:11.967			2:05.938
3	13:22:24.459	7:20.463	55.521			1:48.562	8	14:06:31.402	8:33.760	1:11.224			2:05.364
4	13:34:53.167	12:28.708	1:00.033			6:53.772	(414) Louise de Martines						
5	13:42:27.086	7:33.919	1:01.945			1:56.355	1	13:05:55.493			1:35.037	2:20.469	1:38.193
6	13:50:10.448	7:43.362	1:04.661			1:58.909	2	13:12:48.150	6:52.657	50.826	1:34.468	2:45.557	1:41.806
7	13:58:17.266	8:06.818	1:07.730			2:04.681	3	13:19:43.503	6:55.353	52.229			1:43.862
8	14:06:18.232	8:00.966	1:02.661			1:57.208	4	13:33:57.059	14:13.556	55.821			8:48.685
(918) Udo Waanders							5	13:41:42.968	7:45.909	55.868			1:53.960
1	13:06:58.558			1:53.990	2:47.625	1:43.327	6	13:49:23.251	7:40.283	1:00.686			1:59.144
2	13:14:37.446	7:38.888	54.621	1:54.552	2:55.480	1:54.235	7	13:57:39.221	8:15.970	1:24.051			2:06.865
3	13:22:08.109	7:30.663	56.355			1:51.160	8	14:06:38.168	8:58.947	1:06.691			2:14.691
4	13:30:05.225	7:57.116	1:08.715			1:53.740	(812) Johnny Donders						
5	13:41:23.728	11:18.503	59.370			5:29.500	1	13:06:16.818			1:43.503	2:15.567	1:48.264
6	13:49:29.185	8:05.457	1:06.781			2:00.746	2	13:13:16.722	6:59.904	52.225	1:36.417	2:45.084	1:46.178
7	13:57:46.791	8:17.606	1:07.668			2:03.155	3	13:20:54.176	7:37.454	53.264			1:45.362
8	14:06:20.461	8:33.670	1:10.316			2:02.670	4	13:35:08.730	14:14.554	53.079			8:46.330
(647) Michel van Dooren							5	13:42:29.943	7:21.213	56.036			1:49.062
1	13:06:29.258			1:47.086	2:26.904	1:48.260	6	13:50:21.362	7:51.419	1:10.551			1:58.368
2	13:13:42.996	7:13.738	56.109	1:39.660	2:54.309	1:43.660	7	13:58:28.981	8:07.619	1:05.324			2:01.408
3	13:21:05.534	7:22.538	56.141			1:48.068	8	14:06:39.843	8:10.862	1:00.874			2:04.555
4	13:28:38.745	7:33.211	59.592			1:52.815	(754) Kevin ten Holder						
5	13:39:42.506	11:03.761	1:00.423			5:15.823	1	13:06:13.023			1:51.637	2:11.327	1:43.159
6	13:47:47.983	8:05.477	1:06.831			2:01.503	2	13:13:07.798	6:54.775	51.118	1:37.992	2:42.982	1:42.683
7	13:56:14.785	8:26.802	1:07.911			2:09.449	3	13:20:27.641	7:19.843	53.554			1:50.064
8	14:06:20.678	10:05.893	1:15.723			2:18.223	4	13:28:05.147	7:37.506	57.441			1:51.121
(365) Thijs de Bell							5	13:39:48.839	11:43.692	57.443			5:43.219
1	13:05:57.200			1:39.594	2:23.888	1:29.812	6	13:48:35.129	8:46.290	1:04.890			1:55.472
2	13:18:14.261	12:17.061	47.222	1:35.566	4:05.217	5:49.056	7	13:57:26.184	8:51.055	1:07.987			2:06.705
3	13:24:57.018	6:42.757	46.559			1:38.640	8	14:06:40.710	9:14.526	1:12.286			2:19.242
4	13:31:38.084	6:41.066	54.065			1:40.670	(302) Rick Disseldorp						
5	13:38:29.804	6:51.720	53.561			1:46.518	1	13:06:07.375			1:40.111	2:21.744	1:37.576
6	13:50:24.458	11:54.654	56.103			6:15.200	2	13:13:51.584	7:44.209	53.023	1:34.532	3:35.459	1:41.195
7	13:57:59.298	7:34.840	57.199			2:00.311	3	13:20:40.611	6:49.027	55.153			1:36.974
8	14:06:20.754	8:21.456	1:08.166			2:06.109	4	13:33:32.441	12:51.830	53.562			7:38.654
(1083) Tinus Timmer							5	13:41:12.680	7:40.239	53.905			1:45.588
1	13:08:13.490			1:29.250	3:32.076	1:40.013	6	13:50:06.119	8:53.439	59.988			1:56.100
2	13:14:56.335	6:42.845	52.279	1:31.131	2:43.847	1:35.588	7	13:58:42.440	8:36.321	1:13.785			2:00.653
3	13:21:32.665	6:36.330	52.215			1:36.718	8	14:06:50.412	8:07.972	1:11.032			1:59.595
4	13:28:13.673	6:41.008	52.796			1:31.309	(512) Paul Dijkstra						
5	13:42:30.458	14:16.785	54.057			8:15.898	1	13:06:30.205			1:32.004	2:58.115	1:45.399
6	13:49:46.332	7:15.874	1:01.642			1:48.435	2	13:14:01.417	7:31.212	58.559	1:34.893	3:07.929	1:49.831
7	13:58:10.426	8:24.094	1:03.105			1:54.548	3	13:25:19.422	11:18.005	55.114			5:23.084
8	14:06:26.566	8:16.140	1:09.046			2:01.494	4	13:33:05.236	7:45.814	1:00.964			1:56.434
(361) Michel Olthaar							5	13:41:03.930	7:58.694	1:05.987			1:59.656
1	13:07:03.111			1:28.940	3:31.392	1:43.518	6	13:49:28.449	8:24.519	1:04.628			2:05.594
							7	13:58:05.687	8:37.238	1:12.483			2:06.954



RBKO Den Haag

RBKO

Scheveningen 5,000 Km

Semifinal

29.11.2015 13:00

Race (50:00 and 1 Laps) started at 12:59:59

Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm	Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm
8	14:06:55.191	8:49.504	1:12.665			2:05.596	4	13:28:42.334	7:14.301	54.825			1:39.583
(1189) Robert van der Steen							5	13:42:25.491	13:43.157	58.115			8:01.532
1	13:07:31.505			2:09.432	3:00.503	1:39.315	6	13:50:34.016	8:08.525	1:01.466			1:57.319
2	13:14:45.739	7:14.234	53.480	1:45.170	2:53.766	1:41.818	7	13:59:00.776	8:26.760	1:12.797			2:06.322
3	13:22:23.690	7:37.951	54.052			1:48.378	8	14:07:27.087	8:26.311	1:07.413			2:03.477
4	13:34:50.715	12:27.025	56.244			6:41.048	(640) Martijn van Gerven						
5	13:42:27.856	7:37.141	1:00.601			1:54.602	1	13:06:32.789			1:34.506	2:48.171	1:40.493
6	13:50:19.452	7:51.596	1:01.588			1:53.255	2	13:13:41.829	7:09.040	54.499	1:32.581	2:49.865	1:52.095
7	13:58:32.026	8:12.574	1:03.941			2:01.865	3	13:21:12.081	7:30.252	53.422			1:54.648
8	14:07:02.889	8:30.863	1:09.619			2:06.227	4	13:34:41.478	13:29.397	56.358			7:47.579
(603) Thomas Roodink							5	13:42:41.336	7:59.858	1:02.782			1:59.877
1	13:05:51.427					1:39.990	6	13:50:46.236	8:04.900	1:04.856			2:06.539
2	13:12:58.282	7:06.855	48.282	1:50.998	2:39.981	1:47.594	7	13:59:07.759	8:21.523	1:09.491			2:00.440
3	13:23:23.968	10:25.686	52.198			4:51.720	8	14:07:27.465	8:19.706	1:09.119			2:05.929
4	13:31:04.512	7:40.544	57.067			1:58.157	(847) Auke van Steenberghe						
5	13:38:54.824	7:50.312	58.724			1:54.622	1	13:07:37.946			2:07.108	3:18.229	1:37.878
6	13:50:12.441	11:17.617	1:04.511			5:18.157	2	13:15:04.547	7:26.601	52.887	1:53.345	2:57.182	1:43.187
7	13:58:32.688	8:20.247	1:08.637			2:06.613	3	13:27:57.463	12:52.916	51.718			7:11.952
8	14:07:05.234	8:32.546	1:02.627			2:08.415	4	13:35:19.154	7:21.691	53.130			1:47.737
(1201) Frank ten Cate							5	13:43:07.041	7:47.887	55.001			1:49.352
1	13:06:34.753			1:45.748	2:40.531	1:42.836	6	13:50:57.042	7:50.001	1:00.232			1:52.199
2	13:14:51.633	8:16.880	53.814	1:41.830	2:48.776	2:52.460	7	13:58:59.068	8:02.026	1:03.986			1:57.600
3	13:23:43.099	8:51.466	55.585			1:44.522	8	14:07:28.159	8:29.091	1:07.883			2:00.746
4	13:35:19.890	11:36.791	56.492			6:02.513	(977) Sjoerd van Lieshout						
5	13:43:06.121	7:46.231	56.174			1:48.019	1	13:07:07.983			1:54.962	2:55.563	1:43.511
6	13:50:53.483	7:47.362	1:13.356			1:56.291	2	13:14:50.163	7:42.180	1:01.327	1:49.894	3:02.033	1:48.926
7	13:58:58.091	8:04.680	1:03.268			2:05.680	3	13:22:36.302	7:46.139	59.234			1:53.545
8	14:07:08.882	8:10.791	1:02.663			2:07.065	4	13:34:17.399	11:41.097	1:00.245			5:49.439
(1017) Mitchell van der Gaag							5	13:42:12.131	7:54.732	58.571			1:57.881
1	13:06:06.039			1:46.436	2:16.230	1:38.878	6	13:50:36.841	8:24.710	1:05.438			2:03.073
2	13:13:31.027	7:24.988	51.224	1:33.182	3:12.897	1:47.685	7	13:58:59.627	8:22.786	1:08.987			2:08.434
3	13:20:50.428	7:19.401	57.259			1:48.421	8	14:07:31.647	8:32.020	1:06.921			2:10.646
4	13:32:38.593	11:48.165	58.315			6:06.706	(1248) James de Bois						
5	13:40:41.888	8:03.295	1:00.754			2:05.453	1	13:08:04.549			2:12.642	3:22.644	1:45.139
6	13:49:37.834	8:55.946	1:16.915			2:20.328	2	13:15:47.510	7:42.961	1:04.086	1:57.144	2:54.122	1:47.609
7	13:58:41.991	9:04.157	1:19.420			2:10.188	3	13:23:43.342	7:55.832	53.576			1:41.467
8	14:07:17.429	8:35.438	1:18.454			2:07.819	4	13:31:03.278	7:19.936	59.481			1:42.100
(280) Brian van der Zeijden							5	13:43:51.986	12:48.708	55.924			7:16.541
1	13:06:30.775			1:35.147	2:54.616	1:41.746	6	13:51:15.210	7:23.224	1:02.190			1:49.122
2	13:13:47.008	7:16.233	51.396	1:37.819	3:03.242	1:43.776	7	13:59:00.693	7:45.483	1:03.507			1:58.229
3	13:28:07.664	14:20.656	48.488			7:42.722	8	14:07:32.824	8:32.131	1:08.210			1:56.250
4	13:35:27.717	7:20.053	55.457			1:55.565	(732) Rene van de Wall						
5	13:43:13.053	7:45.336	59.523			1:55.735	1	13:06:01.174			1:44.965	2:08.427	1:41.853
6	13:51:03.934	7:50.881	1:04.048			1:55.558	2	13:13:11.969	7:10.795	51.480	1:41.566	2:54.361	1:43.388
7	13:59:09.202	8:05.268	1:03.046			2:03.905	3	13:25:43.094	12:31.125	53.249			6:48.093
8	14:07:24.325	8:15.123	1:09.087			2:04.631	4	13:33:29.365	7:46.271	57.829			1:59.453
(1085) Stefan Baartman							5	13:41:16.313	7:46.948	1:01.953			1:55.960
1	13:07:18.570			2:09.309	2:55.597	1:40.454	6	13:49:25.968	8:09.655	1:06.999			1:59.357
2	13:14:28.936	7:10.366	52.298	1:36.365	2:54.023	1:47.680	7	13:58:49.226	9:23.258	1:10.320			2:05.686
3	13:22:00.071	7:31.135	54.668			1:46.790	8	14:07:37.156	8:47.930	1:14.855			2:04.785
4	13:33:31.075	11:31.004	58.627			5:46.299	(1218) Kevin van der Wielen						
5	13:41:24.167	7:53.092	57.439			1:55.507	1	13:06:49.580			1:46.733	2:42.139	1:36.957
6	13:49:44.539	8:20.372	1:06.604			1:56.080	2	13:14:03.032	7:13.452	55.689	1:43.283	2:46.577	1:47.903
7	13:58:37.910	8:53.371	1:11.244			2:10.823	3	13:21:10.011	7:06.979	54.312			1:48.821
8	14:07:26.491	8:48.581	1:09.671			2:08.691	4	13:28:25.677	7:15.666	56.672			1:50.988
(472) Rick van der Gugten							5	13:35:48.978	7:23.301	58.106			1:54.748
1	13:06:19.855			1:48.343	2:25.544	1:40.882	6	13:43:48.916	7:59.938	1:02.267			2:25.758
2	13:13:22.068	7:02.213	51.062	1:37.183	2:53.880	1:40.088	7	13:56:49.778	13:00.862	1:07.032			7:03.306
3	13:21:28.033	8:05.965	1:35.518			1:42.009	8	14:07:37.422	10:47.644	1:09.564			2:19.377



RBKO Den Haag

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29.11.2015 13:00

Race (50:00 and 1 Laps) started at 12:59:59

Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm	Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm
(187) Rob van Dijk							6	13:50:26.418	8:03.726	1:06.923			2:00.361
1	13:07:26.008			1:50.625	3:23.462	1:44.873	7	13:58:51.271	8:24.853	1:13.846			2:09.791
2	13:15:06.253	7:40.245	56.946	1:43.287	3:18.453	1:41.559	8	14:08:00.002	9:08.731	1:23.230			2:27.057
3	13:22:26.801	7:20.548	51.394			1:51.270	(171) Hans Breemer						
4	13:29:59.520	7:32.719	58.092			1:50.842	1	13:05:43.672			1:28.549	2:15.848	1:34.529
5	13:42:23.612	12:24.092	58.867			6:37.447	2	13:12:38.927	6:55.255	48.041	1:40.616	2:41.417	1:45.181
6	13:50:17.280	7:53.668	1:01.793			1:57.127	3	13:19:46.653	7:07.726	54.444	1:39.261	2:47.786	1:46.235
7	13:58:44.808	8:27.528	1:05.148			2:05.154	4	13:27:06.717	7:20.064	55.046			1:55.902
8	14:07:43.290	8:58.482	1:10.039			2:01.303	5	13:40:07.906	13:01.189	59.075			7:16.366
(340) Arnout van der Leij							6	13:47:56.456	7:48.550	1:01.611			1:56.985
1	13:06:27.095			1:30.276	2:41.966	1:52.267	7	13:56:03.756	8:07.300	1:06.578			2:01.861
2	13:17:52.203	11:25.108	55.480	1:45.054	3:06.046	5:38.528	8	14:08:53.788	12:50.032	1:06.894			
3	13:25:33.995	7:41.792	57.070			1:58.718	(990) Huub van Genugten						
4	13:33:30.732	7:56.737	1:01.805			1:59.204	1	13:07:34.769			1:59.578	3:08.926	1:51.287
5	13:41:52.454	8:21.722	1:04.904			2:08.659	2	13:15:29.976	7:55.207	1:00.472	1:48.077	3:13.248	1:53.410
6	13:50:04.594	8:12.140	1:01.386			2:08.234	3	13:23:00.684	7:30.708	1:03.978			1:48.385
7	13:58:52.053	8:47.459	1:14.041				4	13:35:04.760	12:04.076	1:00.474			6:18.274
8	14:07:43.895	8:51.842	1:17.308			2:06.061	5	13:42:52.584	7:47.824	59.362			2:01.613
(177) Quins Peizel							6	13:50:37.415	7:44.831	1:04.379			1:56.503
1	13:06:37.290			1:45.053	2:48.722	1:40.648	7	13:59:11.002	8:33.587	1:14.451			2:06.271
2	13:14:16.890	7:39.600	54.770	1:48.547	3:12.812	1:43.471	(567) Edwin Straver						
3	13:21:34.244	7:17.354	51.798			1:42.090	1	13:14:08.293			2:34.759		
4	13:33:39.613	12:05.369	53.607			6:28.281	2	13:20:25.211	6:16.918	45.807		15:50.473	1:29.371
5	13:41:23.285	7:43.672	57.054			2:01.368	3	13:26:48.653	6:23.442	48.111			1:38.712
6	13:49:53.506	8:30.221	1:06.501			2:02.079	4	13:33:26.839	6:38.186	52.657			1:41.854
7	13:58:46.548	8:53.042	1:10.369			2:23.658	5	13:44:54.250	11:27.411	53.430			6:17.415
8	14:07:53.038	9:06.490	1:15.103			2:12.560	6	13:51:49.267	6:55.017	55.337			1:45.555
(1373) Daan Groeneweg							7	13:59:12.498	7:23.231	59.973			1:47.541
1	13:07:32.890			2:06.119	3:03.739	1:40.953	(1018) Bram Drees						
2	13:14:46.042	7:13.152	52.778	1:52.669	2:45.119	1:42.586	1	13:06:48.914			1:44.615	2:46.015	1:37.408
3	13:21:51.163	7:05.121	50.248			1:42.381	2	13:13:54.245	7:05.331	54.592	1:37.518	2:56.057	1:37.164
4	13:35:05.510	13:14.347	52.332			7:51.589	3	13:22:11.229	8:16.984	53.211			1:50.169
5	13:42:23.402	7:17.892	55.009			1:48.045	4	13:29:43.197	7:31.968	58.132			1:50.165
6	13:49:54.697	7:31.295	56.892			1:50.794	5	13:41:47.093	12:03.896	57.436			6:19.794
7	13:58:36.546	8:41.849	1:04.480			1:58.526	6	13:49:32.435	7:45.342	59.849			1:56.513
8	14:07:53.190	9:16.644	1:08.088			2:08.649	7	13:59:12.885	9:40.450	2:19.180			2:06.291
(1261) Edwin Groen							(616) Fokko Tuik						
1	13:07:40.439			1:50.373	3:29.261	1:43.562	1	13:05:59.869			1:58.865	1:52.326	1:36.357
2	13:14:52.399	7:11.960	53.143	1:39.482	2:55.570	1:43.765	2	13:14:32.319	8:32.450	50.783	1:37.580	4:18.888	1:45.199
3	13:22:18.121	7:25.722	57.651			1:46.405	3	13:21:45.596	7:13.277	54.424			1:52.100
4	13:29:43.393	7:25.272	56.211			1:49.652	4	13:29:00.940	7:15.344	54.862			1:49.581
5	13:42:22.335	12:38.942	57.718			7:00.881	5	13:36:13.775	7:12.835	58.428			1:46.833
6	13:50:22.789	8:00.454	1:02.087			1:57.504	6	13:51:07.082	14:53.307	1:00.607			6:03.088
7	13:59:06.006	8:43.217	1:10.495			2:09.715	7	13:59:13.578	8:06.496	1:03.804			2:04.302
8	14:07:55.462	8:49.456	1:14.072			2:10.943	(579) Dave Granneman						
(151) Mark de Wit							1	13:06:03.775			1:28.736	2:36.110	1:38.451
1	13:06:35.501			1:27.235	2:47.521	2:02.194	2	13:13:00.189	6:56.414	50.532	1:33.398	2:52.327	1:40.157
2	13:13:28.989	6:53.488	50.562	1:34.572	2:48.768	1:39.586	3	13:19:50.828	6:50.639	49.640			1:42.197
3	13:20:17.573	6:48.584	49.910			1:40.482	4	13:33:52.012	14:01.184	1:27.402			7:43.281
4	13:33:18.606	13:01.033	1:36.232			6:39.918	5	13:41:34.543	7:42.531	1:02.896			1:56.712
5	13:41:40.168	8:21.562	54.197			1:59.528	6	13:50:06.609	8:32.066	1:08.755			2:10.510
6	13:49:40.111	7:59.943	1:05.035			2:03.583	7	13:59:15.462	9:08.853	1:06.833			2:15.271
7	13:58:51.452	9:11.341	1:10.356			2:31.183	(674) Wopke Hoekstra						
8	14:07:56.666	9:05.214	1:18.131			2:16.847	1	13:06:19.421			1:41.809	2:33.469	1:47.473
(428) Rick Timmers							2	13:13:32.838	7:13.417	54.234	1:40.620	2:54.222	1:44.341
1	13:06:44.913			1:34.192	2:59.735	1:39.808	3	13:21:08.883	7:36.045	57.929			1:49.271
2	13:14:05.166	7:20.253	1:00.224	1:36.245	3:06.238	1:37.546	4	13:29:07.529	7:58.646	59.128			1:57.846
3	13:21:21.208	7:16.042	57.764			1:48.832	5	13:41:29.999	12:22.470	58.415			6:28.849
4	13:34:29.712	13:08.504	54.738			7:04.582	6	13:49:59.744	8:29.745	1:04.410			2:06.044
5	13:42:22.692	7:52.980	1:18.965			1:57.627							



RBKO Den Haag

RBKO

Scheveningen 5,000 Km

Semifinal

29.11.2015 13:00

Race (50:00 and 1 Laps) started at 12:59:59

Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm	Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm
7	13:59:17.163	9:17.419	1:08.156			2:16.539	1	13:07:54.086			1:51.818	3:36.316	1:46.817
(1109) Jarno Winters							2	13:15:11.822	7:17.736	56.688	1:38.607	2:55.523	1:46.918
1	13:06:03.247			2:03.521	1:49.087	1:45.479	3	13:22:14.919	7:03.097	50.651			1:43.954
2	13:13:50.097	7:46.850	55.903	1:51.515	3:10.174	1:49.258	4	13:35:53.153	13:38.234	55.622			7:54.826
3	13:21:45.206	7:55.109	59.276			1:51.177	5	13:43:20.347	7:27.194	59.222			1:49.858
4	13:34:07.259	12:22.053	59.678			6:02.508	6	13:50:47.529	7:27.182	59.272			1:52.547
5	13:42:19.826	8:12.567	1:04.536			1:58.478	7	13:59:29.775	8:42.246	1:02.521			2:01.257
6	13:50:32.306	8:12.480	1:05.140			1:58.373	(1381) Luc Peeters						
7	13:59:17.187	8:44.881	1:12.796			2:05.691	1	13:05:53.784					1:38.942
(1322) Jos van de Velde							2	13:11:32.778	5:38.994	55.141			1:38.603
1	13:07:00.910			1:55.401	2:41.460	1:42.985	3	13:19:11.390	7:38.612	55.622	1:56.994	2:59.300	1:46.696
2	13:14:13.511	7:12.601	52.961	1:42.164	2:52.607	1:44.869	4	13:32:12.787	13:01.397	1:03.028			7:46.128
3	13:22:05.631	7:52.120	52.682			1:46.244	5	13:39:59.228	7:46.441	1:08.136			2:09.289
4	13:32:58.819	10:53.188	55.807			5:08.650	6	13:49:10.793	9:11.565	1:07.098			2:00.126
5	13:41:19.672	8:20.853	1:02.413			1:57.581	7	13:59:31.582	10:20.789	1:21.495			2:29.816
6	13:49:39.814	8:20.142	1:07.890			1:58.729	(442) Marcus Busch						
7	13:59:19.850	9:40.036	1:13.176			2:16.317	1	13:12:01.786			2:04.719	1:56.842	7:25.701
(1034) Dirk Jan Keijzer							2	13:18:39.130	6:37.344	46.124	1:36.610	2:32.929	1:41.681
1	13:07:06.007			1:55.711	2:54.113	1:40.402	3	13:25:26.189	6:47.059	51.360			1:42.828
2	13:14:30.843	7:24.836	56.280	1:42.386	2:55.271	1:50.899	4	13:32:24.067	6:57.878	56.264			1:45.107
3	13:26:02.949	11:32.106	57.503			6:04.396	5	13:40:03.019	7:38.952	56.583			1:51.259
4	13:33:15.900	7:12.951	55.824			1:50.352	6	13:47:33.351	7:30.332	1:00.770			1:55.283
5	13:41:55.648	8:39.748	1:32.152			2:13.235	7	13:59:32.868	11:59.517	1:05.249			6:07.242
6	13:50:09.479	8:13.831	1:16.248			2:16.005	(740) Edward Goodijk						
7	13:59:20.401	9:10.922	1:05.805			2:34.206	1	13:07:29.463			2:25.560	2:55.012	1:34.240
(1114) Eric van Leeuwen							2	13:14:21.661	6:52.198	54.368	1:51.216	2:28.428	1:38.186
1	13:07:16.924			2:20.543	2:51.908	1:33.764	3	13:21:22.248	7:00.587	54.128			1:36.969
2	13:14:05.976	6:49.052	54.273	1:31.285	2:42.841	1:40.653	4	13:34:55.835	13:33.587	51.102			6:20.054
3	13:21:05.939	6:59.963	52.592			1:42.739	5	13:42:56.231	8:00.396	57.940			2:09.353
4	13:33:58.658	12:52.719	54.259			7:37.618	6	13:50:56.909	8:00.678	1:03.473			1:55.730
5	13:41:26.598	7:27.940	55.300			1:53.976	7	13:59:36.829	8:39.920	1:04.593			2:17.115
6	13:49:23.184	7:56.586	1:07.082			1:54.372	(778) Michel Both						
7	13:59:23.300	10:00.116	1:08.553			2:03.035	1	13:06:18.628			1:43.163	2:33.498	1:33.004
(384) Hein Hachmang							2	13:14:17.438	7:58.810	52.260	1:33.837	3:57.321	1:35.392
1	13:06:51.356			1:42.017	3:00.002	1:41.408	3	13:27:31.771	13:14.333	58.070			7:26.613
2	13:14:20.663	7:29.307	56.357	1:35.760	3:10.237	1:46.953	4	13:34:56.899	7:25.128	58.344			1:52.427
3	13:21:32.440	7:11.777	51.554			1:48.609	5	13:43:24.264	8:27.365	59.845			1:56.714
4	13:34:29.430	12:56.990	1:41.179			5:15.368	6	13:51:16.492	7:52.228	1:05.206			1:56.474
5	13:42:44.783	8:15.353	55.596			1:51.913	7	13:59:38.347	8:21.855	1:07.197			2:23.275
6	13:51:01.176	8:16.393	1:05.906			1:58.467	(1254) Ard Poland						
7	13:59:25.525	8:24.349	1:07.076			2:06.511	1	13:07:25.516			2:13.526	2:44.304	1:46.917
(593) John Bredenoord							2	13:14:36.097	7:10.581	55.651	1:39.923	2:45.890	1:49.117
1	13:07:26.434			1:45.481	3:27.202	1:45.760	3	13:22:01.742	7:25.645	59.219			1:47.143
2	13:14:35.765	7:09.331	54.419	1:44.564	2:43.343	1:47.005	4	13:35:20.291	13:18.549	1:00.001			7:41.779
3	13:27:33.409	12:57.644	53.026			6:31.268	5	13:43:11.547	7:51.256	1:01.584			2:02.815
4	13:34:48.073	7:14.664	54.320			2:01.093	6	13:51:15.600	8:04.053	1:07.102			2:01.010
5	13:42:21.228	7:33.155	59.108			1:54.080	7	13:59:38.976	8:23.376	1:13.186			2:06.099
6	13:49:57.701	7:36.473	58.688			1:56.209	(212) Jeffry Fijneman						
7	13:59:27.865	9:30.164	1:05.838			2:05.249	1	13:13:42.485			1:27.407	10:23.559	1:35.576
(1233) Gerard steenberg							2	13:20:35.889	6:53.404	49.994			1:39.369
1	13:06:58.065			2:00.250	2:41.862	1:39.251	3	13:27:25.325	6:49.436	50.667			1:39.597
2	13:14:37.926	7:39.861	53.826	1:49.283	2:54.661	2:02.091	4	13:34:17.728	6:52.403	53.417			1:45.077
3	13:21:36.277	6:58.351	53.720			1:43.769	5	13:44:42.892	10:25.164	55.488			5:08.576
4	13:36:48.538	15:12.261	53.666			9:53.711	6	13:52:03.802	7:20.910	57.082			1:52.840
5	13:44:01.348	7:12.810	56.332			1:50.548	7	13:59:39.959	7:36.157	1:01.680			1:51.551
6	13:51:36.245	7:34.897	1:02.412			1:55.011	(354) Johnny van der Zeijden						
7	13:59:29.420	7:53.175	1:04.556			1:58.421	1	13:08:49.087			1:36.562	3:28.945	2:09.524
(1295) Patrick Mulder							2	13:16:25.629	7:36.542	48.720	1:37.396	3:25.182	1:45.244
							3	13:23:38.454	7:12.825	52.859			1:43.433



RBKO Den Haag

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29.11.2015 13:00

Race (50:00 and 1 Laps) started at 12:59:59

Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm	Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm
4	13:31:18.149	7:39.695	55.964			2:17.233	7	14:00:06.655	7:51.390	1:07.128			1:57.448
5	13:43:53.376	12:35.227	55.905			6:20.278	(301) Sjors van der Zalm						
6	13:51:23.273	7:29.897	58.316			2:12.246	1	13:06:02.141			1:43.188	2:12.810	1:40.706
7	13:59:42.720	8:19.447	1:04.038			1:53.071	2	13:12:53.456	6:51.315	50.781	1:43.139	2:37.446	1:39.949
(715) Marco Bader							3	13:20:07.181	7:13.725	50.170			1:46.534
1	13:06:40.764			1:46.686	2:50.343	1:32.686	4	13:28:00.049	7:52.868	55.258			1:51.477
2	13:13:43.718	7:02.954	59.461	1:33.102	2:56.714	1:33.677	5	13:42:07.114	14:07.065	1:13.696			8:00.279
3	13:29:48.063	16:04.345	49.414			10:43.165	6	13:50:59.046	8:51.932	1:01.689			2:06.627
4	13:36:46.805	6:58.742	51.343			1:45.972	7	14:00:10.182	9:11.136	1:28.596			2:09.001
5	13:44:17.331	7:30.526	59.078			1:53.394	(438) Remy Kamp						
6	13:51:53.832	7:36.501	1:00.512			1:52.504	1	13:07:37.774			1:52.001	3:16.653	1:59.468
7	13:59:45.919	7:52.087	1:03.343			1:57.661	2	13:15:08.691	7:30.917	57.686	1:49.800	2:58.947	1:44.484
(258) Jannes Janssen							3	13:22:52.250	7:43.559	53.901			1:49.638
1	13:08:19.903			1:32.523	4:34.880	1:48.702	4	13:30:41.544	7:49.294	56.493			1:54.416
2	13:15:33.411	7:13.508	59.490	1:41.440	2:41.913	1:50.665	5	13:43:02.058	12:20.514	58.024			6:15.961
3	13:23:05.053	7:31.642	57.807			1:52.895	6	13:51:46.620	8:44.562	1:10.727			1:59.637
4	13:30:52.662	7:47.609	1:00.092			1:54.000	7	14:00:14.239	8:27.619	1:08.443			2:03.386
5	13:42:50.813	11:58.151	1:00.376			5:59.723	(806) Arjan Kuilman						
6	13:50:42.242	7:51.429	1:02.977			1:57.755	1	13:07:29.565			1:59.792	3:10.639	1:39.370
7	13:59:50.015	9:07.773	1:07.757			2:41.079	2	13:15:09.038	7:39.473	51.074	2:28.956	2:45.972	1:33.471
(1364) John vd Elzen							3	13:30:28.191	15:19.153	50.579			9:48.424
1	13:07:28.698			1:45.172	3:01.336	1:59.905	4	13:37:31.552	7:03.361	51.386			1:40.630
2	13:14:54.176	7:25.478	1:01.134	1:46.947	2:50.596	1:46.801	5	13:44:52.698	7:21.146	58.025			1:41.593
3	13:22:31.458	7:37.282	56.383			1:43.021	6	13:52:50.672	7:57.974	57.141			2:20.093
4	13:30:31.620	8:00.162	57.160			1:54.724	7	14:00:20.812	7:30.140	1:00.731			1:43.431
5	13:43:06.758	12:35.138	1:03.104			6:23.563	(424) Sebastiaan Kamperman						
6	13:51:02.736	7:55.978	1:01.456			2:03.043	1	13:06:41.307			1:34.969	2:35.583	2:02.993
7	13:59:51.472	8:48.736	1:09.562			2:09.217	2	13:17:31.649	10:50.342	53.132	1:46.221	2:48.624	5:22.365
(1132) Dennis Kuenen							3	13:25:04.631	7:32.982	50.221			1:51.752
1	13:08:19.743					2:05.137	4	13:32:27.981	7:23.350	58.126			1:51.547
2	13:15:38.048	7:18.305	57.998	1:46.739	2:47.479	1:46.089	5	13:44:05.192	11:37.211	1:04.395			5:55.820
3	13:23:34.828	7:56.780	50.536			1:50.639	6	13:51:59.948	7:54.756	1:02.566			2:05.270
4	13:31:28.532	7:53.704	57.674			1:55.248	7	14:00:23.427	8:23.479	1:11.541			2:07.926
5	13:43:09.020	11:40.488	59.570			5:43.173	(348) Robert Willems						
6	13:51:13.845	8:04.825	1:00.986			1:59.733	1	13:07:11.795			1:30.786	2:54.720	1:35.789
7	13:59:51.703	8:37.858	1:08.175			2:05.999	2	13:14:25.143	7:13.348	53.134	1:34.787	2:53.140	1:52.287
(210) Jan van de Beek							3	13:22:07.075	7:41.932	55.496			1:48.631
1	13:08:07.677			1:40.943	4:20.341	1:41.093	4	13:35:22.218	13:15.143	1:38.693			6:31.483
2	13:14:56.167	6:48.490	48.360	1:37.710	2:46.320	1:36.100	5	13:43:52.566	8:30.348	1:03.726			1:59.479
3	13:26:16.062	11:19.895	49.062			5:52.929	6	13:51:51.290	7:58.724	1:08.950			1:57.419
4	13:33:07.775	6:51.713	48.298			1:39.416	7	14:00:31.082	8:39.792	1:11.300			2:06.266
5	13:40:18.817	7:11.042	54.873			1:46.556	(700) Berd Temmink						
6	13:52:04.551	11:45.734	58.048			5:59.567	1	13:07:57.971			1:57.000	3:48.181	1:39.602
7	13:59:54.278	7:49.727	1:23.375			1:50.794	2	13:15:55.872	7:57.901	54.044	1:40.762	3:41.923	1:41.172
(669) Pascal Veenstra							3	13:29:11.164	13:15.292	50.689			7:35.898
1	13:05:54.270			1:35.266	2:30.542	1:29.716	4	13:36:21.931	7:10.767	55.651			1:43.330
2	13:11:58.654	6:04.384	44.024	1:29.722	2:26.618	1:24.020	5	13:44:22.577	8:00.646	55.347			1:52.428
3	13:18:09.795	6:11.141	45.057	1:30.210	2:23.755	1:32.119	6	13:52:06.070	7:43.493	1:01.367			1:51.061
4	13:24:39.227	6:29.432	47.695			1:34.788	7	14:00:33.885	8:27.815	1:13.610			2:10.838
5	13:37:24.150	12:44.923	53.533			7:24.277	(988) Gerard Pouw						
6	13:44:08.741	6:44.591	54.371			1:41.802	1	13:07:50.192			1:52.376	3:35.203	1:49.895
7	13:59:56.125	15:47.384	55.633			10:13.857	2	13:15:33.720	7:43.528	57.093	1:49.052	3:07.625	1:49.758
(1349) Fokke-Jan Voolstra							3	13:23:32.887	7:59.167	58.925			1:53.728
1	13:07:58.536			1:48.034	3:09.179	2:26.708	4	13:31:26.912	7:54.025	1:01.838			1:58.535
2	13:16:00.230	8:01.694	1:36.242	1:38.059	3:04.306	1:43.087	5	13:43:27.809	12:00.897	1:03.442			5:49.582
3	13:23:38.123	7:37.893	58.739			1:49.784	6	13:51:44.266	8:16.457	1:05.119			2:04.868
4	13:36:30.890	12:52.767	58.549			6:59.891	7	14:00:34.369	8:50.103	1:12.834			2:17.087
5	13:44:24.735	7:53.845	1:02.027			1:56.174	(596) Boy Ringhs						
6	13:52:15.265	7:50.530	1:05.913			1:57.311							



RBKO Den Haag

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29.11.2015 13:00

Race (50:00 and 1 Laps) started at 12:59:59

Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm	Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm
1	13:07:08.710			1:55.043	2:54.844	1:47.323	4	13:37:10.368	13:24.829	56.375			7:49.038
2	13:14:17.055	7:08.345	55.690	1:46.043	2:40.420	1:46.192	5	13:44:47.254	7:36.886	58.954			1:58.583
3	13:26:46.968	12:29.913	54.762			6:30.762	6	13:53:03.684	8:16.430	1:03.120			1:58.587
4	13:34:33.257	7:46.289	58.622			1:56.996	7	14:00:59.909	7:56.225	1:04.527			2:01.736
5	13:42:43.848	8:10.591	1:00.483			2:04.764	(743) Danny Dietvorst						
6	13:51:34.582	8:50.734	1:07.793			2:01.070	1	13:06:14.683			1:44.734	2:14.660	1:47.097
7	14:00:38.022	9:03.440	1:12.578			2:06.730	2	13:13:52.867	7:38.184	52.206	1:41.555	3:08.786	1:55.637
(1023) Corne van Berlo							3	13:21:50.648	7:57.781	57.168			1:57.570
1	13:07:21.121			1:52.447	3:03.877	1:52.789	4	13:35:13.233	13:22.585	1:04.617			7:24.505
2	13:14:40.201	7:19.080	56.530	1:48.051	2:38.787	1:55.712	5	13:43:29.597	8:16.364	1:02.415			2:05.131
3	13:22:28.650	7:48.449	57.628			1:55.634	6	13:52:10.501	8:40.904	1:10.270			2:09.919
4	13:35:20.971	12:52.321	1:14.683			6:47.312	7	14:01:14.666	9:04.165	1:12.526			2:16.819
5	13:43:13.873	7:52.902	1:00.875			1:58.567	(999) Henk Jan Lowijs						
6	13:52:01.430	8:47.557	1:07.152			1:59.247	1	13:06:42.610			1:48.608	2:43.792	1:37.226
7	14:00:42.458	8:41.028	1:11.227			2:20.961	2	13:13:55.737	7:13.127	52.704	1:45.730	2:53.105	1:41.588
(1070) Chiel voor de Poorte							3	13:27:24.155	13:28.418	51.213			7:31.387
1	13:06:41.074				2:47.564	1:41.638	4	13:34:48.873	7:24.718	53.594			1:50.980
2	13:14:35.290	7:54.216	59.817	1:41.523	3:18.463	1:54.413	5	13:42:25.706	7:36.833	54.599			1:56.464
3	13:22:26.147	7:50.857	1:00.674			1:54.458	6	13:50:25.866	8:00.160	1:01.568			2:03.372
4	13:30:28.136	8:01.989	1:01.080			1:55.198	7	14:01:15.691	10:49.825	1:12.831			
5	13:43:00.082	12:31.946	1:04.948			6:28.941	(1044) Ramon van Mil						
6	13:51:29.655	8:29.573	1:05.389			2:01.170	1	13:21:04.446			1:33.197		
7	14:00:43.891	9:14.236	1:12.880			2:24.038	2	13:27:18.597	6:14.151	45.898		23:43.937	1:33.844
(1107) Zilverster van Halteren							3	13:33:36.614	6:18.017	48.640			1:37.841
1	13:07:06.489			2:06.627	2:41.739	1:44.894	4	13:40:09.497	6:32.883	51.395			1:40.499
2	13:14:45.965	7:39.476	53.644	1:56.610	2:43.814	2:05.408	5	13:46:54.894	6:45.397	55.665			1:42.630
3	13:27:16.173	12:30.208	56.911			6:01.735	6	13:54:02.311	7:07.417	57.087			1:53.233
4	13:35:01.779	7:45.606	58.286			2:02.656	7	14:01:16.796	7:14.485	1:01.375			1:54.710
5	13:43:27.406	8:25.627	1:01.115			2:08.572	(237) Fokke Tuik						
6	13:52:02.906	8:35.500	1:08.509			2:09.726	1	13:06:56.986			1:40.489	3:08.010	1:42.002
7	14:00:45.706	8:42.800	1:12.462			2:09.371	2	13:14:47.435	7:50.449	54.664	1:42.728	3:13.863	1:59.194
(913) Marco Loohuis							3	13:27:46.342	12:58.907	1:00.164			6:58.956
1	13:07:41.462			2:00.008	3:15.253	1:46.336	4	13:36:22.908	8:36.566	57.748			1:55.208
2	13:15:17.560	7:36.098	56.447	1:43.894	3:16.795	1:38.962	5	13:44:42.658	8:19.750	1:03.527			2:10.987
3	13:22:34.225	7:16.665	53.022			1:44.039	6	13:53:01.917	8:19.259	1:09.119			2:05.582
4	13:35:51.230	13:17.005	56.111			7:39.114	7	14:01:21.949	8:20.032	1:06.229			2:03.226
5	13:43:15.121	7:23.891	57.892			1:51.787	(1076) Emiel Bongers						
6	13:51:52.162	8:37.041	1:32.217			1:52.186	1	13:07:33.090			2:02.290	3:04.756	1:49.320
7	14:00:54.894	9:02.732	1:35.284			2:36.484	2	13:15:34.115	8:01.025	1:03.122	2:00.823	3:04.253	1:52.827
(1330) Matthias Bruin							3	13:23:14.959	7:40.844	1:01.102			2:08.683
1	13:07:54.721			2:09.413	3:20.617	1:48.564	4	13:35:30.324	12:15.365	58.564			6:36.758
2	13:15:20.918	7:26.197	55.595	1:52.803	2:49.251	1:48.548	5	13:44:07.717	8:37.393	1:02.956			2:06.636
3	13:22:56.083	7:35.165	53.782			1:52.863	6	13:52:23.786	8:16.069	1:07.294			2:02.679
4	13:30:34.624	7:38.541	56.885			1:52.210	7	14:01:23.516	8:59.730	1:09.413			2:05.588
5	13:38:28.647	7:54.023	59.126			1:57.657	(605) Geert-Jan Ruiter						
6	13:52:03.888	13:35.241	1:01.951			7:19.490	1	13:07:46.261			2:07.996	3:14.232	1:49.106
7	14:00:57.659	8:53.771	1:15.828			2:11.474	2	13:14:53.611	7:07.350	51.744	1:42.401	2:50.053	1:43.152
(828) Mark Ramackers							3	13:22:19.971	7:26.360	53.025			2:05.897
1	13:06:29.334					1:49.000	4	13:36:09.376	13:49.405	56.380			8:13.925
2	13:14:13.750	7:44.416	56.782	1:52.371	3:04.042	1:51.221	5	13:44:19.787	8:10.411	1:15.399			2:15.768
3	13:27:03.856	12:50.106	55.965			6:41.864	6	13:52:27.537	8:07.750	1:02.388			2:01.397
4	13:34:58.915	7:55.059	57.513			1:59.401	7	14:01:31.054	9:03.517	1:06.073			2:12.951
5	13:43:19.695	8:20.780	1:01.572			2:03.219	(1363) Paul Lemson						
6	13:51:59.670	8:39.975	1:07.376			2:10.099	1	13:07:14.361			1:52.580	3:07.310	1:39.669
7	14:00:57.935	8:58.265	1:12.793			2:15.480	2	13:14:57.945	7:43.584	54.354	1:46.478	3:17.355	1:45.397
(409) Rick Tuik							3	13:23:10.638	8:12.693	54.469			1:53.333
1	13:09:30.402			1:27.037	6:17.503	1:28.466	4	13:35:24.787	12:14.149	57.749			6:08.237
2	13:16:21.708	6:51.306	46.341	1:32.787	2:48.764	1:43.414	5	13:43:49.268	8:24.481	1:01.920			2:05.216
3	13:23:45.539	7:23.831	51.712			1:45.951	6	13:52:35.520	8:46.252	1:09.780			2:08.129



RBKO Den Haag

RBKO

Scheveningen 5,000 Km

Semifinal

29.11.2015 13:00

Race (50:00 and 1 Laps) started at 12:59:59

Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm	Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm
7	14:01:32.066	8:56.546	1:11.578			2:14.908	1	13:07:46.275			2:12.106	3:08.484	1:50.327
(156) Jurjen Nout							2	13:15:21.102	7:34.827	56.849	1:54.228	2:56.757	1:46.993
1	13:07:35.705			1:52.474	3:29.966	1:48.031	3	13:26:37.145	11:16.043	1:00.206			5:20.356
2	13:15:18.555	7:42.850	58.093	1:39.697	3:12.225	1:52.835	4	13:34:49.290	8:12.145	59.725			2:06.792
3	13:22:54.600	7:36.045	54.893			1:59.338	5	13:43:11.699	8:22.409	1:09.897			2:00.673
4	13:35:39.478	12:44.878	59.472			6:49.640	6	13:52:28.262	9:16.563	1:20.149			2:15.835
5	13:43:43.298	8:03.820	59.841			1:59.284	7	14:01:55.488	9:27.226	1:20.988			2:08.891
6	13:52:17.502	8:34.204	1:08.124			2:07.971	(274) Ruud Arts						
7	14:01:32.551	9:15.049	1:15.163			2:23.324	1	13:06:48.215			1:46.570	2:55.155	1:42.334
(225) Anne van Ramshorst							2	13:13:55.467	7:07.252	53.649	1:36.507	2:48.744	1:48.352
1	13:06:54.157			1:34.038	3:11.644	1:46.158	3	13:21:17.691	7:22.224	54.069			1:50.069
2	13:14:22.157	7:28.000	56.501	1:40.533	2:58.878	1:52.088	4	13:37:31.823	16:14.132	1:37.240			9:06.680
3	13:21:58.865	7:36.708	56.662			1:56.389	5	13:45:24.495	7:52.672	1:02.940			1:57.414
4	13:35:31.668	13:32.803	1:01.728			7:31.433	6	13:53:41.703	8:17.208	1:08.253			2:00.272
5	13:43:44.709	8:13.041	1:05.189			2:04.587	7	14:02:11.846	8:30.143	1:10.792			1:58.772
6	13:52:22.362	8:37.653	1:15.636			2:12.784	(867) Jan Wiemer						
7	14:01:34.036	9:11.674	1:18.500			2:19.192	1	13:06:12.115			2:00.862	1:49.423	1:43.925
(568) Hans Schasfoort							2	13:20:32.379	14:20.264	57.573	1:49.150	3:09.981	8:23.560
1	13:08:11.152			1:44.337	4:06.190	1:49.954	3	13:29:08.611	8:36.232	1:54.963			1:50.887
2	13:15:48.212	7:37.060	57.474	1:48.018	3:00.321	1:51.247	4	13:36:54.479	7:45.868	1:02.063			1:55.373
3	13:23:17.695	7:29.483	56.302			1:47.175	5	13:45:22.110	8:27.631	58.818			1:56.746
4	13:31:06.930	7:49.235	59.684			1:57.790	6	13:53:37.021	8:14.911	1:04.645			2:10.795
5	13:44:44.424	13:37.494	1:01.988			7:37.963	7	14:02:17.751	8:40.730	1:09.189			2:04.989
6	13:53:13.156	8:28.732	1:07.304			2:07.299	(464) Jaap Klein Gunnewiek						
7	14:01:38.842	8:25.686	1:07.337			2:05.179	1	13:06:44.053			1:40.636	2:59.992	1:40.592
(1479) Jordi Smit							2	13:14:31.941	7:47.888	58.725	1:41.544	3:13.467	1:54.152
1	13:06:46.267			1:53.987	2:41.956	1:37.396	3	13:26:40.563	12:08.622	55.557			6:35.833
2	13:14:33.980	7:47.713	52.947	1:43.511	3:18.115	1:53.140	4	13:35:08.505	8:27.942	58.205			2:05.541
3	13:22:36.423	8:02.443	57.263			1:58.149	5	13:43:42.197	8:33.692	1:05.013			2:06.732
4	13:34:38.263	12:01.840	1:02.320			5:42.437	6	13:52:41.307	8:59.110	1:08.855			2:09.238
5	13:42:58.682	8:20.419	58.607			2:01.107	7	14:02:20.882	9:39.575	1:18.550			2:12.189
6	13:51:59.636	9:00.954	1:05.106			2:21.350	(1205) Marijn Bennaars						
7	14:01:45.210	9:45.574	1:36.752			2:21.458	1	13:07:13.951			1:50.311	3:17.004	1:35.996
(589) Jasper Groot Roessink							2	13:14:34.337	7:20.386	54.584	1:45.211	2:50.843	1:49.748
1	13:06:09.818			2:01.134	1:41.546	1:43.107	3	13:26:40.092	12:05.755	1:01.199			6:03.884
2	13:14:18.823	8:09.005	50.870	1:50.996	3:40.877	1:46.262	4	13:35:24.153	8:44.061	56.863			2:02.182
3	13:22:41.800	8:22.977	56.825			1:51.977	5	13:44:46.757	9:22.604	1:06.307			2:02.251
4	13:31:17.094	8:35.294	58.119			2:11.655	6	13:53:17.381	8:30.624	1:11.681			2:04.512
5	13:43:55.580	12:38.486	1:03.772			6:23.130	7	14:02:25.254	9:07.873	1:20.981			2:08.577
6	13:52:32.876	8:37.296	1:05.401			2:10.173	(1005) Richard Nolten						
7	14:01:47.783	9:14.907	1:18.183			2:11.485	1	13:06:13.515			2:12.122	1:38.950	1:47.288
(645) Jeroen Bakker							2	13:13:49.194	7:35.679	53.303	1:47.181	3:07.447	1:47.748
1	13:07:43.599			2:09.037	3:05.966	1:50.125	3	13:21:47.211	7:58.017	56.267			1:55.018
2	13:18:56.843	11:13.244	56.254	1:53.058	2:53.188	5:30.744	4	13:35:10.089	13:22.878	1:02.847			6:54.789
3	13:26:50.309	7:53.466	52.530			1:55.344	5	13:43:36.599	8:26.510	1:09.667			2:06.809
4	13:34:42.449	7:52.140	1:00.091			1:57.542	6	13:52:19.726	8:43.127	1:06.603			2:02.512
5	13:43:16.384	8:33.935	1:02.386			2:02.739	7	14:02:27.609	10:07.883	1:06.907			3:02.267
6	13:51:50.877	8:34.493	1:09.913			2:08.633	(574) Sjoerd Watze Jensma						
7	14:01:48.060	9:57.183	1:28.120			3:10.001	1	13:06:25.855			1:23.752	2:57.533	1:46.691
(153) Marcel Kuik							2	13:15:46.408	9:20.553	2:55.254	1:31.819	3:05.306	1:48.174
1	13:07:05.600			1:32.366	3:31.487	1:40.417	3	13:29:05.226	13:18.818	54.155			7:03.240
2	13:14:33.819	7:28.219	53.693	1:41.938	3:07.606	1:44.982	4	13:36:39.558	7:34.332	55.916			1:51.223
3	13:22:05.997	7:32.178	58.495			1:44.995	5	13:44:31.386	7:51.828	1:04.063			1:54.398
4	13:29:35.913	7:29.916	1:00.384			1:47.923	6	13:54:05.095	9:33.709	1:08.990			2:02.742
5	13:42:26.953	12:51.040	58.571			7:10.319	7	14:02:29.014	8:23.919	1:08.457			2:09.619
6	13:52:33.231	10:06.278	1:21.341			2:03.989	(1347) Casper Wesselingh						
7	14:01:52.463	9:19.232	1:11.368			2:13.404	1	13:07:48.842			1:56.840	3:12.142	2:06.076
(1213) Danny Musters							2	13:19:15.616	11:26.774	1:02.936	1:56.577	3:19.184	5:08.077
							3	13:27:12.773	7:57.157	56.973			1:59.644



RBKO Den Haag

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29.11.2015 13:00

Race (50:00 and 1 Laps) started at 12:59:59

Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm	Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm
4	13:35:27.184	8:14.411	1:05.412			2:07.980	7	14:02:55.112	9:15.157	1:13.783			2:14.578
5	13:44:14.767	8:47.583	1:11.102			2:06.493							
6	13:53:12.912	8:58.145	1:27.429			2:26.952	(973) Mike Beekers						
7	14:02:30.293	9:17.381	1:15.476			2:30.206	1	13:06:43.825			1:39.547	2:46.577	1:48.244
(779) Almer Anema							2	13:14:16.153	7:32.328	57.591	1:55.629	2:49.591	1:49.517
1	13:07:14.336				3:06.540	1:41.938	3	13:22:18.590	8:02.437	56.816			2:00.461
2	13:15:43.323	8:28.987	58.114	1:52.400	3:32.022	2:06.451	4	13:35:18.776	13:00.186	1:03.630			6:35.255
3	13:24:16.550	8:33.227	55.045			2:10.764	5	13:44:13.000	8:54.224	1:06.811			2:15.825
4	13:32:01.668	7:45.118	57.012			1:51.452	6	13:53:15.516	9:02.516	1:12.352			2:12.561
5	13:44:55.382	12:53.714	59.237			6:44.822	7	14:02:59.114	9:43.598	1:11.921			2:35.303
6	13:53:23.286	8:27.904	1:04.213			2:04.887	(905) Bram voor de Poorte						
7	14:02:35.238	9:11.952	1:43.668			2:06.642	1	13:07:47.865			1:55.273	3:30.362	1:45.531
(704) Hedser van der Veen							2	13:15:32.716	7:44.851	53.161	1:52.215	3:04.576	1:54.899
1	13:06:21.763			1:52.661	2:21.650	1:45.368	3	13:27:42.890	12:10.174	1:08.573			5:57.895
2	13:13:37.065	7:15.302	53.392	1:41.453	2:51.459	1:48.998	4	13:35:08.950	7:26.060	55.158			1:52.845
3	13:21:05.455	7:28.390	55.091			1:53.449	5	13:43:32.661	8:23.711	58.688			1:55.872
4	13:34:27.791	13:22.336	57.219			7:33.166	6	13:54:43.839	11:11.178	1:04.814			5:16.784
5	13:44:42.855	10:15.064	2:31.030			2:05.716	7	14:03:02.171	8:18.332	1:09.692			2:05.262
6	13:53:29.667	8:46.812	1:12.322			2:08.429	(531) Rindert Taconis						
7	14:02:35.330	9:05.663	1:12.469			2:07.903	1	13:07:42.723			2:07.387	3:04.885	1:47.315
(1136) Willem Looijen							2	13:16:21.718	8:38.995	56.247	1:44.617	4:10.978	1:47.153
1	13:08:14.278			1:59.240	3:30.952	2:07.275	3	13:23:58.855	7:37.137	57.454			1:54.509
2	13:20:04.085	11:49.807	58.186	1:46.268	3:02.327	6:03.026	4	13:36:55.659	12:56.804	59.587			7:05.555
3	13:27:58.611	7:54.526	56.144			1:58.544	5	13:44:58.107	8:02.448	1:01.331			2:00.427
4	13:36:03.028	8:04.417	59.290			2:04.968	6	13:53:51.139	8:53.032	1:05.851			2:05.820
5	13:44:41.269	8:38.241	1:05.410			2:03.236	7	14:03:03.242	9:12.103	1:15.247			2:11.028
6	13:53:57.816	9:16.547	1:10.840			2:10.119	(307) Richard van Baaren						
7	14:02:43.356	8:45.540	1:14.032			2:04.632	1	13:07:46.980			2:00.624	2:28.453	2:41.408
(903) Joey Toussaint							2	13:22:37.088	14:50.108	53.359	1:45.620	2:46.532	9:24.597
1	13:07:54.281				3:13.274	1:48.899	3	13:30:08.557	7:31.469	58.800			1:50.543
2	13:20:09.708	12:15.427	59.913	1:52.180	3:08.411	6:14.923	4	13:37:45.874	7:37.317	58.586			1:50.505
3	13:27:28.090	7:18.382	53.573			1:47.867	5	13:45:29.557	7:43.683	59.327			1:57.029
4	13:35:18.108	7:50.018	1:00.258			1:53.884	6	13:53:49.093	8:19.536	1:06.654			2:02.748
5	13:44:30.327	9:12.219	1:05.100			2:17.193	7	14:03:08.287	9:19.194	1:37.535			2:06.165
6	13:53:22.748	8:52.421	1:08.876			2:15.583	(1143) Sander Nooijen						
7	14:02:44.980	9:22.232	1:23.461			2:21.146	1	13:09:10.656			2:03.060	4:48.978	1:46.319
(227) Rene Jansen							2	13:17:06.509	7:55.853	57.587	1:57.227	3:10.580	1:50.459
1	13:06:36.532			1:43.694	2:38.163	1:38.037	3	13:25:07.211	8:00.702	1:00.666			1:54.405
2	13:13:29.049	6:52.517	56.427	1:39.059	2:29.928	1:47.103	4	13:38:29.891	13:22.680	1:02.885			7:12.315
3	13:20:55.507	7:26.458	55.112			1:53.730	5	13:46:38.591	8:08.700	1:04.270			1:52.310
4	13:36:47.918	15:52.411	1:00.804			9:54.917	6	13:54:53.695	8:15.104	1:04.796			1:58.937
5	13:44:58.250	8:10.332	1:03.045			2:09.217	7	14:03:09.132	8:15.437	1:03.113			2:01.740
6	13:54:09.833	9:11.583	1:12.035			2:11.156	(901) Patrick de Jonge						
7	14:02:48.341	8:38.508	1:10.209			2:11.426	1	13:06:15.099			2:10.152	1:43.455	1:44.077
(648) Sijrs van Heertum							2	13:13:40.260	7:25.161	1:08.455	1:52.285	2:46.229	1:38.192
1	13:08:00.907				3:08.652	2:08.032	3	13:25:29.847	11:49.587	53.153			5:42.392
2	13:16:42.379	8:41.472	1:01.145	1:54.996	3:30.106	2:15.225	4	13:34:35.564	9:05.717	57.658			2:11.354
3	13:28:24.512	11:42.133	1:03.611			5:29.909	5	13:43:53.198	9:17.634	1:14.778			2:01.377
4	13:36:30.235	8:05.723	58.911			2:02.069	6	13:53:21.696	9:28.498	1:06.408			2:16.632
5	13:44:56.886	8:26.651	1:06.659			2:06.543	7	14:03:12.161	9:50.465	1:34.602			2:10.032
6	13:53:48.365	8:51.479	1:16.995			2:13.695	(267) Giel Buijs						
7	14:02:52.443	9:04.078	1:16.650			2:17.625	1	13:08:46.253			1:39.427	5:01.983	1:43.263
(1491) Rick Heusschen							2	13:16:39.418	7:53.165	55.281	1:45.078	3:18.921	1:53.885
1	13:07:39.563			2:04.419	3:11.873	1:50.044	3	13:29:30.104	12:50.686	56.264			7:13.548
2	13:15:38.954	7:59.391	56.324	1:53.900	3:11.402	1:57.765	4	13:37:18.201	7:48.097	1:01.304			1:53.238
3	13:23:33.687	7:54.733	55.962			1:57.078	5	13:45:31.032	8:12.831	1:03.526			2:01.615
4	13:31:48.607	8:14.920	1:03.626			2:01.255	6	13:54:19.730	8:48.698	1:11.869			2:08.127
5	13:44:54.664	13:06.057	1:07.028			6:46.746	7	14:03:16.352	8:56.622	1:11.040			2:10.633
6	13:53:39.955	8:45.291	1:08.085			2:08.177	(1372) Artur Orchowski						





RBKO Den Haag

RBKO

Scheveningen 5,000 Km

Semifinal

29.11.2015 13:00

Race (50:00 and 1 Laps) started at 12:59:59

Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm	Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm
1	13:08:15.530			2:11.821	3:27.827	1:53.512	4	13:32:38.729	8:47.075	1:09.382			2:14.156
2	13:16:26.518	8:10.988	58.041	1:59.954	3:26.633	1:46.360	5	13:44:50.087	12:11.358	1:05.843			5:39.302
3	13:24:35.223	8:08.705	56.465			1:50.618	6	13:54:14.568	9:24.481	1:15.244			2:22.372
4	13:37:17.119	12:41.896	1:00.376			6:32.892	7	14:03:37.095	9:22.527	1:20.679			2:20.802
5	13:45:39.936	8:22.817	1:07.056			2:00.697							
6	13:54:30.204	8:50.268	1:06.196			2:08.588							
7	14:03:19.427	8:49.223	1:11.625			2:13.480							
(1256) Hendri Immink							(155) Johan Paques						
1	13:08:04.514			1:45.658	3:28.698	1:44.259	1	13:07:54.083			1:59.907	3:29.161	1:52.547
2	13:15:31.198	7:26.684	57.197	1:51.238	2:48.754	1:49.495	2	13:15:48.713	7:54.630	1:00.702	1:49.116	3:11.004	1:53.808
3	13:29:35.739	14:04.541	54.246			8:04.650	3	13:23:41.577	7:52.864	58.142			1:54.447
4	13:37:24.119	7:48.380	58.000			2:01.466	4	13:37:02.925	13:21.348	1:02.236			7:11.977
5	13:45:52.414	8:28.295	1:04.036			2:14.428	5	13:45:00.899	7:57.974	1:05.265			2:01.689
6	13:54:24.204	8:31.790	1:10.130			2:06.850	6	13:53:37.153	8:36.254	1:12.094			2:06.589
7	14:03:22.669	8:58.465	1:25.971			2:13.230	7	14:03:37.345	10:00.192	1:22.833			2:42.639
(166) Sander Leenheer							(831) Ramon Daniels						
1	13:07:41.797			1:54.128	3:25.315	1:52.536	1	13:06:24.431			1:48.525	2:14.984	1:49.080
2	13:15:20.005	7:38.208	59.604	1:35.627	3:05.695	1:57.282	2	13:13:54.014	7:29.583	53.486	1:49.433	2:58.353	1:48.311
3	13:23:14.878	7:54.873	59.163			2:02.143	3	13:21:12.465	7:18.451	54.678			1:46.817
4	13:36:32.102	13:17.224	1:06.965			7:18.279	4	13:39:27.395	18:14.930	56.783			12:28.805
5	13:44:29.774	7:57.672	1:01.616			2:07.858	5	13:47:12.083	7:44.688	1:00.715			1:55.879
6	13:53:45.277	9:15.503	1:13.997			2:22.516	6	13:55:19.085	8:07.002	1:04.333			2:04.032
7	14:03:26.325	9:41.048	1:18.789			2:26.128	7	14:03:39.035	8:19.950	1:08.888			2:11.722
(328) Gertjan van der Zeijden							(1198) Henk Haverkate						
1	13:06:43.007			1:40.386	2:54.951	1:44.609	1	13:06:44.641			1:59.584	2:27.154	1:44.486
2	13:15:15.628	8:32.621	1:02.211	1:42.229	3:50.135	1:58.046	2	13:14:49.524	8:04.883	56.693	1:42.601	3:33.713	1:51.876
3	13:23:07.991	7:52.363	55.264			1:57.580	3	13:22:59.583	8:10.059	55.257			2:14.494
4	13:36:59.390	13:51.399	1:01.559			7:39.062	4	13:38:09.202	15:09.619	56.666			9:30.043
5	13:45:46.952	8:47.562	1:07.079			2:32.600	5	13:46:03.339	7:54.137	1:00.215			1:55.088
6	13:54:25.466	8:38.514	1:08.865			2:06.748	6	13:54:42.712	8:39.373	1:07.585			2:06.819
7	14:03:26.972	9:01.506	1:12.721			2:20.500	7	14:03:42.676	8:59.964	1:29.972			2:13.620
(960) Luc Boekestijn							(1352) Eric Paddenburg						
1	13:07:53.113			2:05.159	3:17.515	1:49.079	1	13:08:39.157			2:05.077	4:10.322	1:54.116
2	13:15:25.401	7:32.288	54.172	1:47.037	3:03.584	1:47.495	2	13:16:29.264	7:50.107	56.515	1:54.300	3:05.540	1:53.752
3	13:22:45.113	7:19.712	55.066			1:49.405	3	13:24:24.499	7:55.235	58.795			1:54.982
4	13:36:45.729	14:00.616	57.436			8:08.318	4	13:37:57.968	13:33.469	1:01.604			7:22.506
5	13:44:50.339	8:04.610	1:01.120			1:56.868	5	13:46:10.160	8:12.192	1:05.295			2:02.377
6	13:53:32.694	8:42.355	1:07.181			2:03.099	6	13:54:39.799	8:29.639	1:07.050			2:09.284
7	14:03:27.721	9:55.027	1:15.539			3:01.749	7	14:03:46.923	9:07.124	1:09.164			2:19.234
(1221) Ramon Dijkman							(466) Mark Punte						
1	13:07:35.672			1:55.297	3:19.340	1:45.018	1	13:07:28.266			1:52.988	3:14.328	1:54.868
2	13:15:21.900	7:46.228	59.732	1:45.332	3:13.671	1:47.493	2	13:16:42.538	9:14.272	2:30.860	1:39.544	3:11.077	1:52.791
3	13:22:53.737	7:31.837	56.423			1:51.569	3	13:24:33.144	7:50.606	56.642			1:57.052
4	13:36:11.186	13:17.449	54.492			7:37.239	4	13:33:09.617	8:36.473	1:28.287			2:01.968
5	13:44:14.585	8:03.399	59.806			2:06.538	5	13:46:50.236	13:40.619	1:03.815			7:32.248
6	13:52:37.531	8:22.946	1:10.861			2:02.147	6	13:55:18.558	8:28.322	1:10.800			2:09.943
7	14:03:30.195	10:52.664	1:14.163			2:08.733	7	14:03:49.533	8:30.975	1:12.680			2:18.114
(724) Erris Kooy							(639) Marc Maathuis						
1	13:06:29.107			1:59.138	2:23.359	1:37.975	1	13:06:37.714			1:39.357	2:34.753	1:56.300
2	13:14:02.447	7:33.340	54.773	1:48.860	3:05.060	1:44.647	2	13:14:52.104	8:14.390	1:00.579	1:48.483	3:17.859	2:07.469
3	13:21:38.578	7:36.131	58.551			1:48.085	3	13:22:58.846	8:06.742	1:03.941			2:04.935
4	13:35:33.678	13:55.100	58.337			7:36.737	4	13:37:01.904	14:03.058	1:00.633			8:03.904
5	13:44:11.484	8:37.806	1:08.222			2:06.337	5	13:45:36.450	8:34.546	1:06.758			2:05.285
6	13:53:15.879	9:04.395	1:09.063			2:13.906	6	13:54:51.186	9:14.736	1:13.220			2:44.836
7	14:03:33.803	10:17.924	1:14.620			2:38.074	7	14:03:50.179	8:58.993	1:13.491			2:13.722
(251) Erik Pijs							(683) Erwin Smits						
1	13:07:22.381				3:10.655	2:02.664	1	13:08:04.505			1:55.304	3:24.762	1:53.695
2	13:15:15.657	7:53.276	1:03.586	1:44.368	2:56.387	2:08.935	2	13:15:37.154	7:32.649	1:00.016	1:43.921	3:01.848	1:46.864
3	13:23:51.654	8:35.997	1:01.052			2:12.919	3	13:23:05.492	7:28.338	55.841			1:51.190
							4	13:37:38.057	14:32.565	54.871			8:41.119
							5	13:45:09.483	7:31.426	1:00.588			1:54.080
							6	13:53:53.253	8:43.770	1:31.141			2:05.067



RBKO Den Haag

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Semifinal

29.11.2015 13:00

Race (50:00 and 1 Laps) started at 12:59:59

Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm	Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm
7	14:03:53.715	10:00.462	1:10.036			2:14.464	1	13:07:34.935			1:47.906	3:28.241	1:48.429
(1304) Rick Olierook							2	13:15:30.275	7:55.340	57.557	1:40.298	3:26.978	1:50.507
1	13:07:06.674				2:41.765	1:55.100	3	13:23:21.035	7:50.760	57.981			1:56.600
2	13:14:41.482	7:34.808	1:00.640	1:48.489	2:50.120	1:55.559	4	13:38:12.105	14:51.070	1:03.526			8:07.277
3	13:27:10.713	12:29.231	1:02.708			6:39.030	5	13:46:37.943	8:25.838	1:10.875			2:00.158
4	13:35:12.394	8:01.681	59.827			2:23.285	6	13:55:29.433	8:51.490	1:16.545			2:10.248
5	13:44:12.082	8:59.688	1:06.333			2:29.403	7	14:04:23.509	8:54.076	1:15.543			2:10.245
6	13:53:48.886	9:36.804	2:04.406			2:14.956	(514) Winand Jansen						
7	14:03:59.374	10:10.488				2:50.006	1	13:08:03.522			1:58.963	3:25.239	1:51.792
(871) Joel Aantjes							2	13:15:59.660	7:56.138	56.459	1:52.008	3:15.840	1:51.831
1	13:07:27.817			1:53.748	3:17.396	1:38.574	3	13:23:59.292	7:59.632	54.965			1:53.269
2	13:17:13.945	9:46.128	3:56.467	1:40.709	2:30.497	1:38.455	4	13:38:09.800	14:10.508	56.693			8:08.346
3	13:24:20.518	7:06.573	51.585			1:42.337	5	13:46:48.488	8:38.688	1:05.737			2:01.845
4	13:31:30.350	7:09.832	54.688			1:45.496	6	13:55:25.899	8:37.411	1:08.210			2:05.890
5	13:43:58.041	12:27.691	1:01.439			6:43.863	7	14:04:23.757	8:57.858	1:12.384			2:15.791
6	13:51:50.647	7:52.606	1:07.447			2:09.491	(1102) Jan van den Boogaard						
7	14:04:01.982	12:11.335	1:25.877			2:18.680	1	13:08:30.435				3:49.599	1:49.550
(460) Sipke Booi							2	13:16:09.173	7:38.738	53.211	1:47.978	3:04.489	1:53.060
1	13:06:27.623			1:37.707	2:40.181	1:48.367	3	13:24:02.194	7:53.021	56.965			1:55.013
2	13:14:25.339	7:57.716	57.690	1:40.527	3:15.387	2:04.112	4	13:39:07.671	15:05.477	1:01.212			8:51.389
3	13:26:41.884	12:16.545	58.303			6:06.816	5	13:47:24.743	8:17.072	1:02.282			2:02.208
4	13:35:10.891	8:29.007	1:04.372			2:10.558	6	13:55:36.783	8:12.040	1:10.434			2:03.993
5	13:44:27.573	9:16.682	1:13.295			2:22.477	7	14:04:27.408	8:50.625	1:11.998			2:16.431
6	13:53:56.856	9:29.283	1:20.469			2:25.260	(1167) Michel Broekhuis						
7	14:04:04.054	10:07.198	1:27.493			2:41.990	1	13:08:58.012			2:12.288		
(737) Rene Schokker							2	13:16:54.290	7:56.278	56.026	1:56.043	3:12.563	1:51.646
1	13:07:49.282			1:57.682	3:10.867	1:58.479	3	13:24:52.715	7:58.425	1:00.985			1:54.712
2	13:15:20.736	7:31.454	55.054	1:39.882	3:07.233	1:49.285	4	13:38:32.043	13:39.328	1:03.216			7:30.880
3	13:23:20.965	8:00.229	57.464			1:52.211	5	13:46:42.280	8:10.237	1:10.049			1:58.354
4	13:37:36.685	14:15.720	1:02.045			8:08.209	6	13:55:22.385	8:40.105	1:05.356			2:11.033
5	13:45:58.297	8:21.612	1:05.132			2:04.906	7	14:04:28.878	9:06.493	1:14.326			2:15.834
6	13:54:59.618	9:01.321	1:13.055			2:11.973	(850) Herman Bies						
7	14:04:05.334	9:05.716	1:15.734			2:15.997	1	13:08:02.354			2:04.404	3:13.872	2:02.088
(1148) Tjerk Edzes							2	13:16:10.798	8:08.444	58.452	1:59.562	3:13.695	1:56.735
1	13:12:42.761			2:04.730	4:00.918	6:07.570	3	13:24:18.722	8:07.924	56.396			1:59.765
2	13:20:56.315	8:13.554	58.591			2:04.980	4	13:37:15.958	12:57.236	57.169			6:56.895
3	13:29:23.781	8:27.466	1:03.215			2:05.148	5	13:45:43.595	8:27.637	1:01.398			2:08.207
4	13:37:48.391	8:24.610	1:02.206			2:08.112	6	13:54:56.267	9:12.672	1:07.856			2:18.385
5	13:46:20.140	8:31.749	1:12.337			2:03.174	7	14:04:30.579	9:34.312	1:13.096			2:20.375
6	13:55:08.199	8:48.059	1:11.625			2:10.419	(1082) Peter Ahrens						
7	14:04:08.222	9:00.023	1:12.500			2:12.928	1	13:05:39.792			1:46.963	1:44.186	1:31.860
(1166) René Mentges							2	13:13:50.495	8:10.703	47.847	2:21.530	3:09.529	1:51.797
1	13:06:54.369			1:47.988	2:46.336	1:48.835	3	13:26:48.351	12:57.856	52.855			6:44.126
2	13:13:58.392	7:04.023	55.429	1:42.437	2:41.594	1:44.563	4	13:34:47.108	7:58.757	58.681			1:57.021
3	13:21:22.746	7:24.354	54.385			1:47.573	5	13:43:37.913	8:50.805	1:07.811			1:58.246
4	13:35:30.141	14:07.395	54.635			8:15.546	6	13:52:39.045	9:01.132	1:11.652			2:04.155
5	13:43:14.540	7:44.399	59.378			1:51.360	7	14:04:32.840	11:53.795	1:11.548			2:00.270
6	13:54:00.849	10:46.309	1:25.729			2:10.510	(1282) Sam Vernooys						
7	14:04:13.707	10:12.858	1:10.325			3:40.872	1	13:08:21.113			1:55.763	3:35.875	2:04.305
(61) Frank Weckert							2	13:16:24.633	8:03.520	1:05.483	1:48.023	3:14.653	1:55.361
1	13:07:54.610			1:48.968	3:59.318	1:48.299	3	13:24:53.454	8:28.821	59.743			2:09.636
2	13:15:31.426	7:36.816	55.484	1:50.782	2:54.757	1:55.793	4	13:37:54.832	13:01.378	1:06.617			6:49.609
3	13:23:50.636	8:19.210	55.249			1:54.039	5	13:46:30.719	8:35.887	1:09.049			2:08.320
4	13:36:53.584	13:02.948	1:01.378			6:41.821	6	13:55:09.147	8:38.428	1:07.827			2:11.650
5	13:45:21.772	8:28.188	1:04.041			2:09.224	7	14:04:33.627	9:24.480	1:11.287			2:13.847
6	13:54:35.336	9:13.564	1:08.298			2:13.270	(530) Rick Kuipers						
7	14:04:17.774	9:42.438	1:11.620			2:17.448	1	13:07:23.568			1:50.620	3:08.993	1:52.706
(996) Wiljan Heijkamp							2	13:15:23.917	8:00.349	58.531	1:50.608	3:19.919	1:51.291
							3	13:28:59.417	13:35.500	1:01.099			7:29.176



RBKO Den Haag

RBKO

Scheveningen 5,000 Km

Semifinal

29.11.2015 13:00

Race (50:00 and 1 Laps) started at 12:59:59

Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm	Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm
4	13:37:26.308	8:26.891	1:01.421			2:14.184	7	14:05:31.209	9:40.323	1:13.398			2:19.416
5	13:46:10.171	8:43.863	1:10.426			2:10.397	(356) Harrie van der Veen						
6	13:55:20.584	9:10.413	1:14.018			2:19.514	1	13:08:06.133			1:44.355	4:14.023	1:43.340
7	14:04:33.769	9:13.185	1:10.744			2:24.920	2	13:15:52.429	7:46.296	58.158	1:39.838	3:15.688	1:52.612
(1158) Marcin Rokowski							3	13:31:00.963	15:08.534	1:00.959			8:50.613
1	13:08:18.093			2:06.367	3:44.000	1:50.195	4	13:38:56.928	7:55.965	1:00.554			2:01.417
2	13:16:29.694	8:11.601	1:20.912	1:52.315	3:02.401	1:55.973	5	13:47:19.293	8:22.365	1:07.171			2:04.906
3	13:24:19.533	7:49.839	56.540			1:57.829	6	13:56:07.548	8:48.255	1:12.340			2:14.962
4	13:32:30.445	8:10.912	1:01.772			2:02.011	7	14:05:34.930	9:27.382	1:14.330			2:23.577
5	13:46:57.903	14:27.458	1:06.478			8:02.585	(1092) Rob Kraaijeveld						
6	13:55:46.100	8:48.197	1:08.995			2:12.427	1	13:07:45.178			2:11.788	3:00.998	1:51.904
7	14:04:48.746	9:02.646	1:10.308			2:18.249	2	13:15:39.640	7:54.462	1:00.512	1:59.711	3:00.873	1:53.366
(456) Robin Holtmeulen							3	13:29:25.451	13:45.811	58.086			7:35.619
1	13:05:05.886			1:20.231	2:11.098	1:17.340	4	13:37:46.054	8:20.603	1:06.366			2:06.917
2	13:10:43.993	5:38.107	38.101	1:20.264	2:19.123	1:20.619	5	13:46:39.968	8:53.914	1:07.925			2:11.736
3	13:36:51.012	26:07.019	41.660	1:22.671	2:35.700	2:12.988	6	13:56:00.490	9:20.522	1:15.471			2:14.369
4	13:43:50.966	6:59.954	56.695			1:37.413	7	14:05:35.239	9:34.749	1:15.447			2:16.988
5	13:50:57.870	7:06.904	1:06.280			1:55.756	(1389) Miguel Matos						
6	13:57:48.032	6:50.162	55.587			1:42.154	1	13:08:19.627			2:08.961	3:26.621	2:02.615
7	14:04:49.683	7:01.651	58.788			1:44.699	2	13:16:36.652	8:17.025	1:00.790	1:58.307	3:26.445	1:51.483
(1053) Mike Donders							3	13:30:35.921	13:59.269	57.176			7:35.595
1	13:08:07.789			2:19.454	3:20.047	1:52.109	4	13:38:44.037	8:08.116	1:02.399			2:08.220
2	13:16:05.989	7:58.200	59.370	2:02.770	3:02.234	1:53.826	5	13:46:58.361	8:14.324	1:07.965			2:01.796
3	13:29:12.909	13:06.920	55.141			6:57.050	6	13:55:48.684	8:50.323	1:08.435			2:07.879
4	13:37:33.174	8:20.265	59.504			2:12.659	7	14:05:36.129	9:47.445	1:13.224			2:49.567
5	13:46:23.365	8:50.191	1:04.578			2:07.316	(1094) Jeroen Vreken						
6	13:55:16.299	8:52.934	1:11.858			2:08.687	1	13:07:28.649			1:53.091	3:01.093	2:06.368
7	14:04:50.038	9:33.739	1:16.384			2:26.013	2	13:15:41.329	8:12.680	58.012	1:47.900	3:34.983	1:51.785
(626) Michel Kapers							3	13:28:56.488	13:15.159	58.838			7:12.784
1	13:06:20.452			1:40.353	2:31.888	1:46.729	4	13:37:27.566	8:31.078	59.356			2:10.125
2	13:14:30.687	8:10.235	57.181	1:49.216	3:30.213	1:53.625	5	13:46:06.365	8:38.799	1:06.649			2:12.683
3	13:23:00.079	8:29.392	55.404			2:07.716	6	13:55:24.799	9:18.434	1:18.590			2:24.766
4	13:37:45.587	14:45.508	1:05.349			8:20.111	7	14:05:59.938	10:35.139	1:16.302			2:58.314
5	13:46:05.950	8:20.363	1:06.183			2:01.751	(1317) Erwin Teggeler						
6	13:55:05.774	8:59.824	1:14.891			2:14.205	1	13:07:17.145			2:01.998	2:47.056	1:43.316
7	14:05:07.445	10:01.671	1:21.260			2:14.590	2	13:14:31.162	7:14.017	56.451	1:41.287	2:43.146	1:53.133
(837) Starsky Burgt							3	13:22:39.865	8:08.703	1:03.994			1:55.228
1	13:08:19.022			2:01.930	3:25.797	2:16.049	4	13:36:54.268	14:14.403	1:02.926			7:33.186
2	13:16:17.200	7:58.178	1:01.421	1:59.408	3:05.289	1:52.060	5	13:45:17.882	8:23.614	1:06.414			2:08.844
3	13:24:20.607	8:03.407	58.561			2:02.131	6	13:55:28.401	10:10.519	1:18.300			2:20.274
4	13:38:01.121	13:40.514	1:03.801			7:23.266	7	14:06:03.380	10:34.979	1:16.163			3:06.005
5	13:46:49.240	8:48.119	1:05.670			2:08.530	(1222) Bram Walter						
6	13:55:47.575	8:58.335	1:15.154			2:24.434	1	13:08:23.300			2:01.613	3:33.515	2:08.618
7	14:05:23.677	9:36.102	1:17.799			2:24.876	2	13:16:53.355	8:30.055	1:05.237	1:56.893	3:17.495	2:10.430
(1367) Ruud van Moorsel							3	13:25:13.057	8:19.702	1:03.728			1:59.562
1	13:08:04.110			1:43.378	3:41.479	2:12.794	4	13:34:27.669	9:14.612	1:11.599			2:06.018
2	13:22:14.666	14:10.556	1:10.528	1:46.332	3:07.952	8:05.744	5	13:47:07.686	12:40.017	1:07.375			6:15.883
3	13:30:17.338	8:02.672	1:07.592			1:53.698	6	13:56:23.829	9:16.143	1:13.077			2:22.395
4	13:38:45.031	8:27.693	1:04.726			2:00.533	7	14:06:04.884	9:41.055	1:21.616			2:19.864
5	13:47:25.847	8:40.816	1:11.091			2:01.451	(1004) Rico Fransen						
6	13:56:01.497	8:35.650	1:15.337			2:01.088	1	13:08:25.286			2:04.926	3:52.035	1:47.860
7	14:05:28.878	9:27.381	1:24.580			2:11.651	2	13:16:34.489	8:09.203	1:01.246	1:51.294	3:18.976	1:57.687
(546) Henk de Ruiter							3	13:25:18.057	8:43.568	1:01.160			2:02.089
1	13:07:52.184			2:01.701	3:22.717	1:52.690	4	13:39:23.131	14:05.074	1:08.199			7:03.737
2	13:15:55.110	8:02.926	59.286	1:59.296	3:08.261	1:56.083	5	13:48:02.718	8:39.587	1:06.991			2:09.695
3	13:24:25.885	8:30.775	59.973			2:00.906	6	13:56:51.902	8:49.184	1:05.966			2:12.836
4	13:32:31.786	8:05.901	1:01.750			2:00.024	7	14:06:06.331	9:14.429	1:13.766			2:24.081
5	13:47:02.234	14:30.448	1:07.003			7:36.237	(1332) Erik Lamberink						
6	13:55:50.886	8:48.652	1:07.194			2:03.600							





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29.11.2015 13:00

Race (50:00 and 1 Laps) started at 12:59:59

Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm	Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm
1	13:07:34.051				3:09.374	1:56.211	4	13:38:59.248	14:50.951	1:01.531			8:24.256
2	13:15:43.711	8:09.660	57.355	1:46.887	3:31.737	1:53.681	5	13:47:55.320	8:56.072	1:08.191			2:12.255
3	13:23:28.117	7:44.406	54.537			1:58.808	6	13:56:54.305	8:58.985	1:11.742			2:20.104
4	13:39:20.580	15:52.463	1:01.650			9:48.623	7	14:06:37.196	9:42.891	1:24.221			2:36.719
5	13:47:55.421	8:34.841	1:04.669			2:27.146	(1144) Ron Beek						
6	13:56:34.305	8:38.884	1:06.438			2:17.966	1	13:07:52.668			2:04.039	3:10.285	1:55.200
7	14:06:10.340	9:36.035	1:14.825			2:30.829	2	13:16:05.083	8:12.415	58.161	1:56.701	3:18.210	1:59.343
(735) Gerard Oskam							3	13:24:28.181	8:23.098	58.799			2:02.690
1	13:07:13.185			1:55.578	3:02.950	1:47.269	4	13:38:50.346	14:22.165	1:01.303			7:58.084
2	13:15:45.348	8:32.163	57.351	1:53.255	3:11.451	2:30.106	5	13:47:34.244	8:43.898	1:06.338			2:08.417
3	13:23:55.942	8:10.594	53.512			1:53.130	6	13:56:43.579	9:09.335	1:11.646			2:13.358
4	13:39:45.732	15:49.790	58.915			9:19.437	7	14:06:41.414	9:57.835	1:13.627			2:22.334
5	13:48:17.614	8:31.882	1:06.132			2:01.295	(667) Stefan Vogel						
6	13:56:59.120	8:41.506	1:06.056			2:12.512	1	13:07:55.565			2:06.432	3:18.930	1:47.381
7	14:06:12.033	9:12.913	1:11.679			2:10.895	2	13:15:18.466	7:22.901	56.640	1:45.613	2:54.820	1:45.828
(1120) Edwin van Lambalgen							3	13:22:51.539	7:33.073	52.840			1:51.818
1	13:07:48.587			1:59.069	3:19.740	1:47.716	4	13:39:11.523	16:19.984	55.625			10:26.662
2	13:21:08.095	13:19.508	56.085	1:51.072	3:21.470	7:10.881	5	13:48:31.026	9:19.503	1:02.912			2:04.374
3	13:29:07.010	7:58.915	54.003			2:00.013	6	13:57:38.498	9:07.472	1:09.448			2:30.260
4	13:37:39.462	8:32.452	1:01.961			2:09.031	7	14:06:42.502	9:04.004	1:14.315			2:20.584
5	13:46:50.027	9:10.565	1:09.862			2:26.669	(765) Roel van der Sloep						
6	13:56:47.054	9:57.027	1:08.280			2:38.847	1	13:12:47.237			1:44.214	8:55.726	1:42.192
7	14:06:13.323	9:26.269	1:16.174			2:21.352	2	13:19:59.841	7:12.604	52.272			1:44.056
(1080) Freek Filius							3	13:27:29.082	7:29.241	54.493			1:54.073
1	13:06:13.790			1:51.394	2:04.268	1:41.764	4	13:41:46.527	14:17.445	57.262			8:40.901
2	13:19:09.605	12:55.815	48.022	1:47.848	8:32.781	1:47.164	5	13:49:54.108	8:07.581	1:03.234			2:02.601
3	13:31:18.294	12:08.689	1:00.712			6:06.608	6	13:58:05.455	8:11.347	1:04.751			2:01.040
4	13:38:52.204	7:33.910	59.141			1:55.719	7	14:06:55.837	8:50.382	1:21.126			2:08.521
5	13:49:20.498	10:28.294	2:50.347			2:15.706	(650) Stefan Pellens						
6	13:58:07.946	8:47.448	1:40.256			2:02.780	1	13:08:59.885			1:57.149	4:56.064	1:40.444
7	14:06:22.397	8:14.451	1:10.666			2:05.833	2	13:16:14.163	7:14.278	49.413	1:41.817	2:57.087	1:45.961
(323) Serge de Boer							3	13:24:26.899	8:12.736	50.639			2:26.708
1	13:06:06.507			1:36.565	2:23.727	1:44.413	4	13:38:47.661	14:20.762	1:01.037			8:26.637
2	13:13:23.754	7:17.247	55.890	1:39.984	2:55.862	1:45.511	5	13:47:58.463	9:10.802	1:04.428			2:04.089
3	13:30:27.106	17:03.352	58.283			11:11.993	6	13:57:38.965	9:40.502	1:04.197			2:20.168
4	13:37:55.751	7:28.645	58.620			1:51.206	7	14:07:03.066	9:24.101	1:13.139			2:05.724
5	13:45:43.037	7:47.286	1:01.558			1:55.624	(896) Mark Wemmers						
6	13:53:45.408	8:02.371	1:04.890			2:00.530	1	13:10:13.672			1:58.579	5:56.632	1:44.803
7	14:06:24.485	12:39.077	1:07.212			6:16.587	2	13:18:12.256	7:58.584	57.280	1:55.435	3:09.466	1:56.403
(497) Daniel Eisen							3	13:26:07.681	7:55.425	1:00.349			1:53.070
1	13:07:08.629			1:46.637	3:21.290	1:40.740	4	13:33:58.564	7:50.883	1:00.149			1:54.987
2	13:21:56.053	14:47.424	2:00.423	1:49.650	3:11.561	7:45.790	5	13:48:10.839	14:12.275	1:03.562			7:43.381
3	13:30:14.949	8:18.896	1:09.011			2:00.532	6	13:56:58.700	8:47.861	1:10.164			2:10.346
4	13:38:44.558	8:29.609	1:03.474			2:10.266	7	14:07:09.782	10:11.082	1:15.049			2:21.216
5	13:47:21.157	8:36.599	1:06.152			2:08.073	(1246) Kevin van Praet						
6	13:56:12.817	8:51.660	1:08.025			2:32.717	1	13:08:17.382			1:57.396	3:11.586	2:03.846
7	14:06:30.417	10:17.600	1:15.755			3:40.787	2	13:16:46.162	8:28.780	1:03.932	2:09.092	3:13.042	2:02.714
(883) Thomas van Steenberghe							3	13:25:25.415	8:39.253	1:00.540			2:21.868
1	13:07:53.582				3:24.921	2:01.444	4	13:39:35.505	14:10.090	1:03.650			7:55.599
2	13:16:35.399	8:41.817	1:05.774	1:53.331	3:41.065	2:01.647	5	13:48:18.316	8:42.811	1:09.212			2:13.200
3	13:24:49.345	8:13.946	1:04.913			1:57.292	6	13:57:33.649	9:15.333	1:12.201			2:24.258
4	13:38:13.209	13:23.864	1:01.773			7:10.343	7	14:07:22.960	9:49.311	1:29.228			2:24.587
5	13:48:14.260	10:01.051	1:11.241			2:14.193	(970) Hugo Veldhuis						
6	13:57:11.329	8:57.069	1:13.164			2:10.288	1	13:07:47.339			2:11.419	2:52.328	1:59.644
7	14:06:33.992	9:22.663	1:15.375			2:17.257	2	13:16:24.921	8:37.582	1:01.783	1:53.544	3:29.410	2:12.845
(917) Wesley Ankersmid							3	13:28:37.786	12:12.865	1:01.490			5:39.878
1	13:07:38.867			1:58.077	3:05.840	1:54.897	4	13:37:12.352	8:34.566	1:03.108			2:10.477
2	13:15:51.487	8:12.620	58.369	1:52.347	3:23.095	1:58.809	5	13:45:58.077	8:45.725	1:07.493			2:12.779
3	13:24:08.297	8:16.810	1:00.826			2:01.387	6	13:58:04.139	12:06.062	1:12.473			5:14.976



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29.11.2015 13:00

Race (50:00 and 1 Laps) started at 12:59:59

Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm	Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm
7	14:07:23.211	9:19.072	1:16.717			2:22.081	1	13:08:14.667			2:13.259	3:20.351	2:06.138
(1086) Luck Kotter							2	13:17:05.635	8:50.968	1:01.367	2:08.922	3:31.614	2:09.065
1	13:07:56.285			2:12.661	3:16.591	1:46.999	3	13:26:00.337	8:54.702	1:05.828			2:04.801
2	13:15:27.711	7:31.426	59.678	1:53.785	2:49.340	1:48.623	4	13:39:13.779	13:13.442	1:07.032			6:25.033
3	13:22:54.855	7:27.144	57.584			1:51.611	5	13:48:47.572	9:33.793	1:07.412			2:12.227
4	13:39:44.257	16:49.402	57.099			9:47.644	6	13:58:24.570	9:36.998	1:14.493			2:16.595
5	13:48:31.879	8:47.622	1:07.094			2:30.761	7	14:08:22.869	9:58.299	1:19.425			2:22.464
6	13:57:24.244	8:52.365	1:11.042			2:13.282	(1202) Wesley Giltjes						
7	14:07:33.947	10:09.703	1:17.306			2:48.478	1	13:08:19.654			2:05.281	3:28.935	2:07.443
(749) Jeffrey Zieltjens							2	13:16:38.592	8:18.938	1:04.857	1:52.319	3:16.457	2:05.305
1	13:07:00.727			2:03.354	2:23.853	1:50.021	3	13:25:01.189	8:22.597	1:04.144			2:04.783
2	13:15:37.209	8:36.482	1:01.562	1:57.291	3:36.696	2:00.933	4	13:40:23.183	15:21.994	1:08.510			8:49.976
3	13:28:49.549	13:12.340	1:01.897			6:45.807	5	13:49:26.363	9:03.180	1:12.188			2:26.431
4	13:37:48.319	8:58.770	1:05.441			2:19.444	6	13:58:41.983	9:15.620	1:19.817			2:25.140
5	13:48:02.486	10:14.167	1:52.525			2:22.932	7	14:08:23.572	9:41.589	1:21.562			2:25.148
6	13:57:46.667	9:44.181	1:26.719			2:24.251	(1383) Joris Van Dyck						
7	14:07:50.178	10:03.511	1:30.868			2:26.955	1	13:08:14.013			1:56.987	3:39.341	1:59.018
(1139) Ben de Boer							2	13:16:47.760	8:33.747	58.269	1:59.343	3:35.788	2:00.347
1	13:07:29.256				3:15.884	1:51.977	3	13:25:31.169	8:43.409	59.206			1:57.983
2	13:15:26.371	7:57.115	58.213	1:42.913	3:23.411	1:52.578	4	13:38:13.718	12:42.549	1:01.610			6:11.542
3	13:23:24.252	7:57.881	56.139			1:58.001	5	13:47:47.472	9:33.754	1:31.324			2:18.161
4	13:39:17.432	15:53.180	1:02.234			6:55.452	6	13:58:47.538	11:00.066	1:37.277			2:29.181
5	13:48:39.924	9:22.492	1:08.201			2:24.251	7	14:08:41.540	9:54.002	1:22.127			2:21.131
6	13:58:03.161	9:23.237	1:16.019			2:25.238	(1269) Axel Bult						
7	14:07:54.305	9:51.144	1:21.765			2:29.056	1	13:09:16.605			2:05.533	4:29.345	1:58.989
(273) Robbie Runhaar							2	13:18:09.666	8:53.061	56.184	1:54.892	3:24.883	2:37.102
1	13:09:23.703				5:19.456	1:39.130	3	13:26:35.612	8:25.946	1:02.187			2:04.276
2	13:17:03.771	7:40.068	54.713	2:03.814	2:50.184	1:51.357	4	13:39:39.160	13:03.548	1:05.701			6:05.739
3	13:32:11.197	15:07.426	58.168			9:11.546	5	13:48:57.778	9:18.618	1:08.938			2:14.386
4	13:40:23.821	8:12.624	1:00.250			2:05.653	6	13:58:36.235	9:38.457	1:28.742			2:17.954
5	13:48:53.567	8:29.746	1:06.111			2:06.699	7	14:08:43.789	10:07.554	1:20.291			2:40.227
6	13:57:51.820	8:58.253	1:13.946			2:03.554	(1259) Bram Bulten						
7	14:07:58.382	10:06.562	1:18.710			2:51.578	1	13:08:13.961			2:15.271	3:11.831	2:03.141
(502) Brian Marissen							2	13:22:29.845	14:15.884	1:02.187	2:03.199	3:11.485	7:59.013
1	13:05:52.615			1:51.153	1:49.930	1:39.990	3	13:31:36.356	9:06.511	1:04.343			2:09.888
2	13:12:29.590	6:36.975	47.975	1:38.157	2:30.915	1:39.928	4	13:40:33.567	8:57.211	1:08.346			2:13.767
3	13:24:04.077	11:34.487	50.723	1:37.431	2:46.334	6:19.999	5	13:49:47.023	9:13.456	1:14.174			2:09.895
4	13:31:54.226	7:50.149	57.681			1:56.192	6	13:59:08.176	9:21.153	1:22.006			2:18.020
5	13:39:51.768	7:57.542	1:01.333			1:54.172	7	14:09:02.375	9:54.199	1:22.130			2:32.792
6	13:49:40.981	9:49.213	1:05.555			2:42.879	(1224) Rowdy Smith						
7	14:07:59.676	18:18.695	1:11.295			2:04.653	1	13:08:25.975			2:06.639	3:47.046	1:53.285
(1052) Dustin Karelse							2	13:16:25.609	7:59.634	56.234	2:03.230	3:05.196	1:54.974
1	13:10:21.277			2:02.555	5:53.790	1:44.739	3	13:31:47.970	15:22.361	1:03.888			8:43.650
2	13:18:41.885	8:20.608	58.045	1:56.146	3:28.816	1:57.601	4	13:41:09.372	9:21.402	1:27.212			2:10.717
3	13:32:36.401	13:54.516	58.958			7:50.928	5	13:50:06.147	8:56.775	1:12.886			2:23.792
4	13:40:32.999	7:56.598	1:01.164			2:01.806	6	13:59:11.683	9:05.536	1:10.146			2:13.880
5	13:49:36.862	9:03.863	1:10.968			2:05.465	(621) Martijn Elferink						
6	13:58:50.373	9:13.511	1:13.210			2:14.175	1	13:07:59.636			2:04.266	3:21.270	1:52.737
7	14:08:02.956	9:12.583	1:15.989			2:15.493	2	13:16:46.561	8:46.925	57.823	1:44.960	3:45.268	2:18.874
(1301) Wim van Schoonhorst							3	13:24:43.375	7:56.814	1:01.250			1:58.009
1	13:08:01.888			2:13.809	3:10.396	1:56.863	4	13:40:26.963	15:43.588	1:02.931			8:05.888
2	13:16:09.911	8:08.023	1:02.333	2:05.872	3:02.887	1:56.931	5	13:49:37.713	9:10.750	1:08.497			2:16.716
3	13:29:57.745	13:47.834	58.755			7:02.307	6	13:59:11.744	9:34.031	1:25.302			2:36.384
4	13:39:02.969	9:05.224	1:03.046			2:15.634	(1047) Nico Schokker						
5	13:48:27.878	9:24.909	1:20.736			2:10.137	1	13:08:35.940			2:11.604	3:33.284	2:05.521
6	13:58:07.710	9:39.832	1:11.594			2:21.537	2	13:17:59.971	9:24.031	1:03.693	2:03.714	3:42.940	2:33.684
7	14:08:05.848	9:58.138	1:16.837			2:28.613	3	13:31:34.084	13:34.113	1:03.753			6:07.585
(1260) Jos Vermue							4	13:40:29.644	8:55.560	1:04.866			2:13.511
							5	13:49:27.069	8:57.425	1:10.784			2:12.222



RBKO Den Haag

RBKO

Scheveningen 5,000 Km

Semifinal

29.11.2015 13:00

Race (50:00 and 1 Laps) started at 12:59:59

Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm	Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm
6	13:59:25.347	9:58.278	1:14.634			2:16.832	(1263) Huub Welten						
(1294) Rene Zandstra							1	13:08:45.712			2:12.405	3:53.511	1:56.646
1	13:07:25.509			2:00.570	3:01.148	1:46.474	2	13:17:17.123	8:31.411	1:00.635	2:05.115	3:24.082	2:01.579
2	13:15:25.774	8:00.265	1:00.149	1:47.021	3:21.505	1:51.590	3	13:26:19.876	9:02.753	1:04.712			2:12.582
3	13:23:31.163	8:05.389	1:00.180			1:56.957	4	13:41:11.971	14:52.095	1:11.258			7:52.053
4	13:37:23.651	13:52.488	1:09.923			7:36.348	5	13:50:26.437	9:14.466	1:13.957			2:15.168
5	13:50:39.707	13:16.056	1:07.600			6:12.101	6	14:00:25.645	9:59.208	1:22.420			2:49.134
6	13:59:25.770	8:46.063	1:07.780			2:13.049	(1121) Adriaan Veerman						
(753) Peter de Jong							1	13:08:11.036			2:06.783	3:16.261	2:14.230
1	13:08:58.886			1:50.924	4:44.728	1:44.506	2	13:16:18.212	8:07.176	55.173	1:56.920	3:22.302	1:52.781
2	13:16:31.653	7:32.767	55.528	1:46.818	2:58.535	1:51.886	3	13:24:52.539	8:34.327	53.796			2:23.008
3	13:24:15.104	7:43.451	56.942			1:55.676	4	13:41:23.344	16:30.805	1:26.998			9:24.383
4	13:32:26.077	8:10.973	1:03.573			2:00.411	5	13:50:31.113	9:07.769	1:08.476			2:14.731
5	13:45:18.480	12:52.403	1:04.943			6:47.016	6	14:00:28.717	9:57.604	1:15.010			2:24.435
6	13:59:35.405	14:16.925	1:11.413			7:58.954	(572) Ronny Marissen						
(1382) Pierre Cobraiville							1	13:06:31.355			1:47.266	2:00.802	2:05.093
1	13:08:32.755			2:01.381	4:04.195	1:52.934	2	13:13:54.501	7:23.146	1:02.067	1:32.913	2:59.978	1:48.188
2	13:16:37.087	8:04.332	58.529	2:03.713	3:03.013	1:59.077	3	13:28:12.495	14:17.994	59.459			8:02.982
3	13:25:32.066	8:54.979	58.614			2:22.332	4	13:37:13.790	9:01.295	1:00.633			3:03.897
4	13:40:46.302	15:14.236	1:13.816			8:19.728	5	13:48:02.622	10:48.832	1:24.943			2:58.203
5	13:49:45.916	8:59.614	1:09.945			2:15.550	6	14:01:03.829	13:01.207	2:58.331			3:22.872
6	13:59:36.154	9:50.238	1:24.343			2:23.397	(503) Dirk-Jan Middelveld						
(1142) Theo Boer							1	13:07:30.305			2:00.397	3:07.661	1:45.694
1	13:08:51.504			2:06.466	4:07.721	1:52.025	2	13:16:20.103	8:49.798	1:03.419	1:52.041	3:27.816	2:26.522
2	13:17:21.175	8:29.671	1:06.619	1:52.557	3:30.591	1:59.904	3	13:33:02.114	16:42.011	55.829			8:33.030
3	13:25:41.690	8:20.515	1:05.974			2:01.665	4	13:42:04.442	9:02.328	1:14.155			2:05.253
4	13:39:47.960	14:06.270	1:10.614			7:28.587	5	13:51:14.503	9:10.061	1:05.950			2:22.786
5	13:48:56.111	9:08.151	1:16.137			2:13.478	6	14:01:09.106	9:54.603	1:28.231			2:24.110
6	13:59:40.688	10:44.577	1:19.812			2:31.533	(783) Justin van Londen						
(517) Thierry Vermeer							1	13:07:18.993			1:47.091	3:17.865	1:47.561
1	13:07:51.033			2:06.658	3:16.179	1:56.290	2	13:22:27.895	15:08.902	54.732	1:45.876	10:27.777	2:00.517
2	13:15:48.501	7:57.468	57.647	1:49.704	3:11.924	1:58.193	3	13:36:20.967	13:53.072	1:01.797			7:48.863
3	13:23:56.730	8:08.229	56.518			1:55.049	4	13:44:01.109	7:40.142	1:02.501			2:07.601
4	13:40:47.581	16:50.851	1:03.483			10:38.556	5	13:52:31.866	8:30.757	1:02.507			2:07.117
5	13:49:23.309	8:35.728	1:05.843			2:08.474	6	14:01:13.452	8:41.586	1:03.123			2:12.247
6	13:59:41.967	10:18.658	2:08.078			2:10.644	(1326) Rudie Goldewijk						
(580) Arjan Bos							1	13:08:23.860			2:13.127	3:29.625	1:58.543
1	13:06:09.790			1:29.139	2:30.849	1:45.544	2	13:17:13.413	8:49.553	1:01.702	2:04.377	3:39.158	2:04.316
2	13:14:38.340	8:28.550	58.910	1:34.669	3:53.168	2:01.803	3	13:26:37.356	9:23.943	1:05.431			2:32.376
3	13:23:13.827	8:35.487	1:00.836			2:05.935	4	13:40:46.533	14:09.177	1:09.779			7:01.587
4	13:39:16.470	16:02.643	1:06.354			9:27.961	5	13:50:25.407	9:38.874	1:10.777			2:21.701
5	13:48:48.508	9:32.038	1:23.410			2:32.625	6	14:01:18.532	10:53.125	1:19.281			2:27.912
6	13:59:58.613	11:10.105	1:22.624			2:34.800	(1325) Frank Lankveld						
(929) Wout Stokman							1	13:08:29.257			2:06.269	3:28.817	2:09.799
1	13:08:32.294			2:05.243	3:15.873	2:25.911	2	13:16:58.178	8:28.921	1:01.798	1:56.368	3:23.628	2:07.127
2	13:17:05.594	8:33.300	1:01.030	1:50.761	3:42.433	1:59.076	3	13:25:48.284	8:50.106	1:05.300			2:13.002
3	13:31:29.537	14:23.943	1:05.499			7:47.995	4	13:38:39.640	12:51.356	1:07.852			5:58.687
4	13:40:54.188	9:24.651	1:05.165			2:24.311	5	13:48:23.193	9:43.553	1:15.870			2:28.735
5	13:50:25.021	9:30.833	1:35.861			2:20.197	6	14:01:29.412	13:06.219	1:24.820			2:40.900
6	14:00:16.992	9:51.971	1:26.606			2:32.725	(1334) Bas Willems						
(208) Gerard Nijssen							1	13:08:16.409			2:07.950	3:41.546	1:53.264
1	13:08:37.685			2:10.859	3:50.781	1:55.968	2	13:15:55.567	7:39.158	1:00.848	1:53.935	2:54.182	1:50.193
2	13:17:38.706	9:01.021	59.623	2:04.074	3:44.314	2:13.010	3	13:32:59.278	17:03.711	59.803			11:00.306
3	13:26:27.781	8:49.075	1:02.058			2:08.787	4	13:41:03.699	8:04.421	59.625			2:06.082
4	13:41:02.327	14:34.546	1:05.750			7:40.974	5	13:49:21.344	8:17.645	1:06.165			2:04.560
5	13:50:35.238	9:32.911	1:11.792			2:22.553	6	14:01:29.917	12:08.573	1:06.033			5:33.180
6	14:00:24.818	9:49.580	1:19.400			2:24.958	(289) Sven Verduijn						
							1	13:14:51.346			1:36.636		



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29.11.2015 13:00

Race (50:00 and 1 Laps) started at 12:59:59

Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm	Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm
2	13:23:38.683	8:47.337	55.006		19:56.009	1:49.185	4	13:45:33.061	9:32.039	1:18.002			2:09.604
3	13:37:09.203	13:30.520	1:00.142			7:41.494	5	13:55:38.954	10:05.893	1:20.631			2:20.214
4	13:44:59.648	7:50.445	1:03.099			1:54.971	6	14:05:32.785	9:53.831	1:16.719			2:37.570
5	13:53:10.393	8:10.745	1:05.438			1:59.568	(480) Lerdy Duijvestijn						
6	14:01:30.676	8:20.283	1:08.418			2:07.768	1	13:06:32.210			1:47.065	2:39.972	1:44.435
(1247) Kevin Groeneveld							2	13:13:34.902	7:02.692	54.003	1:35.524	2:34.029	1:59.136
1	13:07:49.736			2:12.145	3:01.977	1:51.216	3	13:20:47.389	7:12.487	51.301			1:46.305
2	13:15:46.829	7:57.093	56.955	1:52.332	3:09.223	1:58.583	4	13:50:54.914	30:07.525	54.092			24:35.804
3	13:29:48.559	14:01.730	1:02.843			7:55.622	5	13:58:53.889	7:58.975	1:02.914			2:14.927
4	13:38:11.589	8:23.030	1:01.602			2:14.135	6	14:07:55.296	9:01.407	1:10.132			2:13.664
5	13:52:16.898	14:05.309	1:08.295			6:48.722	(1181) Ben van der Geest						
6	14:01:39.660	9:22.762	1:14.251			2:24.862	1	13:08:16.176				3:40.007	2:02.507
(774) Rico Carbaat							2	13:17:11.980	8:55.804	1:08.457	2:01.096	3:42.080	2:04.171
1	13:08:50.495			2:09.148	4:00.628	1:54.825	3	13:32:22.842	15:10.862	1:07.968			8:07.202
2	13:17:02.811	8:12.316	1:03.027	1:53.996	3:18.093	1:57.200	4	13:43:02.318	10:39.476				2:32.885
3	13:35:41.427	18:38.616	59.849			10:36.773	5	13:55:00.917	11:58.599				2:53.430
4	13:44:16.654	8:35.227	1:07.952			2:05.461	6	14:08:20.376	13:19.459				3:24.351
5	13:53:34.830	9:18.176	1:15.979			2:11.608	(1220) Ynze Leenstra						
6	14:03:00.773	9:25.943	1:15.259			2:21.659	1	13:08:34.337				3:46.126	2:06.496
(389) Bert Brinks							2	13:30:23.936	21:49.599	1:06.187	2:34.918	4:29.302	13:39.192
1	13:08:17.320			2:06.436	3:34.694	1:54.509	3	13:39:13.929	8:49.993	1:07.903			2:15.782
2	13:16:33.164	8:15.844	1:00.956	1:52.187	3:23.264	1:59.437	4	13:48:49.969	9:36.040	1:20.484			2:23.179
3	13:31:46.037	15:12.873	58.620			9:07.649	5	13:58:40.924	9:50.955	1:17.735			2:27.579
4	13:40:17.650	8:31.613	1:04.878			2:09.197	6	14:08:35.130	9:54.206	1:30.324			2:18.349
5	13:49:47.509	9:29.859	1:28.061			2:20.636	(1327) Tom Tasseron						
6	14:03:04.433	13:16.924	5:11.375			2:19.647	1	13:08:31.466			2:18.651	3:15.961	2:09.822
(1313) Tristan Mooij							2	13:17:44.624	9:13.158	1:05.563	2:51.852	3:14.507	2:01.236
1	13:08:45.440			2:18.702	3:26.808	2:18.002	3	13:36:57.934	19:13.310	1:04.542			11:51.623
2	13:17:52.766	9:07.326	1:14.588	2:01.352	3:39.423	2:11.963	4	13:47:02.390	10:04.456	1:12.505			2:16.993
3	13:33:03.874	15:11.108	1:13.265			7:58.053	5	13:58:40.938	11:38.548	1:53.392			2:28.920
4	13:42:27.783	9:23.909	1:08.999			2:09.190	6	14:08:36.513	9:55.575	1:23.440			2:23.252
5	13:53:19.502	10:51.719	1:52.785			2:39.743	(1350) Martin Ramkema						
6	14:03:35.140	10:15.638	1:19.312			2:30.434	1	13:07:31.538			2:03.855	3:07.632	1:43.112
(1299) Niki de Winkel							2	13:14:58.898	7:27.360	56.093	1:43.462	2:58.896	1:48.909
1	13:09:01.700			2:10.042	3:21.934	2:44.018	3	13:46:42.281	31:43.383	56.037			6:40.436
2	13:17:09.246	8:07.546	1:01.411	1:49.370	3:17.187	1:59.578	4	13:54:59.992	8:17.711	1:07.404			2:02.986
3	13:35:13.803	18:04.557	1:04.010			11:48.846	5	14:03:36.036	8:36.044	1:11.556			2:11.163
4	13:44:14.063	9:00.260	1:10.311			2:11.753	(1303) Marcel Tabak						
5	13:53:52.998	9:38.935	1:41.580			2:18.818	1	13:08:22.633			2:15.226	3:21.204	2:03.105
6	14:03:50.533	9:57.535	1:25.467			2:37.406	2	13:19:00.225	10:37.592	1:11.364	2:02.028	5:08.675	2:15.525
(1380) Dyon Seelen							3	13:42:54.531	23:54.306	1:12.577			16:37.862
1	13:07:27.263			2:04.329	2:33.985	2:10.283	4	13:54:06.680	11:12.149	1:42.150			3:43.605
2	13:16:56.563	9:29.300	1:05.764	2:04.248	4:12.994	2:06.294	5	14:04:37.871	10:31.191	1:27.937			2:27.115
3	13:32:16.293	15:19.730	1:03.950			8:53.271	(819) Sonny Bosman						
4	13:40:54.071	8:37.778	1:06.209			2:10.574	1	13:07:03.604			1:28.264	3:40.246	1:28.665
5	13:50:52.198	9:58.127	1:11.946			2:20.190	2	13:38:01.312	30:57.708	57.634	1:25.264	26:40.393	1:54.417
6	14:04:16.199	13:24.001	1:18.697			2:37.719	3	13:45:23.822	7:22.510	56.903			1:48.494
(761) Ramon Smeets							4	13:57:32.786	12:08.964	58.021			5:02.000
1	13:07:31.680			2:02.130	3:03.667	1:47.170	5	14:05:36.731	8:03.945	1:03.646			1:56.949
2	13:33:09.394	25:37.714	56.041	1:52.734	3:25.728	19:23.211	(1240) Adrie Vonk						
3	13:40:33.408	7:24.014	53.556			1:49.558	1	13:10:02.686			2:09.069	5:16.672	1:56.142
4	13:47:48.814	7:15.406	1:02.313			1:49.969	2	13:20:13.279	10:10.593	58.788	2:00.174	4:24.496	2:47.135
5	13:56:00.780	8:11.966	1:02.619			2:06.873	3	13:41:08.368	20:55.089	1:07.012			12:36.661
6	14:04:17.923	8:17.143	1:05.908			2:01.669	4	13:52:20.174	11:11.806	1:20.483			2:24.774
(895) Jeroen Wey							5	14:06:56.221	14:36.047	1:23.353			3:13.189
1	13:08:11.956			2:08.690	3:28.172	1:55.683	(713) Martin Driehuyzen						
2	13:21:55.541	13:43.585	1:00.141	2:01.126	8:31.795	2:10.523	1	13:14:18.044					
3	13:36:01.022	14:05.481	1:07.866			7:18.019							



RBKO Den Haag

RBKO

Scheveningen 5,000 Km

Semifinal

29.11.2015 13:00

Race (50:00 and 1 Laps) started at 12:59:59

Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm	Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm
2	13:21:39.916	7:21.872	54.877			1:45.515	2	13:10:48.385	5:36.357	37.905	1:18.746	2:23.254	1:16.452
3	13:49:57.379	28:17.463	54.482			22:29.602	3	13:16:22.172	5:33.787	38.420	1:20.098	2:14.151	1:21.118
4	13:58:24.807	8:27.428	1:08.541			2:06.088	4	13:22:17.634	5:55.462	43.329			1:21.093
5	14:07:01.177	8:36.370	1:11.542			2:15.171	5	13:32:42.958	10:25.324	45.380			5:54.268
(1476) Rick van Veen							6	13:39:16.257	6:33.299	46.367			1:28.733
1	13:12:30.339			3:06.890	4:02.441	4:42.501	7	13:45:37.198	6:20.941	49.632			1:30.332
2	13:32:08.835	19:38.496	1:37.522			11:28.770	8	13:52:00.047	6:22.849	51.224			1:34.198
3	13:43:25.582	11:16.747	1:31.970			3:03.657	9	13:58:36.414	6:36.367	1:01.196			1:34.552
4	13:55:29.616	12:04.034	1:53.224			3:02.619	(403) Kris Voorwinden						
5	14:08:36.393	13:06.777	2:13.050			3:04.471	1	13:05:20.480			1:31.809	2:08.118	1:19.823
(1129) Harry Heijink							2	13:10:43.968	5:23.488	38.882	1:21.544	2:02.869	1:20.193
1	13:07:47.807			2:07.661	3:03.836	1:52.876	3	13:16:44.098	6:00.130	40.243	1:25.405	2:33.939	1:20.543
2	13:21:03.606	13:15.799	1:03.964	1:34.832	2:52.573	7:44.430	4	13:22:31.836	5:47.738	41.739			1:24.033
3	13:36:33.930	15:30.324	1:00.138			8:26.096	5	13:28:16.507	5:44.671	44.047			1:22.092
4	13:45:46.938	9:13.008	1:05.829			2:15.374	6	13:34:07.482	5:50.975	42.898			1:32.099
(423) Jim heemskerk							7	13:43:50.825	9:43.343	43.940			5:15.050
1	13:39:16.370						8	13:49:50.204	5:59.379	47.994			1:28.820
2	13:47:31.518	8:15.148	1:07.192			2:01.688	(1333) Ronnie van der Burgt						
3	13:56:53.231	9:21.713	1:12.177			2:08.647	1	13:06:34.609					1:32.966
4	13:59:47.372	2:54.141					2	13:13:14.846	6:40.237	51.689	1:42.916	2:36.646	1:28.986
(27) Marianne Veenstra							3	13:19:38.435	6:23.589	48.602			1:31.034
1	13:06:15.087			1:36.993	2:42.221	1:37.943	4	13:29:44.308	10:05.873	48.118			5:13.433
2	13:47:36.397	41:21.310	46.991	1:34.228	33:21.799	5:38.292	5	13:36:08.763	6:24.455	49.867			1:32.402
3	13:54:46.852	7:10.455	58.205			1:45.627	6	13:42:42.674	6:33.911	53.341			1:34.763
4	14:02:04.479	7:17.627	1:00.135			1:45.805	7	13:49:28.984	6:46.310	55.035			1:39.994
(1196) Geerling Petersen							8	13:56:29.080	7:00.096	1:04.777			1:42.464
1	13:38:42.637						(1048) Jorie Seubers						
2	13:47:36.538	8:53.901	1:00.402			1:56.988	1	13:06:58.125			1:34.466	3:38.500	1:21.634
3	13:56:39.248	9:02.710	1:06.923			2:04.028	2	13:12:55.602	5:57.477	47.570	1:22.613	2:16.664	1:30.630
4	14:06:11.086	9:31.838	1:06.022			2:07.742	3	13:22:10.156	9:14.554	44.808	1:31.490	2:30.774	4:27.482
(1344) Joost Dekkers							4	13:28:56.634	6:46.478	48.159			1:30.453
1	13:07:57.078			2:10.058	3:12.523	1:55.713	5	13:35:47.975	6:51.341	47.761			1:42.562
2	13:16:44.731	8:47.653	1:01.535	1:52.926	3:00.080	2:53.112	6	13:42:37.782	6:49.807	52.220			1:41.438
3	14:09:19.966	52:35.235	57.940				7	13:49:48.106	7:10.324	51.515			1:46.790
(11) Yentel Martens							8	13:56:55.978	7:07.872	1:00.372			1:48.252
1	13:04:14.681			1:07.487	1:53.125	1:02.183	(763) Milko van den Heuvel						
2	13:09:04.674	4:49.993	33.622	1:11.431	1:58.369	1:06.571	1	13:06:08.451			2:02.364	2:03.640	1:24.839
3	13:14:08.345	5:03.671	36.758	1:13.070	2:00.500	1:13.343	2	13:12:31.312	6:22.861	43.124	1:31.351	2:44.932	1:23.454
4	13:19:11.651	5:03.306	39.532			1:13.317	3	13:18:25.691	5:54.379	44.814	1:31.257	2:13.746	1:24.562
5	13:27:45.606	8:33.955	38.042			4:37.213	4	13:24:40.928	6:15.237	44.457			1:30.694
6	13:33:03.396	5:17.790	41.134			1:18.010	5	13:35:43.102	11:02.174	51.161			5:57.078
7	13:38:24.335	5:20.939	43.304			1:19.254	6	13:43:27.837	7:44.735	52.225			1:35.256
8	13:43:55.097	5:30.762	46.668			1:18.404	7	13:50:20.783	6:52.946	57.790			1:41.616
9	13:49:23.636	5:28.539	46.212			1:19.955	8	13:57:26.527	7:05.744	58.063			1:45.369
10	13:54:59.813	5:36.177	45.600			1:22.502	(327) Dani Hoitink						
(1153) Ralph Slager							1	13:05:21.066			1:26.313	2:14.893	1:22.669
1	13:05:49.321			1:29.605	2:32.278	1:22.050	2	13:11:41.075	6:20.009	40.997	1:29.527	2:23.152	1:46.333
2	13:11:29.652	5:40.331	42.603	1:23.525	2:14.794	1:19.409	3	13:18:17.344	6:36.269	44.752	1:33.890	2:45.871	1:31.756
3	13:17:06.750	5:37.098	42.472	1:23.739	2:10.810	1:20.077	4	13:30:47.284	12:29.940	47.763			7:36.548
4	13:26:19.382	9:12.632	41.762			4:46.181	5	13:38:02.034	7:14.750	1:14.242			1:43.799
5	13:32:15.159	5:55.777	44.903			1:26.181	6	13:44:59.986	6:57.952	54.541			1:44.375
6	13:38:16.127	6:00.968	45.441			1:28.514	7	13:52:00.595	7:00.609	56.881			1:41.408
7	13:44:29.742	6:13.615	51.004			1:31.884	(332) Robin Voortman						
8	13:50:45.550	6:15.808	50.350			1:31.787	1	13:05:35.077			1:34.354	2:12.661	1:27.117
9	13:57:10.493	6:24.943	54.152			1:32.880	2	13:11:44.704	6:09.627	43.283	1:30.142	2:25.875	1:30.327
(791) Brian List							3	13:18:13.006	6:28.302	44.940	1:32.039	2:36.675	1:34.648
1	13:05:12.028			1:21.354	2:14.351	1:12.763	4	13:24:51.536	6:38.530	47.283			1:38.791
							5	13:31:30.323	6:38.787	50.045			1:41.681
							6	13:45:49.985	14:19.662	54.058			5:37.475
							7	13:52:57.164	7:07.179	56.640			1:45.308



RBKO Den Haag

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29.11.2015 13:00

Race (50:00 and 1 Laps) started at 12:59:59

Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm	Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm
(1014) Johan van Aalst							(1175) Berny Mellema						
1	13:06:23.595			1:36.358	2:28.652	1:32.622	1	13:07:19.437				3:15.260	1:51.315
2	13:12:57.718	6:34.123	48.449	1:31.835	2:38.642	1:35.197	2	13:16:10.707	8:51.270	1:25.917	1:55.377	3:25.173	2:04.803
3	13:19:29.627	6:31.909	46.984	1:35.485	2:34.785	1:34.655	3	13:24:57.889	8:47.182	1:04.168			2:03.777
4	13:26:29.963	7:00.336	48.810			1:41.141	4	13:39:44.001	14:46.112	1:04.279			8:17.124
5	13:38:45.695	12:15.732	57.031			6:54.444	5	13:49:09.493	9:25.492	1:06.426			2:21.041
6	13:46:05.358	7:19.663	55.860			1:47.814	6	13:59:05.296	9:55.803	1:26.437			2:32.418
7	13:53:23.174	7:17.816	59.874			1:49.154							
(809) Erik Vowinkel							(1368) Shane Moss						
1	13:06:06.828			1:36.718	2:30.761	1:34.957	1	13:08:36.665			2:15.148	3:40.230	1:57.638
2	13:12:50.246	6:43.418	44.971	1:30.220	2:49.364	1:38.863	2	13:17:06.669	8:30.004	1:02.844	2:02.530	3:05.983	2:18.647
3	13:25:33.511	12:43.265	50.487			6:19.933	3	13:31:27.676	14:21.007	1:01.095			8:24.228
4	13:32:25.697	6:52.186	51.831			1:46.576	4	13:39:37.667	8:09.991	59.978			2:10.032
5	13:39:48.043	7:22.346	57.037			1:50.488	5	13:48:50.965	9:13.298	1:27.720			2:27.901
6	13:47:39.280	7:51.237	1:04.728			1:56.179	6	13:59:07.055	10:16.090	1:09.909			3:20.363
7	13:56:04.728	8:25.448	1:09.784			2:01.783							
(25) Rick Satink							(525) Karl Timmerman						
1	13:04:37.545			1:21.999	1:51.606	1:02.599	1	13:05:32.566			1:20.228	2:37.312	1:17.939
2	13:09:28.868	4:51.323	34.117	1:12.281	1:55.884	1:09.041	2	13:11:25.536	5:52.970	39.912	1:25.444	2:31.570	1:16.044
3	13:14:37.010	5:08.142	37.909	1:18.033	1:55.476	1:16.724	3	13:16:58.769	5:33.233	39.031	1:22.641	2:11.819	1:19.742
4	13:19:57.678	5:20.668	42.055			1:14.507	4	13:22:43.455	5:44.686	41.501			1:22.318
5	13:25:39.207	5:41.529	40.632			1:17.189	5	13:28:51.488	6:08.033	46.862			1:31.913
6	13:34:32.577	8:53.370	44.150			4:36.563							
(965) Jacob de Booij							(570) Anco Koster						
1	13:06:00.886			1:34.637	2:29.699	1:28.522	1	13:06:02.126			1:49.957	2:08.563	1:31.355
2	13:12:20.779	6:19.893	45.085	1:27.581	2:38.634	1:28.593	2	13:12:34.973	6:32.847	46.699	1:33.779	2:44.548	1:27.821
3	13:22:07.704	9:46.925	46.045	1:28.430	2:38.219	4:54.231	3	13:18:48.411	6:13.438	47.564	1:32.559	2:25.371	1:27.944
4	13:28:39.724	6:32.020	47.693			1:37.227	4	13:25:20.269	6:31.858	47.437			1:34.297
5	13:35:17.040	6:37.316	50.095			1:42.024	5	13:37:47.423	12:27.154	52.636			7:24.983
6	13:42:07.908	6:50.868	52.222			1:40.794							
(159) Bas de Vlieger							(1140) Hannes van Asseldonk						
1	13:05:35.492			1:28.659	2:24.802	1:25.372	1	13:06:52.728			1:41.352	2:51.281	1:47.756
2	13:11:53.443	6:17.951	44.920	1:32.031	2:28.316	1:32.684	2	13:14:34.826	7:42.098	57.008	1:38.119	3:14.265	1:52.706
3	13:18:15.611	6:22.168	45.987	1:35.446	2:26.115	1:34.620	3	13:22:00.409	7:25.583	54.237			1:49.855
4	13:25:05.992	6:50.381	51.063			1:40.727	4	13:30:01.848	8:01.439	57.537			1:53.741
5	13:37:20.081	12:14.089	57.483			6:39.837	5	13:40:56.629	10:54.781	1:00.956			5:06.437
6	13:44:33.361	7:13.280	59.810			1:47.898							
(262) Adwin van de Pol							(415) Andre Wien						
1	13:05:27.244			1:30.783	2:09.605	1:27.743	1	13:06:10.043			1:55.882	2:02.666	1:41.165
2	13:11:32.812	6:05.568	43.362	1:28.527	2:26.420	1:27.259	2	13:15:03.499	8:53.456	52.028	1:35.975	4:14.126	2:11.327
3	13:18:27.529	6:54.717	44.660	1:31.536	3:03.660	1:34.861	3	13:27:23.267	12:19.768	59.700			7:07.567
4	13:25:21.595	6:54.066	48.766			1:40.097	4	13:35:07.772	7:44.505	55.726			2:10.182
5	13:38:30.920	13:09.325	53.006			7:43.539	5	13:44:51.460	9:43.688	1:01.613			2:07.937
6	13:46:37.053	8:06.133	57.509			2:17.427							
(942) Bart Pannekoek							(1323) Jim Doorewaard						
1	13:06:54.093			1:54.758	2:42.560	1:41.650	1	13:07:33.239				2:47.902	1:44.738
2	13:13:49.758	6:55.665	50.415	1:41.960	2:37.487	1:45.803	2	13:15:36.076	8:02.837	1:00.446	2:06.012	3:02.799	1:53.580
3	13:20:57.198	7:07.440	49.101			1:42.652	3	13:29:49.264	14:13.188	57.576			8:14.941
4	13:36:00.692	15:03.494	53.607			9:21.726	4	13:37:54.334	8:05.070	58.082			1:59.975
5	13:43:17.316	7:16.624	56.437			1:49.984	5	13:46:16.974	8:22.640	1:08.481			1:56.978
6	13:51:16.311	7:58.995	1:04.526			2:00.885							
(1270) Henk Jan Benders							(631) Dennis Mulder						
1	13:06:47.841			1:46.496	2:46.906	1:36.756	1	13:08:09.674			1:24.503	2:26.292	1:41.679
2	13:13:58.193	7:10.352	54.569	1:30.389	3:00.598	1:44.796	2	13:15:57.465	7:47.791	57.881	1:42.943	3:14.547	1:52.420
3	13:21:22.894	7:24.701	55.747			1:46.547	3	13:29:36.044	13:38.579	58.730			7:23.796
4	13:29:07.633	7:44.739	56.570			1:53.589	4	13:37:50.166	8:14.122	1:16.245			2:02.566
5	13:45:15.637	16:08.004	1:00.759			9:37.401	5	13:46:57.417	9:07.251	1:11.619			2:08.974
6	13:53:17.186	8:01.549	57.301			1:56.941							
(799) Martin Satink													
1	13:06:47.841			1:46.496	2:46.906	1:36.756	1	13:09:43.656			1:39.871	3:59.678	1:40.597
2	13:13:58.193	7:10.352	54.569	1:30.389	3:00.598	1:44.796	2	13:17:26.351	7:42.695	54.712	2:05.594	2:47.726	1:54.663
3	13:21:22.894	7:24.701	55.747			1:46.547	3	13:31:53.577	14:27.226	1:07.257			8:13.534
4	13:29:07.633	7:44.739	56.570			1:53.589	4	13:40:04.198	8:10.621	58.641			2:04.143
5	13:45:15.637	16:08.004	1:00.759			9:37.401	5	13:49:17.955	9:13.757	1:16.976			2:05.642
6	13:53:17.186	8:01.549	57.301			1:56.941							



RBKO Den Haag

RBKO

Scheveningen 5,000 Km

Semifinal

29.11.2015 13:00

Race (50:00 and 1 Laps) started at 12:59:59

Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm	Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm
(494) Joël van Mechelen							(308) Geert Koerts						
1	13:05:31.879			1:38.850	2:14.041	1:16.511	1	13:11:39.384			1:29.874	8:18.381	1:30.256
2	13:11:15.244	5:43.365	38.274	1:33.168	2:14.042	1:17.881	2	13:17:58.242	6:18.858	46.940	1:25.814	2:30.982	1:35.122
3	13:16:52.233	5:36.989	40.242	1:30.468	2:05.806	1:20.473	3	13:25:01.639	7:03.397	48.049			1:40.126
4	13:22:45.235	5:53.002	43.197			1:25.407							
(599) Axl van den Elzen							(1230) Ron van Rooij						
1	13:05:50.998					1:37.294	1	13:08:01.799			2:15.918	3:13.396	1:52.093
2	13:12:06.980	6:15.982	44.194	1:34.101	2:23.425	1:34.262	2	13:15:58.663	7:56.864	59.990	1:59.838	3:00.827	1:56.209
3	13:18:48.974	6:41.994	45.787	1:29.747	2:49.656	1:36.804	3	13:25:08.295	9:09.632	59.612			2:36.545
4	13:25:35.259	6:46.285	50.923			1:44.437							
(887) Geert Mulder							(407) Jan Hendrik van de Beek						
1	13:08:08.078			1:55.567	3:45.926	1:42.967	1	13:09:49.542			2:03.711	5:38.033	1:28.360
2	13:14:58.730	6:50.652	55.784	1:36.370	2:39.278	1:39.220	2	13:16:38.814	6:49.272	49.863	1:39.595	2:39.652	1:40.162
3	13:26:26.871	11:28.141	54.664			5:42.454	3	13:27:26.675	10:47.861	52.404			5:29.350
4	13:33:33.023	7:06.152	52.392			1:50.854							
(1058) Davey Geerlings							(541) André Smets						
1	13:05:48.469			1:51.944	1:49.144	1:32.446	1	13:07:56.125				3:28.142	1:57.127
2	13:12:43.127	6:54.658	46.520	1:44.971	2:41.832	1:41.335	2	13:15:52.650	7:56.525	57.792	1:55.791	3:14.182	1:48.760
3	13:20:41.265	7:58.138	1:25.326			1:50.068	3	13:29:21.148	13:28.498	55.041			7:20.444
4	13:34:19.981	13:38.716	57.632			7:56.922							
(767) Thomas Schäfers							(1036) Leon Schmidt						
1	13:08:08.860			2:00.904	3:20.592	2:00.914	1	13:07:24.859			2:16.855	2:45.216	1:40.774
2	13:16:01.452	7:52.592	59.868	1:55.782	3:05.134	1:51.808	2	13:15:50.018	8:25.159	55.112	1:44.252	3:59.802	1:45.993
3	13:30:15.487	14:14.035	55.047			6:02.443	3	13:30:02.439	14:12.421	54.916			8:43.048
4	13:39:14.322	8:58.835	1:00.025			2:11.724							
(1104) Peter van Schie							(860) Victor Felitsiant						
1	13:06:06.744			1:40.197	2:25.867	1:30.152	1	13:06:57.469			1:52.417	2:50.575	1:46.810
2	13:21:39.122	15:32.378	47.162			1:40.824	2	13:14:43.803	7:46.334	55.597	1:45.720	3:00.023	2:04.994
3	13:34:01.947	12:22.825	52.053			6:54.570	3	13:33:23.691	18:39.888	56.526			11:38.156
4	13:41:12.609	7:10.662	54.587			1:46.698							
(7) Jamie McCanney							(14) Marc de Reuver						
1	13:04:18.578					1:01.523	1	13:04:34.751			1:08.445	2:05.502	1:08.948
2	13:43:49.262	39:30.684	33.350			20:31.334	2	13:09:54.014	5:19.263	36.403	1:16.971	2:10.227	1:15.662
3	13:49:25.388	5:36.126	46.892			1:22.882							
4	13:55:21.318	5:55.930	49.112			1:31.208							
(1217) Joey Reijnders							(35) Heikki van den Berg						
1	13:05:47.097			1:40.998	2:11.706	1:24.473	1	13:04:34.751			1:08.445	2:05.502	1:08.948
2	13:11:10.551	5:23.454	39.735	1:21.593	2:03.581	1:18.545	2	13:09:54.014	5:19.263	36.403	1:16.971	2:10.227	1:15.662
3	13:17:07.179	5:56.628	42.450	1:20.096	2:05.529	1:48.553							
(197) Mike van Hoeijen							(878) Jordy van der Sterren						
1	13:05:13.419			1:22.398	2:15.093	1:22.009	1	13:05:37.738			1:34.652	2:16.419	1:21.453
2	13:11:14.935	6:01.516	41.328	1:27.943	2:21.792	1:30.453	2	13:11:25.253	5:47.515	41.259	1:22.843	2:20.212	1:23.201
3	13:17:08.555	5:53.620	42.980	1:23.670	2:16.097	1:30.873							
(275) Jeffrey Visser							(1149) Rick Dongelmans						
1	13:05:21.165			1:27.905	2:01.075	1:22.553	1	13:07:52.633			2:16.251	2:55.125	1:55.604
2	13:11:10.742	5:49.577	43.881	1:21.693	2:16.204	1:27.799	2	13:15:52.431	7:59.798	1:04.983	1:59.380	2:50.192	2:05.243
3	13:18:04.615	6:53.873	44.020	2:02.758	2:31.249	1:35.846							
(523) Anne Jan Fokkinga							(558) Ton van der Voorn						
1	13:06:17.437			1:39.724	2:35.883	1:39.027	1	13:07:41.048			2:07.825	2:55.927	1:51.823
2	13:12:45.891	6:28.454	44.938	1:33.065	2:41.603	1:28.848	2	13:16:00.338	8:19.290	57.847	2:03.569	3:16.630	2:01.244
3	13:19:00.943	6:15.052	47.697	1:33.454	2:25.157	1:28.744							
(817) Bert Giesen							(1199) Frido Reitzema						
1	13:07:30.167			1:45.467	3:34.857	1:43.400	1	13:12:21.722			2:06.679	3:31.342	6:09.898
2	13:14:49.140	7:18.973	1:04.055	1:40.687	2:55.184	1:39.047	2	13:20:00.665	7:38.943	59.035	1:50.194	2:51.989	1:57.725
3	13:22:37.615	7:48.475	50.479			1:41.401							
(638) Lars Verbakel							(221) Patrick Tanis						
1	13:07:05.143						1	13:07:02.222				2:57.034	1:48.479
2	13:23:49.627	16:44.484	49.400				2	13:20:14.935	13:12.713	1:01.822	1:58.706	3:05.286	7:06.899
(1079) Danny Kuhnén							(1079) Danny Kuhnén						
1	13:10:55.765						1	13:10:55.765			1:34.958	6:18.638	1:43.746
2	13:23:29.398	12:33.633	1:00.992				2	13:23:29.398	12:33.633	1:00.992	1:49.736	3:13.046	6:29.859



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Race (50:00 and 1 Laps) started at 12:59:59

Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm	Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm
							10	14:04:53.210	6:48.892	52.283			1:30.422
(276) Bram Tiggeleven							(1131) Dennis vd Broek						
1	13:08:16.245			1:47.395	4:03.007	1:54.163	1	13:05:59.691			1:24.315	2:40.500	1:27.780
2	13:39:36.852	31:20.607	58.834	1:50.663	11:56.844	16:34.266	2	13:12:00.595	6:00.904	47.040	1:28.451	2:18.733	1:26.680
(53) Stefan Hage							3	13:18:00.785	6:00.190	45.182	1:31.168	2:15.508	1:28.332
1	13:04:37.077			1:17.580	1:58.810	1:06.670	4	13:24:16.063	6:15.278	47.871			1:35.302
(317) Jordi van den Oord							5	13:30:34.903	6:18.840	50.071			1:34.029
1	13:05:12.837			1:20.255	2:11.635	1:17.500	6	13:40:40.473	10:05.570	51.001			5:16.603
(722) Tommy de Bruijn							7	13:47:25.169	6:44.696	56.187			1:40.306
1	13:05:48.420					1:28.655	8	13:54:33.194	7:08.025	1:07.615			1:44.113
(320) Jan Gerrit Smits							9	14:01:45.033	7:11.839	1:01.510			1:46.295
1	13:05:54.301			1:39.255	2:21.837	1:32.707	(1308) Tom Smits						
(316) Boy van Geleen							1	13:09:55.115					
1	13:05:59.099			1:37.276	2:14.371	1:40.616	2	13:18:19.317	8:24.202	1:01.921	2:08.486	3:19.029	1:54.766
(690) Erik Heimerink							3	13:27:00.384	8:41.067	1:00.327			2:12.533
1	13:06:05.167			2:00.902	1:51.862	1:39.453	4	13:35:40.609	8:40.225	1:06.332			2:09.487
(1271) Cristian Mandigers							5	13:44:26.828	8:46.219	1:05.988			2:08.723
1	13:06:07.359			1:41.663	2:30.902	1:25.440	6	13:53:29.651	9:02.823	1:10.947			2:11.207
(350) Jurgen van der Steen							7	14:02:41.499	9:11.848	1:14.148			2:17.777
1	13:06:16.925			1:22.626	2:49.230	1:49.011							
(721) Dave Adams													
1	13:06:21.482			1:43.873	2:37.386	1:38.925							
(784) Willem Piepers													
1	13:06:32.523			2:08.485	1:58.856	1:49.842							
(1345) Laurens van Gils													
1	13:06:39.135			1:38.224	2:56.805	1:28.147							
(1252) Stefan Pot													
1	13:06:56.603			1:53.721	2:42.936	1:42.858							
(859) Nicky Reijnen													
1	13:06:59.884			1:53.783	3:00.857	1:35.978							
(1371) Pieter Brussaard													
1	13:07:24.380			1:57.290	3:12.901	1:38.007							
(1147) Freddy Dikkeboer													
1	13:07:59.767			1:50.630	2:57.726	1:56.898							
(529) Roy Kolkman													
1	13:09:55.901			1:42.049	6:03.156	1:48.454							
(687) Jesse van Leeuwen													
1	13:14:56.596												
(738) Kay Ebben													
1	13:05:14.472			1:26.248	2:12.308	1:15.711							
2	13:10:30.941	5:16.469	37.975	1:17.174	2:05.154	1:16.166							
3	13:15:54.692	5:23.751	40.363	1:18.212	2:08.039	1:17.137							
4	13:21:25.061	5:30.369	39.184			1:23.358							
5	13:27:01.481	5:36.420	42.205			1:20.138							
6	13:32:43.299	5:41.818	43.222			1:25.109							
7	13:45:11.490	12:28.191	45.861			8:08.062							
8	13:51:46.563	6:35.073	49.888			1:30.583							
9	13:58:04.318	6:17.755	51.240			1:28.183							